

## **Course Outline/Bibliography**

### **Creating Attachment in Adopted Children (CE)**

- What are the greatest risk factors for an adopted child to have reactive attachment disorder (RAD), attachment disorders, or Complex Developmental Trauma? How to treat adopted children with attachment disorders.
- Is treatment of attachment disorders effective?
- What percentage of adopted children with attachment disorders are able to improve significantly with treatment?
- What is the prognosis for adopted children diagnosed with reactive attachment disorder (RAD), attachment disorders, or Complex Developmental Trauma?
- What are the symptoms of reactive attachment disorder (RAD), attachment disorders, or Complex Developmental Trauma?
- How long does it take an adopted child to attach to his adoptive parents?
- What attachment parenting techniques help an adopted child with attachment or bonding?
- How important is it to establish daily routines for children with reactive attachment disorder (RAD) or attachment disorders?
- What does the diagnosis of Complex Developmental Trauma mean in adopted children?
- What age child at adoption is at the greatest risk of developing attachment disorders?
- How soon should an adopted child be enrolled in school?
- Why are food issues such as hoarding, stealing, over eating, and bingeing, common in children with reactive attachment disorder (RAD), attachment disorders, or Complex Developmental Trauma?
- How to minimize later attachment issues when visiting a child in foster care domestically and internationally.

- How to help adopted children with sleep problems.
- How to help children already in the family adjust to the adoption of a new child.
- Attachment disorders or attachment issues when adopting a sibling group.

Purvis, Karyn, & Cross, David, & Sunshine, Wendy. *The Connected Child: Bring Hope and Healing to Your Adoptive Family*. McGraw-Hill Education, 2007.

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Johnston, Patricia Irwin. *Adopting: Sound Choices, Strong Families*. Perspectives Press, 2008.

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Siegel, Dan, & Bryson, Tina Payne. *No-Drama Discipline*. Bantam, 2014

Gray, Deborah. *Attaching Through Love, Hugs and Play: Simple Strategies to Help Build Connections with Your Child*. Jessica Kingsley Publishers, 2014.