



2023 SWIMMING & DIVING CHAMPIONSHIPS

February 22-25, 2023

Minneapolis, Minn. | Jean K. Freeman Aquatic Center

WEDNESDAY, FEB. 22

Diving Prelims/Consolation Finals - 12:30 p.m.

One-Meter (W)
Team Event (M)**

Swimming Finals - 5:30 p.m.

200 Yard Medley Relay (W)*
200 Yard Medley Relay (M)*

Diving Finals

One-Meter (W)

800 Yard Freestyle Relay (W)*
800 Yard Freestyle Relay (M)*

THURSDAY, FEB. 23

Swimming Prelims - 10 a.m.

500 Yard Freestyle (W)
500 Yard Freestyle (M)
200 Yard IM (W)
200 Yard IM (M)
50 Yard Freestyle (W)
50 Yard Freestyle (M)

Diving Prelims/Consolation Finals - 12:30 p.m.

One-Meter (M)
Team Event (W)**

Swimming Finals - 5:30 p.m.

500 Yard Freestyle (W)
500 Yard Freestyle (M)
200 Yard IM (W)
200 Yard IM (M)
50 Yard Freestyle (W)
50 Yard Freestyle (M)

Diving Finals

One-Meter (M)

200 Yard Freestyle Relay (W)*
200 Yard Freestyle Relay (M)*

FRIDAY, FEB. 24

Swimming Prelims - 10 a.m.

400 Yard IMa (W)
400 Yard IM (M)
100 Yard Butterfly (W)
100 Yard Butterfly (M)
200 Yard Freestyle (W)
200 Yard Freestyle (M)
100 Yard Breaststroke (W)
100 Yard Breaststroke (M)
100 Yard Backstroke (W)
100 Yard Backstroke (M)

Diving Prelims/Consolation Finals - 12:30 p.m.

Three-Meter (W)

Swimming Finals - 5:30 p.m.

400 Yard IM (W)
400 Yard IM (M)
100 Yard Butterfly (W)
100 Yard Butterfly (M)
200 Yard Freestyle (W)
200 Yard Freestyle (M)
100 Yard Breaststroke (W)
100 Yard Breaststroke (M)
100 Yard Backstroke (W)
100 Yard Backstroke (M)

Diving Finals

Three-Meter (W)

400 Yard Medley Relay (W)*
400 Yard Medley Relay (M)*

SATURDAY, FEB. 25

Swimming Prelims - 10 a.m.

100 Yard IM (W)
100 Yard IM (M)
200 Yard Backstroke (W)
200 Yard Backstroke (M)
100 Yard Freestyle (W)
100 Yard Freestyle (M)
200 Yard Breaststroke (W)
200 Yard Breaststroke (M)
200 Yard Butterfly (W)
200 Yard Butterfly (M)

Diving Prelims/Consolation Finals - 12:30 p.m.

Three-Meter (M)

1,650 Yard Freestyle***

Swimming Finals - 5:30 p.m.

100 Yard IM (W)
100 Yard IM (M)
1,650 Yard Freestyle (W)*
1,650 Yard Freestyle (M)*
200 Yard Backstroke (W)
200 Yard Backstroke (M)
100 Yard Freestyle (W)
100 Yard Freestyle (M)
200 Yard Breaststroke (W)
200 Yard Breaststroke (M)
200 Yard Butterfly (W)
200 Yard Butterfly (M)

Diving Finals

Three-Meter (M)

400 Yard Freestyle Relay (W)*
400 Yard Freestyle Relay (M)*

* Timed final event

** Exhibition event

*** Minimum of 60 minutes between conclusion of preliminary heats of 1,650 freestyle and start of championship heat of 1,650 freestyle

(ALL TIMES CENTRAL)

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