

# Start Guide



## Introduction

Welcome to this start guide. This will walk you through how to navigate the HSMFC Coaching Resources and Development website.

HSMFC Coaching Resources and Development is an interactive learning platform where you will be able to find useful coaching resources and learning activities to utilise. All the content is FREE to access and download; this website is managed by the coaching development team consisting of HSMFC coaches. We will upload new content on a regular basis: keep checking back so you don't miss any updates. Equally, if you have completed a course you can replay it at any time to view all the content as many times as you like.

If you would like to request any content, please feel free to contact:

[jordan@hsmfc.co.uk](mailto:jordan@hsmfc.co.uk)

# Start Guide

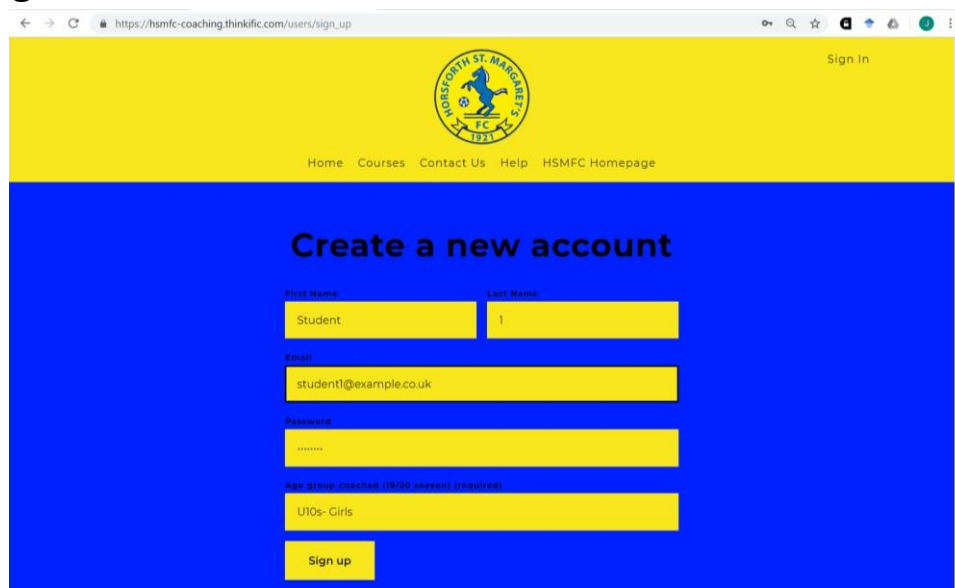
## Contents

*Tip: To skip to a section, click the section title.*

Content	Page
• Creating an Account	3
• Signing in	3
• Accessing a Course	4
• Course Player	5
• Discussions	6
• My Dashboard	7
• Contact Us	7
• Helpful Hints	8

# Start Guide

## Creating an Account



https://hsmfc-coaching.thinkific.com/users/sign\_up

Sign In

Home Courses Contact Us Help HSMFC Homepage

### Create a new account

First Name: Student

Last Name: 1

Email: student1@example.co.uk

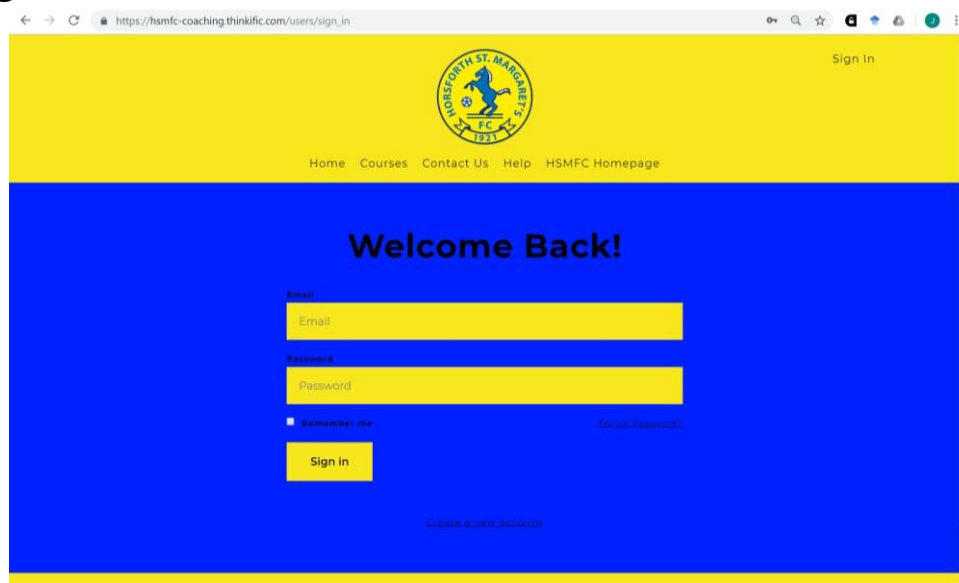
Password: .....

Age group (select 10/15 years) (required): U10s- Girls

Sign up

1. Enter your details into the yellow boxes as instructed.
2. Press the 'sign up' button

## Signing in



https://hsmfc-coaching.thinkific.com/users/sign\_in

Sign In

Home Courses Contact Us Help HSMFC Homepage

### Welcome Back!

Email: Email

Password: Password

☐ Remember me [Forgot Password?](#)

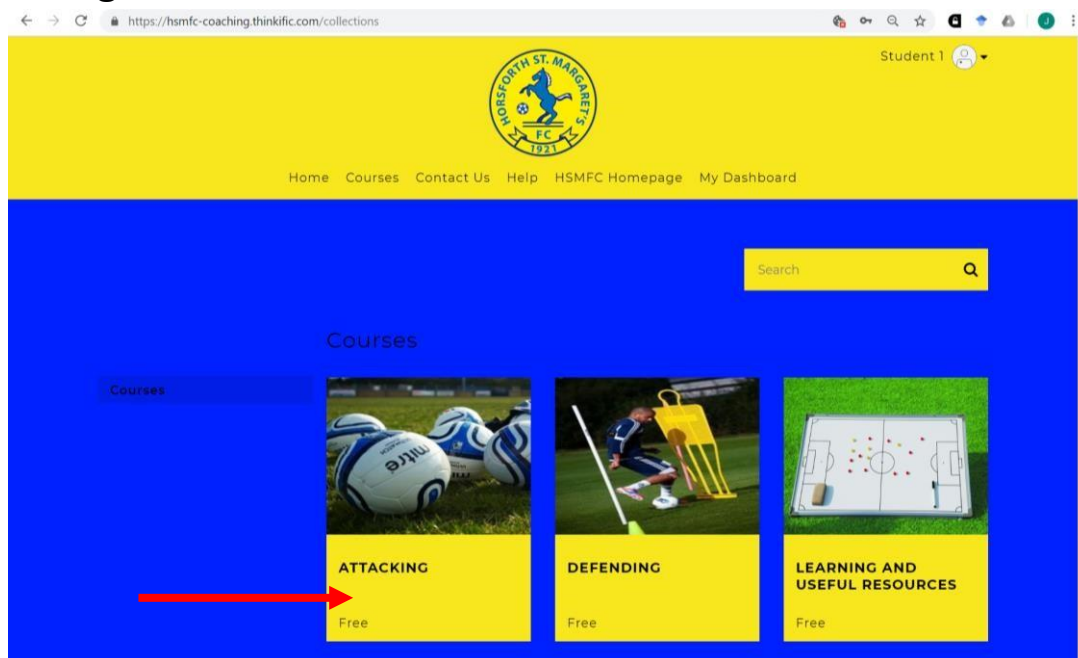
Sign in

[Create a new account](#)

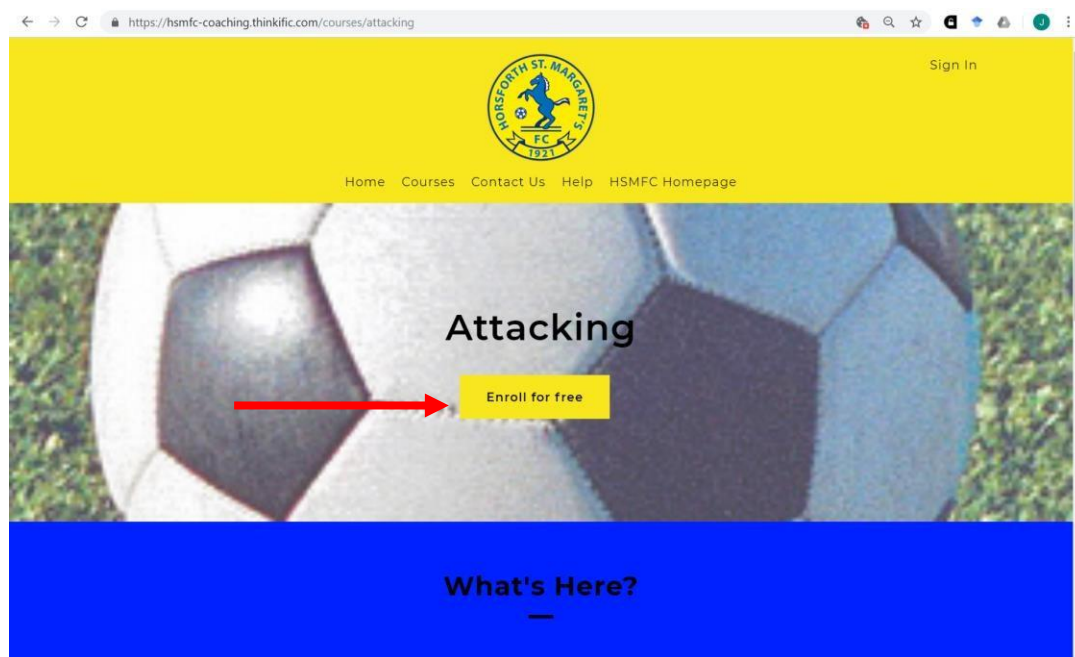
1. Enter your login details
2. Press the 'sign in' button

# Start Guide

## Accessing a Course



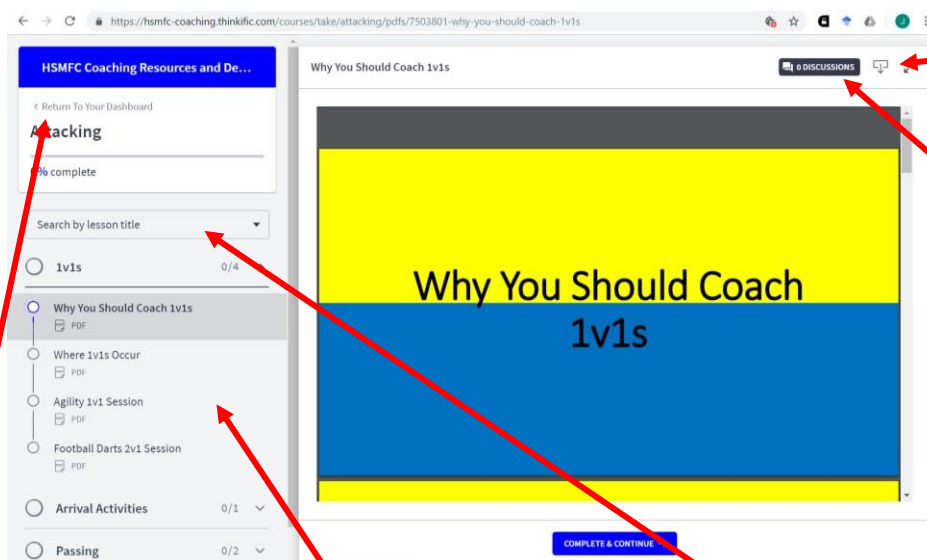
1. Select a course from the 'courses' page



2. Click the 'enroll for free' button to access the course content
3. To see what is on the course, scroll down to the 'course curriculum' section

# Start Guide

## Course Player



Click here to return to your dashboard.

Names of topics, resources and lessons available on this course.

Search for a topic, resource or lesson.

Click to open in a new tab to where you can: download, print or view in full-screen.

Click to create or join in with discussions.

This is the course player, where you view course content. You can interact with the course player to view the resources; access learning tools; and complete quizzes etc.

You can:

- Search for and skip to a specific lesson/resource
- Download and/or print off most resources
- Complete quizzes
- Create or join in with discussions

# Start Guide

## Discussions

The screenshot displays the HSMFC Coaching platform interface. On the left, a course preview for 'Why You Should Coach 1v1s' is shown with a yellow and blue background. A 'COMPLETE & CONTINUE' button is at the bottom. On the right, a 'Create new post' modal is open. The modal has a 'Title' field with the text 'Test' and a 'Post' text area containing 'This is the discussion board.' Below the text area are 'CANCEL' and 'CREATE' buttons. Red arrows point from text boxes to these elements: one to the 'Title' field, one to the 'Post' text area, and one to the 'CREATE' button.

You are previewing: Attacking

Why You Should Coach 1v1s

0 DISCUSSIONS

Test

Post

This is the discussion board.

CANCEL CREATE

Write your comments/questions here

Click here to add your comments to the discussion.

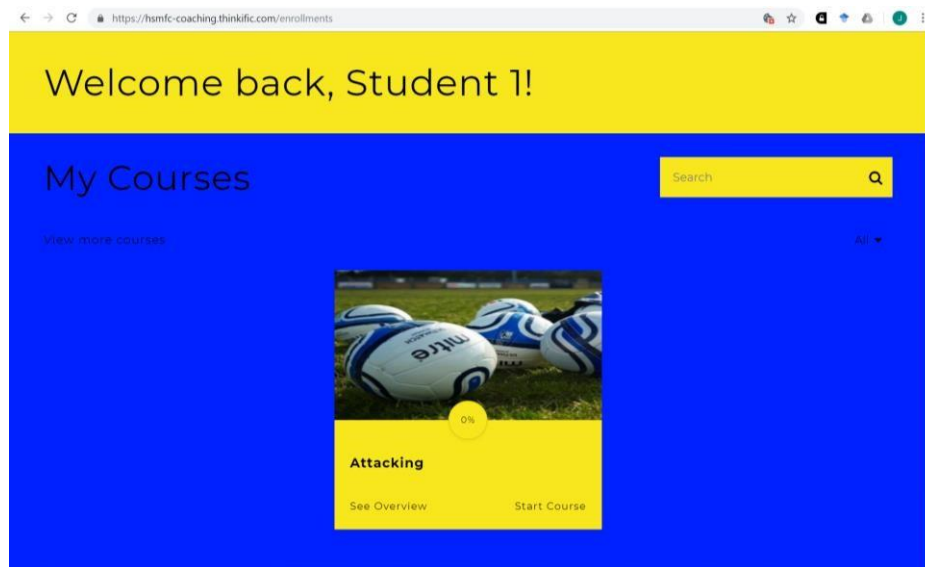
Add a title to your post.

You can use the discussions pages on every lesson to ask questions and interact with other HSMFC coaches using the content.

You can view and reply to any post by clicking the discussions button on the course player and then clicking on the post.

# Start Guide

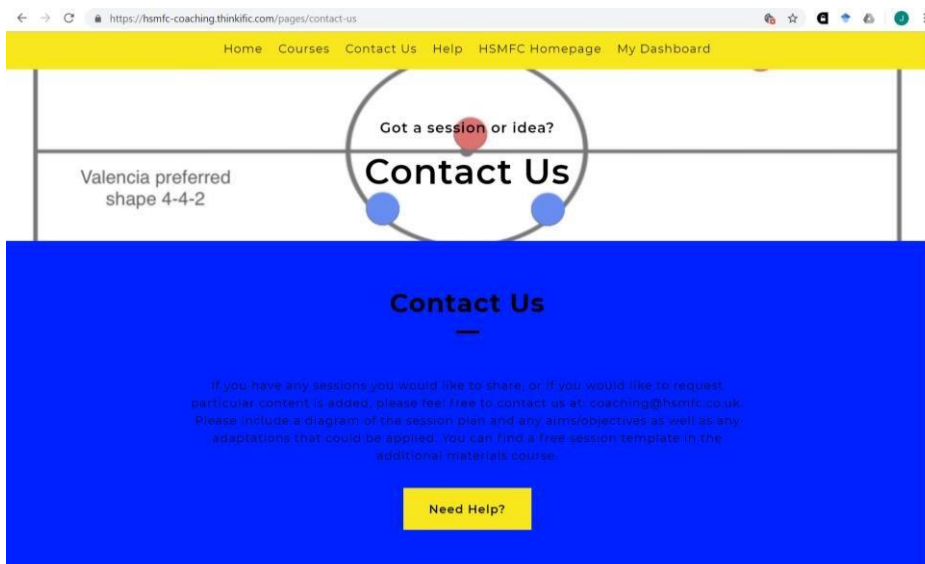
## My Dashboard



This is your dashboard. This will display all the courses you are enrolled on.

Access your courses by clicking on them, or click 'view more courses' to return to the 'courses' page.

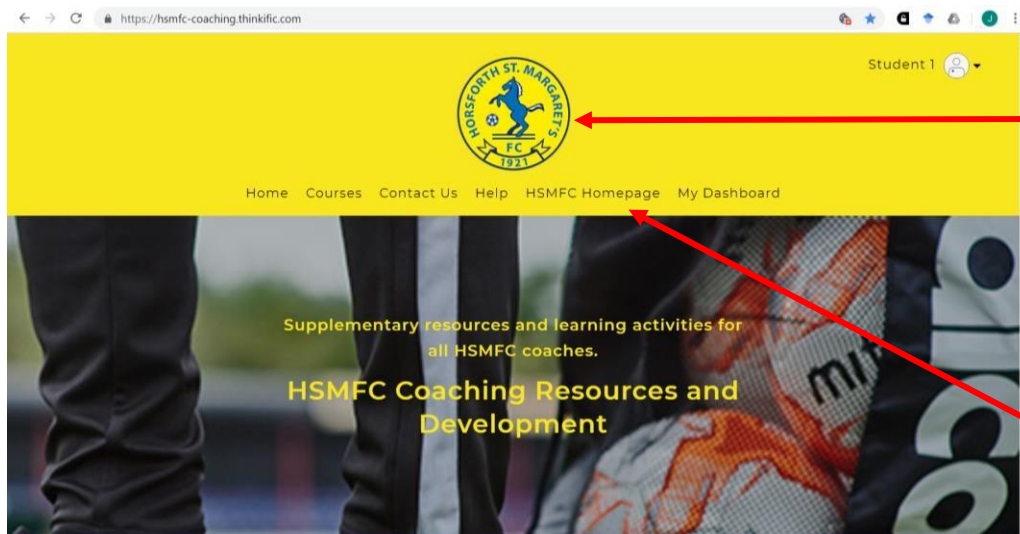
## Contact Us



The 'contact us' page provides information on how to get in touch if you want to request content is added. There is also an FAQs section on the page; alternatively visit the 'help' page for further assistance.

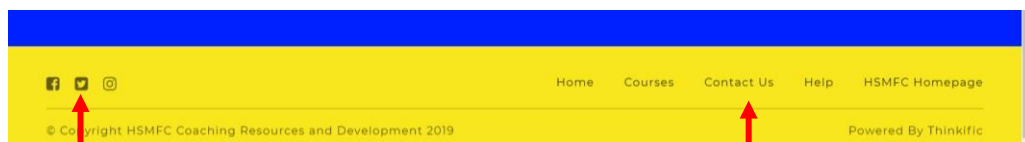
# Start Guide

## Helpful Hints



On any page click the HSMFC logo to return to the homepage.

This links to the main HSMFC website. If clicked this will open in a new tab.



Click here to access HSMFC social media accounts.

These links are shortcuts to their pages.

Thank you for using this guide.

If you require further assistance, please contact: [jordan@hsmfc.co.uk](mailto:jordan@hsmfc.co.uk) where any queries will be answered.