
CE Quiz: Moving Beyond Multicultural Counseling: Preferred Mediums of Healing and Psychotherapy on the Margins

Instructor: Travis Heath, PsyD

Saturday, September 26th, 2020, 4:30 PM - 6:00 PM

1.5 hour CE

9 Questions

After attending this session, you will receive further instructions about how to submit your quiz answers through SimplePractice Learning. To obtain your CE certificate for this session, you must obtain a score of 80% or higher on the completion quiz. The session completion quiz can be retaken multiple times until passed.

1. An anti-colonial approach to therapy values:

- a. Multiculturalism
- b. Cognitive therapies
- c. Challenging dominant knowledges
- d. All of the above

2. Preferred mediums of healing come from:

- a. Psychology and Psychiatry
- b. Clients
- c. Therapists
- d. Medical Doctors

3. Multicultural counseling has historically tended to privilege:

- a. Eurocentric ideas
- b. Cognitions
- c. Inclusion rather than transformation
- d. All of the above

4. Cultural democracy in therapy tries to foster:

- a. Inclusion
- b. Uniformity
- c. Use of local knowledge
- d. Hierarchy

5. Embodied Other Questions intentionally seek to:

- a. Change the relationship between a person and their body
- b. Call upon ancestral knowledge
- c. Introduce more positive affect
- d. Help with diagnosis

6. A multilateral free trade agreement aspires to:

- a. Have dominant and non-dominant knowledges stand in collaboration
- b. Find the best knowledge
- c. Locate as many knowledges as possible
- d. Get rid of traditional knowledges

7. Evocative autoethnography tries to help the reader:

- a. Frame empirical data
- b. Gather information about other cultures
- c. Understand qualitative research methods
- d. Feel like they are in the the situation of interest

8. One important feature of contemporary narrative therapy is:

- a. Storying someone's life for them
- b. Finding counter stories
- c. Having clients journal
- d. Teaching new coping skills

9. In Ray's story rap music was:

- a. Not real therapy
- b. The way he challenged irrational beliefs
- c. A preferred medium of healing
- d. A window into his childhood