

GOAL GAME PLAN

“ I WILL USE THE FOLLOWING PLAN TO FOCUS, AND MAKE THIS GOAL A REALITY ”

THE GOAL

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THE REWARDS THAT COME WITH ACHIEVING THIS GOAL

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THE CONSEQUENCES OF NOT ACHIEVING THIS GOAL

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OBSTACLES I'LL FACE & HOW I'LL HANDLE THEM

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WEEK 1 ACTION STEPS

1.

2.

3.

WEEK 2 ACTION STEPS

1.

2.

3.

WEEK 3 ACTION STEPS

1.

2.

3.

WEEK 4 ACTION STEPS

1.

2.

3.