Intention Matters
Why Paying Attention to Your Intention Can Support Your Health
Consciousness = Brain
“Our intention creates our reality.”

Wayne Dyer
Intention
The Sense of Being Stared At
Attention Focusing Facilitation
Sending vs. Not Sending = Different

- Blood volume pulse
- Brain blood oxygenation (fMRI)
- EEG
- Heart rate
- Electrodermal (skin)
Intention of Sender can affect the Receiver
Does not require contact
Instantaneous
Can Consciousness Heal?

Distant Healing Intention Therapies: An Overview of the Scientific Evidence

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ABSTRACT
This article provides a broad overview of “distant healing intention” (DHI) therapies, i.e., intentional healing modalities claimed to transcend the usual constraints of distance through space or time. We provide a

Despite the challenging assumptions underlying the concept of DHI, its practice is widespread. As of 2000, there were more distant healers in the United Kingdom, some 14,000, than therapists practicing any other form of complementary or alternative medicine (CAM).6 The same is true in the United States, where DHI is one of the most common healing practices outside of conventional medicine. For example, in a survey of American adults by the US Centers for Disease Control and Prevention’s National Center for Health Statistics, of the top 5 most popular CAM healing practices, 2 involved prayer.6 The most popular CAM prac.
Distant Healing Intention
What Does this Mean for You?

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