



# LEARNSCAPED

## AB 1172 Behavior Training

### Course Content

- Lesson 1: Evidence Based Proactive & Positive Behavior Interventions and Supports
  - Prevention is a critical element of behavior management (antecedent interventions)
  - Building rapport (positive relationships)
  - Visual schedules and visual supports
  - Providing choices
  - Setting the deal
  - Reinforcement systems
    - Reinforcement vs. bribery
    - Class and individual systems
  - Motivation
  
- Lesson 2: Behavior as Communication
  - Student misbehavior is a symptom of weak/absent skills
  - Defining “problem behaviors”
  - Make a plan - Behavior Intervention Plans (BIP) as part of the IEP team
  
- Lesson 3: The Use of Data to Understand Behavior & Inform our Intervention
  - Antecedent-Behavior-Consequence (ABC) relationship
    - Learned behavior
  - ABC Data collection and analysis
    - Operational definitions
    - Behavior dimensions baseline data and goal setting
  
- Lesson 4: Function Based Interventions
  - Replacement Behaviors: An alternative response that meets the same need as problem behavior
  - Teaching Related Skill Deficits: Foundational skills for tolerating triggers
  - Extinction bursts
  - Evidence based interventions to reduce & replace challenging behavior
  - BIP development
  - A strategy for all functions (5:1 Ratio)

- Lesson 5: De-escalation & Responding to Behavior
  - Crisis Cycle:
    - Phase I – Triggering Event:
      - Proactive & Positive Behavior Interventions and Supports
    - Phase II – Escalation:
      - Monitor for safety
    - Phase III – Crisis:
      - Maintaining safety
      - Education Code ARTICLE 5.2: Restraint and Seclusion
    - Phase IV – Recovery:
      - Compliance check
    - Phase V – Post-Crisis Depression:
      - Re-establish the positive relationship & data collection

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