

Connected Parenting: Understanding TBRI®

1. We say attachment is a two-way street. Children attach to parents but parents must also attach to their child.
2. How does attachment form in infancy in neurotypical children.
3. How does attachment form for parents with children either born into the family or adopted into the family?
4. How does attachment form with children adopted past infancy?
5. How does attachment form for parents who adopt children past infancy?
6. What does a failure of attachment look like in children?
7. What does a failure of attachment look like in parents?
8. What are the different attachment styles that we see in adults?
9. Factors that contribute to parents not attaching to their adopted child?
 - a. Time
 - b. Unrealistic expectations of the child and of ourselves as parents
 - c. Post adoption depression
 - d. Infertility grief
 - e. Mismatched temperaments
 - f. Impact of trauma on parent or child
10. Can attachment be taught to or learned by parents?
11. Tips for a parent who is struggling to attach to their adopted child.