
DELICIOUSLY RAW

WARM, COSY, GLOW - EATING RAW IN COLD WEATHER
MASTERCLASSES
EQUIPMENT CHECKLIST

REQUIRED EQUIPMENT

Bowls
Chef Knife
Cutting board
Dehydrator and non-stick dehydrator sheets (or baking sheet for oven use)
Fine Mesh Sieve/ Strainer
Heat proof bowl and 2 saucepans
High speed blender
Ice cream maker – or silicone mould or shallow glass container
Microplane/zester
Mini-food processor or wet and dry spice grinder
Mixing Bowls
Nut Milk Bag
Scales/Measuring Cups/Measuring Spoons
Tart tin (round 9" diameter loose bottom tart tin x 1 ½" deep – or similar) – *for the Cosy masterclass only.*
Vegetable peeler
Wooden spoon

OPTIONAL

Citrus press/juicer
Ice cream maker – *for Glow only*
Ice cream scoop – *for Glow only*
Masking tape
Pestle and mortar
Sharpie
Silicone mould – *for Glow only*
Spatula