Energy Medicine:
The Intersection of Mind, Body, and Spirit
“Psychoneuroimmunology is a convergence of disciplines – namely, the behavioral science, the neurosciences, endocrinology, immunology – intended to achieve a more complete understanding of the way the interaction among these systems serve homeostatic ends and influence health and disease.”

-Robert Ader
MIND  SPIRIT  BODY
Energy Medicine

Any energetic or informational interaction with a biological system to bring back homeostasis in the organism.
Evidence for Energy Medicine