

Integral Project Design for Social Transformation Course Syllabus - Fall 2020

Summary:

It is becoming increasingly obvious that humanity needs a new story of self. We need to redefine our sense of purpose and place on this planet at an unprecedented scale. Fortunately, humans are excellent storytellers and our capacity to enact the world around us is immense. The language we use to tell that story and the maps we have to navigate its emergence are critically important and must be able to hold and engage with the Volatile, Uncertain, Complex, and Ambiguous context of our reality.

This course will provide you with the necessary language, maps and tools to be able to rise to meet this moment with clarity, connection and confidence. Whether you already have a project you're working on, but are unsure what to do next, or you simply feel called to show up more fully for those around you, this course will meet you where you are at.

Facilitators:

- Andrew Becker - Executive Director - Integral Without Borders
- Julian Chang - Creative Content Director - Colombia Integral Center
- Danielle Huffaker - Member, Board of Directors - Integral without Borders
- Santiago Jiménez - Director - Colombia Integral Center
- Gail Hochachka - Chairwoman, Board of Directors - Integral Without Borders

Objectives:

Upon completion of the course you will have:

- A greater understanding of the basic concepts of Integral Theory and why they are relevant for addressing the “wicked problems” facing humanity today
- The ability to turn an idea into an integrally-designed and actionable project
- A more comprehensive understanding of the context of your work
- A greater awareness of your own meaning-making patterns
- An increased capacity to communicate with your team and your community
- A new story of how you are, and will be, participating in transforming your society
- A clear action plan detailing your next steps towards the “future as it emerges” now

Dates:

The course has a duration of eight weeks, beginning October 3rd and ending November 28th. It is divided into four modules, each with a duration of two weeks:

- Module 1: October 3rd to October 17th
- Module 2: October 18th to October 31st
- Module 3: November 1st to November 14th
- Module 4: June 15th to November 28th

There are nine live interactive community calls. One at the end of each module to facilitate the integration of the content, one in the middle of each module for more open dialogue and exploration, and one to kick-off the journey.

Kick-off call: Saturday, October 3rd at 10AM PDT

- Call 2: October 10th
- Call 3: October 17th
- Call 4: October 24th
- Call 5: October 31st
- Call 6: November 7th
- Call 7: November 14th
- Call 8: November 21st
- Call 9: November 28th

All calls will be 90 minutes long and begin at 10AM Pacific Time

Curriculum:

- **Module 1 - The Four Dimensions of Reality**
 - Share your story of self (Introductions)
 - Join a Solidarity Circle
 - Learn and explore the four quadrants of Integral Theory (Video Lesson series)
 - Introduction & Step 1 - Integral Mapping* (Video lesson series with assignments)
 - Part 1 of *Moving Through the World - an Array of Perspectives* by Julian Chang (Assigned Reading)
 - “Living in the 4 Dimensions of Reality” by Santiago Jimenez (Guided Meditation & Discussion)
- **Module 2 - Evolutionary Development**
 - “The Overview Effect” (YouTube Video)
 - Sensing into the everpresent, tetra-emergent, development (Video Lesson series)
 - Steps 2, 3 & 4 - Integral Mapping (Video lesson series with assignments)
 - Introduction and Chapter 1 of *Developing Sustainability, Developing the Self* by Gail Hochachka (Assigned Reading)
 - “Evolutionary Development” by Santiago Jimenez (Guided Meditation & Discussion)
- **Module 3 - Worldviews and Perspective Taking**
 - “Sex, God, and Integral International Development” (YouTube Video)
 - Working with worldviews: principles for practitioners (Video Lesson series)
 - Steps 5 & 6 - Integral Mapping (Video Lesson series and assignments)
 - Part 2 of *Moving Through the World - an Array of Perspectives* by Julian Chang (Assigned Reading)
 - “Navigating Worldviews” - by Santiago Jimenez (Guided Meditation & Online Discussion)
 - Worldview Assessment by Annick de Witt
 - “A Biography of Consciousness” - by Santiago Jimenez (Guided Meditation)

- **Module 4 - Integration**

- “Moving towards interbeing” (YouTube Video & Online Discussion)
- Integration: an invitation to reflect and commit to your practice (Video Lesson series)
- Constructing generative stories (Online Discussion)
- Steps 7 & 8 - Integral Mapping (Video Lesson series & Assignments)
- “Integration” by Santiago Jimenez (Guided Meditation & Online Discussion)

**The Integral Mapping process will take you from connecting to your purpose in life all the way to an action plan designed to inform your next steps towards transforming society.*

Evaluation:

Participation in Community Calls - 20%

Participation in Online Discussions 20%

Completion of IMAP Assignments - 40%

Completion of all 4 Modules - 10%

Completion of Course Evaluation Survey -10%

Upon 100% completion of this course you will receive a Certification in Integral Project Design certified by Integral Without Borders and Centro Integral Colombia