



**THE JOURNEY OF A
KINGSMAN**

AND THE 12 QUESTS TO BECOME
THE ONE YOU WERE CREATED TO BE

DIOGO ESTEVES

FOREWORD BY LARRY TITUS

I love books that have a component of the autobiographical in them, which *The Journey of a Kingsman* obviously has. In fact, it's my favorite type of read for two reasons: it not only fulfills the biblical mandate to share our testimony with the world; it also gives practical examples of how we can implement life-changing principles into our own lives. Diogo has carefully woven his testimony throughout the pages of *The Kingsman*, not only adding color and content to the fabric of his life story, but bringing us, the readers, into a new awareness of God's design for our own lives. I recommend it without hesitation.

Larry Titus
President, Kingdom Global Ministries
Colleyville, Texas

Throughout my life, I've had my share of failures and setbacks. So have you. The key to being a winner is not that you never fail, that you never get knocked down, but whether you decide to get back up at least one more time than you get knocked down.

Coach Lou Holtz
Coach, Commentator, Author, and Speaker
Orlando, Florida

When a man comes to Christ, most times, his entire family comes to Christ. When a man learns how to make the best decisions, his family will also feel the impact along life's journey. I challenge you to read *The Journey of a Kingsman* by Diogo Esteves. You will learn how to be the man, the husband, and the dad the Lord has destined you to be and to become. Your marriage will

be sweeter, and your children will grow up to be wise servants of the Lord!

Rev. Samuel Rodriguez
President, National Hispanic Christian Leaders Conference
Sacramento, California

I recommend a God-sent book that can change your life. It is called *The Journey of a Kingsman* by Diogo Esteves. When we read the Scriptures, we see a lot of pictures of what our life in Christ is. One of the greatest images is that “life is a journey.” We are journeying through time and life, striving to become all Christ wants us to be. As you go through the ups and downs on this journey, *The Journey of a Kingsman* will provide you what you need for success in life.

Dr. Kenneth Ulmer
Senior Pastor, Faithful Central Bible Church
Los Angeles, California

There are times we come to road signs that state “The bridge is out” or “Construction ahead.” Yet, due to being distracted in life, we drive right ahead. *The Journey of a Kingsman* by Diogo Esteves is a story about a great man who became distracted by the wrong things. I encourage you to get this remarkable book, especially young men, who are beginning or taking long journeys in life. This powerful road map will help men put in place the strategies necessary for a successful journey instead of ending up where the road is out.

Dr. Glenn Burris
President, Foursquare Church
Los Angeles, California

I am sure you will be enriched and encouraged through *The Journey of a Kingsman* by Diogo Esteves. This life-changing resource will be both inspirational and instructional as you develop your life's journey for the years ahead.

Dr. David Sobrepeña
Founder, Word of Hope Church
Manila, Philippines

The Journey of a Kingsman is a story about a great young man who tried to get to the top of the life's mountain the "worldly way." In this midst of this struggle, Diogo Esteves found Christ. As a result of the lessons he learned, Diogo has written an amazing book, showing us how to make it to the top of the mountain with Christ being our daily compass.

Dr. Elmer Towns
Cofounder and Vice President, Liberty University
Lynchburg, Virginia

Diogo has viewed life from the highest mountaintops and from the lowest valleys. His life experiences have fortified him, and now us, with valuable advice for securing stable footing in our financial, familial, and spiritual lives.

Libbye Morris
Writer
Albuquerque, New Mexico

The Journey of a Kingsman by Diogo Esteves reveals God's plan for your life. Each generation is filled with men who miss the mark and live from failure to failure. I am convinced this lively and Spirit-filled book will help you not to make the mistakes that countless other men have made

in their lives. This book shows how to turn “wrongs” into “rights” for now and the years to come.

Dr. David Mohan
General Superintendent Assemblies of God, New Life Assembly
Chennai, India

I've been so blessed for the opportunity to share a great friendship with Diogo in the past five months. In our weekly meetings and conversations, I have learned important, life-changing principles behind *The Journey of a Kingsman* that helped me figure out my passions, my purpose, and, above all, my true connection with God. I'm sure this book is going to touch many people around the world! God bless you all!

Danilo Brizola
Founder, Snowman Labs
Curitiba, Brazil

Every man has to learn how to turn setbacks into comebacks. Sooner or later, each man will face the daunting task of discovering the success keys to unlocking life's doors into a world of fresh and vibrant opportunities. Diogo Esteves hands us the success keys in *The Journey of a Kingsman*. I encourage you to purchase your copy, along with extra copies for fellow servants who are on life's journey with you!

Dr. James O. Davis
Founder and President, Global Church Network
Orlando, Florida

This book is an amazing journey of someone who has, over time and trials, finally found his life's purpose and is now on a mission to help others find theirs as well. Reading this book has allowed me to better understand who my Creator is, who He says I am, and why He created me. And as I begin the process of reaching my full potential, I now get a chance to live my life aware of the fact that I have a special assignment in this world, which is allowing me to change daily, for the better.

Marcia Romero
Founder, People Who Make a Difference
Orlando, Florida

After struggling with depression and adversity, Diogo Esteves was capable of reinventing himself and putting into words the necessary steps for a life of success and fulfillment. In *The Journey of a Kingsman*, he presents a godly worldview worthy of your attention and leading to self-discovery. I strongly recommend this book to men searching for meaning, or struggling with everyday life, or even for those who do not see the light at the end of the tunnel to guidance and encouragement. Through this read, one shall surely be enlightened.

Silvio Esteves
Professor
Montreal, Canada

I have known Diogo for a few years; he's definitely a changed man. *The Journey of a Kingsman* is a must-read. Very inspiring!

Leo Silva
Owner, Silva's Painting
Orlando, Florida

Being able to see a man have a genuine encounter with Christ is always an incredible experience. It also fills my heart with joy because I get the opportunity to see someone I have known since birth have his life completely turned around by God's grace.

In John 8:12, Jesus said: "I am the light of the world. If you follow me, you won't have to walk in darkness, because you will have the light that leads to life." And although our lives are full of decisions that must be carefully made, following Christ is by far the most important one of all.

My wish is that this book will be only the first of many still to come. May it reach multiple generations and bring about a drastic positive impact for years to come.

Marcia Rangel
Speech Therapist
Marlborough, Massachusetts

Diogo Esteves is a brilliant young man, charming and very talented. I know him and his family very well, and he is the real deal, open and authentic. Unlike many others, he leverages his experiences, both bad and good, to propel him forward—not toward selfish ambition but toward fulfilling God's plan for his life and for those around him. This book is a must-read for those who are ready to discover "What's next?"—those who are ready to embrace their true identities and God-given destinies, ready to live life with purpose and to the fullest. Don't lose time. Read it, and then act on it!

Paul Allen
Real Estate Investor and Pastor
Southlake, Texas

The Journey of a Kingsman is an honest, detailed account of a long ordeal conquered by the love and faithfulness of God our savior. If the art of living is the ability to use misfortune in a constructive fashion, this book has certainly achieved its purpose. Life can bring us painful

moments that will forever mark us; however, such painful moments can lead us to find our true purpose in life.

Desiree Paz
Transaction Coordinator, Seven Realty
Orlando, Florida

This book is the narrative of a metamorphosis that we can call a miracle. A miracle that only God can accomplish, and, when it is the true work of God, it will be consistent and without change. Time will show us what was the source that provided the resources for such a metamorphosis.

Nivaldo Nassiff
Brazilian Ministry Pastor, First Baptist Church
Orlando, Florida

“We were meant to be aligned with Him and to live with purpose,” writes Diogo Esteves in *The Journey of a Kingsman*. Those words are strong medicine to a man whose spirit is hurt, wounded, and hopeless. Yet Christ makes all the difference in the world to a man. Read this real, raw, and authentic account of how one man was led to a personal relationship with Jesus Christ, and you will see how you, too, can find the journey and adventure you’ve been looking for all your life!

Dr. Pete Alwinson
Pastor Emeritus and Executive Director, Forge Ministries
Casselberry, Florida

God uses every event in our lives to mold and shape us. We can either run from it and continue to act like immature boys, or we can embrace it and learn to become the men and soldiers God has called us to be. This book is going to be a healing tool for the men who allow the Holy Spirit to bring into the light what needs to be addressed and changed in their own lives.

Jeff Young
Owner, Salon No 3
Euless, Texas

Diogo always impressed me as being a person who knew what he wanted and was fully committed in achieving anything he set his mind to. We met at Florida Christian University back in 2010 or so, where we took some classes together while I was pursuing my MA in coaching. From the outside, one would not imagine Diogo as a person who would be facing the inner crisis he exposes in his book. It took great courage to share the fears and disappointments he has gone through. Only a person who is on the path to victory is able to bring these to light as he has. He shows the importance of having a spiritual mentor as a key in the recovery process. It is a story that many will be able to relate to, and it provides clear steps on how to overcome inner crisis, depression, personal frustration, and most of all: discovering and fulfilling one's purpose in life.

Tony Wilkins
Pastor, Church in the Son
Apopka, Florida

We as a community of men have covered up our pain so long, and the mission has been critical for so long now, that we don't even know where to begin. Men need to change and become more alive. We have witnessed this need with the uncovering of men acting out in Hollywood

this past year. Mentorship is a huge component; we don't know what true success looks like on our own. Diogo's book, *The Journey of a Kingsman*, will help uncover what has been missing.

Joshua Brockman
Business Development
Orlando, Florida

Diogo is a man who has experienced brokenness, which gives him a huge heart for people who are in the same place. Read this work, which is a reflection of the greatness of God. Grab a copy for yourself and a friend!

Trina Titus Lozano
Pastoral Counselor, Kingdom Global Ministries
Colleyville, Texas

Fantastic job! I admire the awareness Diogo has had in his life and how he has been able to translate his learnings into the book to share his experiences with others. I can relate as well, as I have been working the past few years on my own personal development. Having the right mindset, along with the other quests in this book, will serve as a base of personal and career success for those on their Kingsman journey!

Steve Birk
Loan Officer, Strongwealth Mortgage
Orlando, Florida

Millions of people at this very moment are roaming through life, unable to find answers to their most profound life questions. Most

end up losing themselves, especially when they end up believing that success—whether financial, professional or personal—is what they have been looking for this entire time.

What would life be like if you could finally find the answers you have been looking for? This is exactly what will happen as you peruse the pages of *The Journey of a Kingsman*. You will be invited to reflect about your own life and apply the life-changing principles shared throughout this book. Diogo opens his heart in a real and raw way, and in the simplest way possible, shares his story of success and struggle, as he finally finds a way to get in touch with his true self, discovering real prosperity and internal peace.

Regardless of where you are in life or even how bad your current situation is, this book will challenge and inspire you to change the way you have been living your life up until this point.

Angela Perrella
Business Woman and Coach
São Paulo, Brazil

What an amazing journey! There is nothing more inspiring than the testimony of someone who has won the fight against himself. Reading this book is like looking at yourself in the mirror, as it is literally impossible not to relate to many of the situations Diogo has gone through. I have no doubt that this story will light up the dark path that many people have been walking on, helping them change their lives around and be able to one day finally achieve their highest goal in life: fulfill their God-given destiny and live a life of freedom and purpose.

Glauber Rangel
Pastor, International Revival Presbyterian Church
Marlborough, Massachusetts

Life is like a journey. We experience patterns of victory and defeat in

this adventure, often assuming we are mere objects with no choice in the story. What happens happens. We must just endure it. As men, we work hard to be tough. We try to fight our way through that journey.

I'm a man who knows myself and my tendencies well. I'm a pastor, a counselor, a writer, and a speaker who knows many men well. I see the pain those tendencies and patterns bring.

But I also know about another option. Men are not required to live that way. We can be proactive, pursuing positive outcomes through the choices we make.

In his book and his workshops, Diogo Esteves invites us into what he calls *The Journey of a Kingsman*. His honest narratives, challenging questions, and motivational suggestions provide an exciting look at this life adventure. He offers a view we should see life through. He reveals his own wounds while daring us to not give up.

Diogo Esteves provides practical ways that marriages, careers, spiritual growth, finances, and honesty can guide men from defeat to victory. Men can make the right decisions. Men do not need to live as victims. Men can view themselves as God created them. Men do not need to give up.

The Journey of a Kingsman is for men—young men, old men, all men. Whatever your past decisions and whatever your future dreams, open the pages. Learn from Diogo's stories and his confessions. Receive his wisdom. Embrace his guidance. Join the adventure. Become a Kingsman.

Chris Maxwell
Author, Speaker, and Spiritual Director
Atlanta, Georgia

Principles have the power to elevate one's purpose in life. This book is filled with principles.

Success is not what we do or what we have, but who we are. Who we become is a process. Always learning, always reaching, always growing. These are the real aspects of Diogo's life. Join him on his journey, and write your own story as you experience God's grace in his.

This book is not your finishing line; it is your launching pad to embrace your greatness.

Devi Titus

Author/Speaker; Vice President, Kingdom Global Ministries
Colleyville, Texas

Although I've known Diogo for only a short time, I've seen his drive and combined passion for people create opportunities for many to run in their lanes. In addition, he is passionate about his relationship with the Creator, and it shows in his commitment to those who surround him. After having overcome many adversities, Diogo has demonstrated a grit and determination like few I've known. I'm thankful for him, and I believe this resource will bless you in ways you couldn't have imagined.

Marcus Kenny

Consultant and Creative Director, MK Consulting
Dallas, Texas

I have known Diogo for a few years now and have seen the changes in his life that not only show in him but reflect in his family as well. I encourage anyone who is stuck and looking for a fresh viewpoint and honest approach in moving forward to read *The Journey of a Kingsman*.

John W. Gusti

Program Manager, Trigg GC
Southlake, Texas

Success and failure are defined by each individual and are not final until we declare it so.

Experiencing failure is part of life—once you have experienced it,

you need to explore what you have learned, how you have grown, and the lessons you have taken into your life.

In *The Journey of a Kingsman*, Diogo Esteves does a great job of allowing the reader to see how a man in his own journey takes inventory and realizes that it's not a matter of starting over. It's a matter of the new and improved individual getting another chance.

Failure isn't final; it's fertilizer for success, and Diogo's book is a great reminder of this truth.

David Hill
Founder, IronMen of God
Orlando, Florida

Diogo is my oldest brother. Ever since I can remember, he has always been an entrepreneur and a visionary, always shooting for the stars. His character and personality have been shaped over the years, not only by his victories but especially by his failures. We all sometimes need to fail in order to succeed, and this book shows exactly that. The challenges went on for years, before he could finally understand the path he should follow. This book is essential to those who wish to learn from someone else's mistakes and save themselves a lot of time throughout their journey. Truly inspiring. Great job!

Diego Esteves
Manager, Quintal da Disney
Orlando, Florida

I believe every man has a divine call—a role in life he was meant to play. When we live according to that divine call, life becomes rich. Unfortunately, far too many of us get caught up in other things. We get distracted, disillusioned, and sometimes derailed by life. This book is a

reminder that we don't have to stay that way. Diogo's story is one of hope and encouragement for men who want to have the best life possible—the life they were born to live!

David Welday
President, HigherLife Publishing
Oviedo, Florida

I've known Diogo and Daniela for nine years now, and I am very excited for their continuous focus to not only get better in their own lives, but to care enough to give guidance to others as well. Throughout life, you are blessed with the opportunity to learn from people who care enough to share their experiences and to help guide you. Listen—it just might make sense! Success leaves a trail. Diogo wants to help you find it!

Robert McCready, Jr.
Senior Vice President, Primerica
Orlando, Florida

I'm positive you will be tremendously blessed and encouraged by reading *The Journey of a Kingsman* by Diogo Esteves. This resource can be life changing to the one who has an open heart to receive from it. Diogo is a dear friend and wonderful man of God whom I respect greatly.

Billy Dalton
Founder, All Things Grace
Tulsa, Oklahoma

Diogo invites you on his meaningful journey and his powerful transformation. His heart smiles at what God has done in his life as he

bravely shares it so you can feel the same joy.

“Forgiveness comes through understanding.” Diogo has grasped this fully as his life unfolds according to God’s plan.

Dr. Don Wood
Founder, Inspired Performance Institute
Orlando, Florida

The Journey of a Kingsman provides much rich and transparent insight into the moments of process and change. My friend and brother, Diogo, imparts a stronger and deeper understanding of purpose...elevating us into higher dimensions in every facet of life. I strongly believe there will be inevitable transformation, joy, and productivity in your living so you can experience your fullest potential in God!

Fernando Alvarez
Founder, Rendered Heart International
Houston, Texas

Endorsing a book always challenges me and fills my heart with joy. My academic years have led me to value authors who are not focused on vanity or superb knowledge but rather those who demonstrate human vulnerability—“The Reality Show,” or as I like to call it, “Reality Check”—which is something you will see quite a bit in the book you now hold in your hands.

When Diogo wrote this book, openly sharing his heart, exposing his deepest feelings, and showing how much of an impact discovering God’s purpose for him would ultimately have in his life, he was completely aware of the amount of criticism he could potentially receive. But still, he was driven by the need to impact, through his life experiences, the lives of other people, who just like him, still question their life’s purpose.

His ultimate goal with this book is not to give you an easy-steps-to-success story, but to be an actual guide and help you make a conscious decision to change for the better. He covers all areas of life that will, at one point or another, need to be developed in order to have the life you were meant to have. I firmly believe that reading this book will allow you to become completely aware of your actual state of mind, empowering you to rethink your future. The way you think about everything in life will completely change.

I deeply admire people who, after having gone through a desert, come out the other side stronger than ever, and this book will surely serve as a compass to those who wish to increase their level of resilience.

Diogo, a creative young entrepreneur and responsible husband and father, exposes in each page of this book his deepest feelings, allowing us to see how he was able to overcome his biggest challenges in life.

The challenge with a book like this is believing that it could trigger something within you that will eventually generate a massive impact, and with that, cause an extraordinary, lifelong, lasting transformation.

Prof. Anthony Portigliatti, PhD
Florida Christian University
President, Board of Directors
Orlando, Florida

I am eternally grateful for what God has done in Diogo's life. Although he has always been a wonderful son, for a period of his life he found himself lost and away from the right path, which brought undesirable things into his life. God only knows how hard he has been working these past few years to become the person he was created to be. As his mother, I couldn't be prouder of what I have seen happen in his life.

We all need to go through life with the understanding that although we might fall, God is right there to pick us back up. We also need to be aware and understand that the only way the first stone can be cast is if we have never made any mistakes ourselves. As his intercessor, I have been

praying for him for many years so he could finally find the freedom he was intended to have. Today I am thankful to say: God's mercy has finally reached him. I will keep praying for him, asking God to constantly direct his every step so that He can continue to use Diogo's life for a greater purpose. I thank Him every day for finally bringing my son home. My wish is that this book will reach others who, like him, need this same encounter—I know I do!

God is about to show him and his family something they have never seen before. My wish is that they continue to develop a close relationship with God, listening to His voice and following every direction He gives them.

Rose Esteves
The Author's Mother
Orlando, Florida

We know the author. We know his life, his challenges, struggles, and battles, and above all, how he was able to overcome it all and still come out the other side, victorious. Diogo is our firstborn son, and from an early age, he has always amazed us. He is the type of son any mother and father would love to have. Always sharp, focused, dynamic, smart, handsome (he inherited his good looks from his mom), and aware. I know every parent says that about his or her child, but the truth is, we couldn't be prouder of him.

When he was only twelve years old, Diogo already knew what he wanted in life. He moved to the United States by himself when he was only seventeen years old, and in his first year in this country, surprised us all with the results he was able to achieve. He came back to Brazil to marry his high-school sweetheart so he could then go back to his newfound home. Nothing was easy for him. He wasn't born with a silver spoon in his mouth but always put in the extra effort so he could finally achieve the things he had longed for all his life.

He gave my wife and me our first two American grandsons: Matthew,

who is a true miracle and a gift from God, and Lucca, who is simply awesome. They are truly our pride and joy.

Diogo has been through some major battles in his life. The worst of them? A tremendous battle of the mind. It might not seem like much, if you haven't been through anything like this, but trust me, it is the toughest challenge of all. How do I know? I have been there as well.

As the saying goes, with God's grace, even though life gave Diogo lemons, he was able to make a delicious lemonade out of them. He truly is more than a conqueror.

The trials and tribulations he experienced throughout his life, which are shared in *The Journey of a Kingsman*, are at the same time raw and real. They will certainly help and bless anyone who gets a chance to experience this journey—especially those who are currently going through a similar situation. He was able to truly take off the mask and pour his heart and soul into the pages of this book. This is incredible because for the most part, most of us put on masks so others can see how good we are, when in fact Jesus is the only truly good one. After all, He frees and delivers us from evil.

“So if the Son sets you free, you are truly free” (John 8:36).

Humberto Esteves
Real Estate Broker, Seven Realty
Orlando, Florida

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DIOGO ESTEVES

The Journey of a Kingsman
by Diogo Esteves

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This journey has been the wildest one I have ever had the opportunity to go on during my entire life. My wife and I have not only been to hell and back; we were also tossed into the fire multiple times to be purified before we could set out to do what God has called us to do. It has been the most difficult process we have ever had to endure. But by His grace, we were able to come out on the other side, victorious.

I am so thankful for the opportunity I've had through this process to connect with so many wonderful people who have contributed to our lives in small or big ways and, more importantly, who have been a source of inspiration and guidance along this journey. We are fully aware of how blessed we are and the privilege we have had to be able to experience this level of care. Like the Father He is, God takes care of His children. He allows us to learn the lessons, yes; but at the same time, He protects us and doesn't allow any harm to come to us. And even though the process may be long and painful, the rewards that come with it are absolutely incredible. This book is an attempt to put into words how appreciative we are for everything He has done for us because if we had planned it all, it would not have worked out as well.

I first want to thank my wife, Daniela, for sticking with me through this whole process and giving me the strength to keep moving forward. Had it not been for her, none of this would have been possible. Had it not been for her, I wouldn't even be here today, literally. The saying is true after all: Behind every great man is a phenomenal woman. She is my rock. She is my everything.

I am also privileged to be the father of the two most amazing kids on Earth, Matthew and Lucca. Everything we do is with them in mind. Every experience I put myself through and every lesson I learn leads me to ask myself how I can pass it along to them in a simple and effective way that will allow them to not only survive this long journey called life but to thrive and achieve anything they set out to accomplish.

To my parents, Humberto and Rose, my eternal gratitude for always doing the best they could for us and providing us with a life that any kid would love to have, not only guiding but also caring for us every step of the way. I thank them for their prayers and support, as I know they played a major role in my life. To my brother and sister, Diego and Desiree, for being there for me when I needed them the most and for holding down the fortress when I was nearly losing my mind and didn't know what to do.

To our mentors and spiritual parents, Larry and Devi, our deepest gratitude for opening the doors to their home at a time that was so crucial. I honestly don't know what we would have done without their guidance, wisdom, and support. God knows we are eternally grateful for everything they have done for us. To their daughter, Trina, who was a key piece in the restoration process of our marriage during a time of desperate need, when we didn't know what to do. We are grateful for her words of wisdom and practical steps toward healing.

To my new friend, Chris, for guiding me every step of the way and helping me craft this beautiful message so I could finally have a chance to share with others what God has done in my life. To David and the entire HigherLife team for the amazing support and for believing that I do have something impactful to share with the world. And to everyone else who was a part of this incredible journey, my deepest appreciation. We love you all dearly and hope to one day be able to contribute to your lives as much as you have contributed to ours.

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When I met Diogo, I met an incredible young man. He is sharp, articulate, handsome, brilliant, driven, and creative. While still in his twenties, he had already done better financially than most people do throughout their lifetimes. By all outward appearances, he was successful. But soon, I learned that he was very broken and falling apart. His success was becoming failure in his marriage, career, fatherhood, and spiritual life—the things that really mattered.

The Journey of a Kingsman is his story, poignantly written, and strikingly like the lives of most of us. The outer shell of his manhood shouts success while the inner reality is drowned in sadness, disappointment, discouragement, emptiness, and ultimate disaster.

In the Epilogue, Diogo shares, “Along this journey, I have shared with you my stories, my dreams, and my lessons. I’ve revealed to you my purpose and my destiny. Why? Why would I share the most painful parts of my life with you? Why would I expose my weaknesses like that?”

I can answer the “Why?” of Diogo’s question: without vulnerability and full exposure of his pretentious past, he could never have experienced the freedom found in his new life. Neither can we. Diogo opens the door to transformation and allows us to walk through with him.

Diogo’s journey is part testimonial and part instruction. He identifies lessons he has learned that will benefit every person. When Diogo opens his heart with transparency, uncommon to most people, he allows us to walk with him through the process that God uses to turn every one of us from ordinary to extraordinary—from an average human being to a Kingsman.

Nothing is more instructive than someone’s life story. That’s why the Book of Revelation says, “And they have conquered him (the devil) by the blood of the Lamb and by the word of their testimony, for they loved not their lives even unto death” (Rev. 12:11, ESV).

Theology can be argued, but it is difficult to disagree with a life that has gone through the fire without the smell of smoke—without bitterness or blame.

It seems impossible for anyone to read this book without being deeply impacted or even transformed. I believe God has a master plan for your life, and that plan will be made much clearer as you peruse the pages of *The Journey of a Kingsman*. You will relate not only to the pain but also to the purpose—God’s ultimate plan for your life.

Read this book with a highlighter. Take note of the principles that apply to you. Embrace change. Royalty awaits you.

Larry Titus
President
Kingdom Global Ministries

NOW AND THEN

After all the mental torture I have been through for eight long years, the fact that I am alive today is a tremendous miracle. That alone gives me the drive and the motivation to share my journey with you.

Life is, without a doubt, a true gift from our Creator. But at the same time, unless we can actually live life the way it was meant to be lived and not simply exist, it is nothing but a waste of time and resources. God's purpose in my life is an irresistible call to bring other people like you along the way.

I am not a travel agent sending you to a destination I've never been to before. I want to be your guide—someone who has already been there and is now taking others with him. Because of where my life adventures have taken me, I want you to know how thankful I am for the opportunity you have given me to be your guide on this journey. To show you my appreciation, I am willing to be completely transparent and vulnerable about my own struggles. I want you to know what I've had to face and endure throughout the years. I want you to know what I've had to pursue and overcome so I could be here today.

Unlike some authors, who try to provide you with content that will completely sell you on their points of view and *tell* you *what* to think, leaving you completely clueless and still lost by the time you finish it, my goal with this book is completely different. I want to *show* you *how* to think. I wrote this book to empower you to live life with your eyes and ears wide open.

This gift called life, which every one of us has been given, can be simple or complicated. Although most of the people around us will say that our time here on Earth is full of choices, as I will show you throughout this book, this could not be further from the truth—at least not in the sense that you have been taught all your life.

Having this understanding will completely liberate you. But for that to happen, you will need to understand that the process of reaching your full potential will not be the easiest journey you have ever gone through. I went through it, and it was painful—but it had to happen for me to become aligned with God’s purpose for my life.

Is it worth the effort? Absolutely. But it’s definitely not easy. I want you to know that before we start on this journey so you understand exactly what’s ahead of you. It all starts with changing the way you think and your perspective—how you view most things in life.

This is more than just an inspirational book. I want this book to guide you toward freedom. But please, don’t just read it. Don’t just look for a quick fix. Don’t pursue an easy-steps-to-success story. As you read these pages, I want you to learn how to make a conscious decision to change.

Each quest in *The Journey of a Kingsman* will guide you on a wild adventure of true surrender and ultimate freedom. If you engage in this encounter, your life will drastically change. Your spirit, soul, and

YOU ARE ABOUT TO GRASP A
WHOLE NEW REASON FOR LIVING

body will never be the same. The reason you wake up each morning will be different than it was before. The way you think about money will be different. Your relationships and conversations will all change. Why? Because you are about to grasp a whole new reason for living.

To reach that potential, however, I want you to begin thinking correctly while reading this book. Let these thoughts fill your mind to

the point that they consume your very being.

Throughout this book, I talk about all the areas in our lives that I believe need to be developed and ultimately mastered if we ever want to become who we were created to be. There is no way around it. Things are not supposed to remain as they've always been. What this book reveals for each quest will help you transform in a way you never thought possible. Now, it is important for you to understand that I don't expect you to agree with everything I am about to share. We all have different personalities, temperaments, gifts, and talents. We all see the world from different perspectives and have different opinions about different subjects at any given time. I am well aware of that. All I ask is that you have an open mind. Allow me to share with you what I have gone through and learned, from my lens and my perspective. These are personal experiences, so take what makes sense for you and apply it to your own life. Remember: I want to *show* you *how* to think, not *tell* you *what* to think.

This process of experiencing a life adventure keeps us on course. We each have a purpose. Life brings meaning. It's not a quick high and then a sudden low. It's about growth, development, and change—all coming from our willingness to surrender and then stay the course for this great adventure.

Too many people spend their lives rushing after the wrong things. *If I could only have that car, I would be happy. If I could only have that house, I would be happy.* We go from a little house to a big house. We go from a good job to a great job. We go from a little bank account to a big bank account. But then what do you think happens when you finally get there? Do you honestly believe you will find what you are looking for? Do you think that's where happiness lives?

When you finally get to what you believe is the top of the mountain, you will finally realize that the great job, the new car, and the big house have been nothing but distractions along the way that have led you to

climb the wrong mountain. Most of us have an internal drive to pursue our dreams, which usually come in the form of material things. But we never realize that fulfilling those so-called dreams will never lead us to the true sense of purpose we are looking for. How do I know that? Because I have been there.

The things we so often blindly pursue don't ultimately matter. They are nothing but a bunch of superficial things that will never fulfill our spirits, only our external lives—and temporarily at that. They are nothing but a quick fix—a quick shot of adrenaline that will get us to the next goal. When we finally find our true identity, our true purpose, then all the other things will come into play at the right time. They will be nothing but good fruit. Then, and only then, they will no longer have control over us. Ever.

My goal with this book is to keep you from climbing the wrong mountain. The last thing I want is to see you aggressively pursuing a destiny that God has not designed for you. That is an extremely dangerous journey to embark on. If you end up on that path, you will be exhausted and afraid. Your belief in yourself and even in your Creator will start to dwindle, and you will find yourself completely lost.

So I plead with you—stop climbing the wrong mountain. Stop pursuing a destiny of the enemy's (Satan's) making. Find your purpose. Step into your destiny. Fulfill your calling. Yes, financial resources will come to bless your life, but they will not change you if you stay true to your identity and destiny. God is waiting to bless you, but you must be ready so the blessing does not become a curse in your life.

Most people (if not everyone) would look at a quick cash infusion into their lives—winning the lottery, for example—as a “blessing.” But if you do a little research, you will discover that most lottery winners declare bankruptcy just a few short years after coming into a large sum of money and are left in a worse financial situation than they were in before. So, was that lottery win really a blessing? To me, it was a curse because they

will now live the rest of their lives with a huge regret, always blaming themselves for squandering the money, when all they really needed was the right preparation to use the money wisely.

That is just one example. There are many situations in life that appear to be blessings at first but turn out to be curses that disrupt God's plan for our lives and cause us misery. Getting into a relationship that seems wonderful at first, landing what appears to be a great new job, or starting a partnership with a business partner in what looks to be a lucrative new start-up are all examples. When we face big life decisions, we need God's wisdom and guidance more than ever.

And Elisha said, "Borrow as many empty jars as you can from your friends and neighbors. Then go into your house with your sons and shut the door behind you. Pour olive oil from your flask into the jars, setting each one aside when it is filled." So she did as she was told. Her sons kept bringing jars to her, and she filled one after another. Soon every container was full to the brim! "Bring me another jar," she said to one of her sons. "There aren't any more!" he told her. And then the olive oil stopped flowing. When she told the man of God what had happened, he said to her, "Now sell the olive oil and pay your debts, and you and your sons can live on what is left over" (2 Kings 4:3-7).

A true Kingsman realizes that he was created by someone superior to himself—he has a clear definition of his Creator. He knows he was created for a specific purpose that he is to fulfill during the time that has been given to him on this Earth. That is what makes you a Kingsman: a clear idea of *who your Creator is, who He says you are, and why He created you*. Once you realize that, you will begin a process to reach your full potential. This process is fulfilled by mastering the twelve quests.

An old saying tells us that, to find the pot of gold, we must follow the rainbow until the end. Like most people, I could say I have all the answers you need and simply hand you a specific map that would allow you to eventually reach your ultimate destination. I would, however, be creating a false sense of hope and by the time you were done reading

this book, you wouldn't feel any different. It is important to keep in mind what I have shared with you in the beginning: I am not here to *tell* you *what* to think but rather to *show* you *how* to think.

I wrote *The Journey of a Kingsman* to help you find, understand, and navigate the map that was created specifically for you. It is about showing you ways to not only find it but also to follow it. What is your map showing you? I want to be your guide and help you understand what it is showing you so you can be clear about what the next step is. If you are like me, you want to take the time to find, understand, and follow your map. You will find the pot of gold at the end of the rainbow. That is what so many

BEING A KINGSMAN IS LIKE HEAVEN ON EARTH TO ME

people are searching for. We all want to know who we are and why we are here. Why else would we wake up each morning? Without the map, life would be meaningless and simply not worth living.

Being a Kingsman is like heaven on Earth to me. It is why we were created to begin with. I believe it is the only way to fulfill our true purpose in life. That is the journey I am about to take you on. It is all about understanding who your Creator is, who you truly are, and what your mission on Earth really is.

QUEST ONE
PURPOSE



CHAPTER 01



From Submission to Release

How did you feel as you woke up this morning?

The alarm clock roused you from a night of sleep. Or maybe you were lying in bed awake, and hearing the alarm clock caused you to dread getting up to face a new day. Maybe you have learned the routine well—you grab a few more minutes of sleep and then finally force yourself to scramble out of bed to endure another daily routine. You grab some food. You take a quick shower and get dressed. You get in the car and enter your ordinary world. Another day, nothing new, no real purpose, just enduring and existing.

Don't you sometimes ask yourself, "Isn't there more to life than this?" I know that feeling.

Maybe you are one of those ambitious people who is eager to wake up each day on a mission to pursue your goals—money, fame, security, or pleasure. But don't you ever get exhausted from all of this?

WHY ARE YOU HERE ON THIS PLANET?

Assess How Happy You Are Right Now

What is life really about? Why are we here? Why are *you* here on this planet? How do *you* feel when you wake each day?

If you told me what you do for a living, would I hear energy in your voice? Or dread? If you talked to me about your family, would I hear contentment? Or guilt? If you described to me your relationship with God, would your tone indicate joyful hope? Or religious duties?

These questions reveal our personal realities. Our answers expose our present life conditions. Even if we love our spouse and children, our jobs, the people we work with, our gifts, and our God, pleasure is temporary. We need more. We need much more than the routine, more than the ritual. You were made for more!

You and I need a purpose to drive us, to inspire us, to thrill us, to dare us, to challenge us. We need a purpose of value. We need a purpose that affects everything we do every day of our lives. We need a reason to wake up, to drive to the office, to engage in conversations, to finish business deals, to invest our time. We desperately want to not just *be*. We need a quest for what we can *become*.

Why did you wake up this morning? What is your true motive for doing what you do each day? What is your purpose? In Ecclesiastes, we read that life is all meaningless. I believe that is true, unless we can find and fulfill our God-given purpose in life. If we live without a purpose, we are going to be miserable until we can finally grasp it. Or, if not miserable, at least numb. That is our lot in life—until we finally realize that we were all uniquely created and given amazing gifts and talents to be able to fulfill our specific and special purposes in life.

Imagine Being Driven By a Sense of Purpose

Imagine for a moment what life would be like if you truly believed God has a plan for you—and you knew exactly what it was. Think about waking up each morning, aware of the true reason you are here. You hear the alarm clock but are already awake after a good night of sleep. Something is driving you to open your eyes, eat a healthy breakfast, sing a joyful song, go through an amazing workout, get in the shower, pray with your family, and finally drive to work, with a deep smile in your heart rather than a fake smile forced by your method of faking joy.

You aren't shoved by guilt; you're stimulated by healthy ambition. You

realize God has created you with a purpose. You accept the truth that you were crafted and called for such a time as this—this morning, this day, this very moment.

Thinking this way changed my thoughts and my view of life. Thinking this way changed me. It can change you, too. Knowing and living in your purpose can align your life. You can follow a specific plan tailored just for you. How awesome would it be to wake up each morning knowing there is a specific purpose in each area of your life? Think of viewing life as more than just putting forth an effort to better budget your money, eat better, and exercise more often. Think of viewing life from a better lens—one that inspires you, one that gives a true reason for all you are doing.

Too many times, we miss this type of motivation, don't we? We keep seeking external factors to serve as our adrenaline. We need a thrill here and a high there to motivate us. We watch TV for six hours a day. We overeat. We are unhappy at home, at work, and in church. We live with no goals. But imagine waking up every day, eager to step into another day of your destiny. It changes everything—living with a calling rather than deriving temporary happiness from external things. This realignment reveals our true destiny. We can live with a constant, abiding sense of wellness and joy that is just there, no matter what happens around us. Unshakable. Unmovable.

Instead of getting thrills from buying a new car or buying a new house, what I hope for you is a glimpse of what is possible. A peek behind the curtain to see just how amazing your life can be. You, living a life that truly matters. Not temporary thrills but permanent purpose. True destiny. We realize that our names matter, our lives matter, and our stories matter. But the other stuff always wears off. A new high. A new event. A new thrill. A new job. External factors do not change us from the inside.

But when your spirit grasps true life purpose, the world had better watch out. You change, and you change the world around you. You wake up each day with ambitions—healthy, joyful, ambitions to serve, care,

and love. You cry when you should cry. You laugh when it is time to laugh. You wake up each day answering the question of why you are here. Your spirit inspires your mind to think correctly and creatively. It guides your soul and body to live appropriately.

Align Your Daily Activities with Your Life's Purpose

Think about it this way. When I go to the chiropractor, I look great on the outside. I'm well-dressed and standing as tall as I can. I even have a smile on my face. But something is off. Something hurts. When I am worn down by old habits, my body gets bogged down. My spine is misaligned, something is out of place, and my body can't quite function

I MUST ADDRESS THE ISSUES
CAUSING MY PAIN

like it is meant to. I should not leave it alone and pretend all is well. I must address the issues causing my pain. I must be willing to be realigned.

If my external frame sometimes needs a realignment, then imagine my internal frame. That mystical part of me that drives everything—my heart and mind—sometimes needs alignment, too. Aligning my daily activities around my purpose is the ultimate key to living life how it was supposed to be lived.

It's pretty simple. If I choose to ignore my situation, my life as a whole will only get worse as each day goes by, and I will once again waste valuable time.

If we deny our present life situations, if we deny our true purpose for being here, if we ignore what matters most, we get worse.

Here is another way to think about it. Right now, I am staring at a clock made of pure gold. Its arms are intricately cut out of precious metal, and its face is crafted of pure mother-of-pearl. The frame is ornate and rich. It's the perfect adornment for its resting place on the wall.

But it doesn't display the right time. The ticking mechanism in its heart is missing, and the only way to repair it is to return it to the clockmaker who designed it. The timepiece can't tell time unless this mechanism is inserted by someone who knows the inner workings of this particular clock's gears. The centerpiece can be found only in the shop where the clock was made. The creator of this timepiece must animate it, or else it will never tell time as it was meant to do.

My grandfather, who is no longer with us, owned a farm in Brazil and spent all his life wanting to grow oranges. I remember vividly that he also loved to play the lottery, hoping for a stroke of luck and maybe get his orange grove up and running. Truth is, he never won, but he would invest quite a bit of money from his day job into his orange dream. But after years and years of pouring into that dream, he was never able to produce a single dollar of profit.

Put yourself in his place for a moment. We all do that in different ways. What was he looking for? I can't help but ask myself whether or not he had a true sense of happiness and fulfillment.

Discover Who You Really Are—In Christ

That was me for the longest time. I was also caught up in what I was doing and what I was earning. Nothing more, nothing less.

But that was not *who* or *what* I needed to be—or who I was meant to be. In a single moment, my identity changed. When I fell to my knees

and fully surrendered to the One who created me, my spirit came to life. I released what had held me back for so long. I began a process of recovery in which my spirit would now start influencing my soul. Yes, there was a lot of tension between this new spirit and the habits of an old soul. But I released unneeded luggage. I started over. I had finally found a way to start on the journey that would eventually lead me to my ultimate purpose in life. You can, too.

By picking up this book, you have decided to change your story. You must refuse to be controlled any longer by this false identity that has been sold to you all this time. You can pursue the right dreams based on who you really are.

Sometimes I still wake up in the morning feeling that tug to roll back over and stay in bed. We all do, don't we? I drag myself into the day, unsettled, struggling to find excitement for the day's tasks. The difference now is that I know I can reach out and reconnect with my Creator. I know He has the answers I'm looking for. He reminds me of what I already know.

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things! (Gal. 5:22-23).

Then I remember: my spirit is perfect. I am not my body and not my soul. "You *are* a spirit, you *have* a soul, and you *live* in a body," He says to me. "You have connected with Christ now, which means you are now connected with me, your Creator. Your spirit was dead, and that death ran your life. Your body felt heavy like a corpse you had to drag around. And your soul was corroded by the death in your spirit."

I remember what He is telling me. God speaks directly to my thoughts before I can articulate them. "You may not always feel the joy in your soul that defines you, but it still defines you nevertheless. You have the excitement in your spirit. But be patient, as my Word says you are.

Remember that your soul and body must now catch up to your spirit. You are alive. You have love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. This is your true nature.”

When you start to feel down, you must remind yourself, “That’s not who I am. The Bible says that I am patient, good, and faithful.” You must keep thinking about purpose, purpose, purpose. You must choose to retrain your mind to think of yourself as this: a new person who is discovering a true purpose.

“Be patient, son,” He says. “I am a God of order, organization, and steps. You are on a journey, and your chariot cannot go in front of the horses, or you will not arrive at your destination.”

Recognize That Recovery Is a Journey

My recovery is a journey, I realize. I am on a path. I am facing the right direction now. I am connected to the source of all purpose; I know my Creator. There is light where there was darkness. There is life where I was dying before. There is desire where there was hopelessness. There is life in my eyes. My body is already catching on. He is right. I will follow.

I sit up and get started with my day. As I do, the mundane tasks of getting ready and leaving the house begin to feel like steps toward something bigger. I get in the car and turn on the radio to hear my life set to music. The words resonate, and I am reminded of what He tells me I am. The song “My Recovery” by Unspoken narrates to me my own surrender—what happened when I fell to my knees in my darkest moment. The steps start to make sense to me now. I am sitting still, not simply because I am in a moving vehicle on the way to perform a task, but still *inside*. My soul is beginning to feel at rest; my spirit is finally flooding the darkness with light. I am still, and I can feel my heart beating. I feel full.

Listen to the song “My Recovery” today. Listen to it right now. Let God be the one who recovers you. This will be the beginning of your

new adventure from submission to release. This will inspire you in the pursuit of fulfilling your true purpose and reaching your destiny.

I know. There are times when this journey feels like a trek through the desert. The heat and dryness are overwhelming to my senses, but I finally feel like I am moving toward an oasis, a place where that desolation is out of place. This journey could take forty years or twelve days. And I have a strong sense that if I simply do as God is bidding me, and believe that He is doing the work that needs done, I will get through the desert in a matter of days.

The LORD was angry with Israel and made them wander in the wilderness for forty years until the entire generation that sinned in the LORD's sight had died (Num. 32:13).

But people of God acting as his mouthpieces sweep into my life, reminding me, "You are strong, you are intelligent, you are good." His

THE RUBBLE OF THE DEAD SPIRIT CLEARS AWAY

truth overrides the trauma of your past; He redeems time. The rubble of the dead spirit clears away as the truth builds a proper foundation to rebuild life in Him.

Evaluate Your Motives

Imagine what life would be like every day if you wanted to go to work, wanted to live and not simply exist. If someone offered you a totally

different job that paid you a lot more money, but it was something you did not enjoy, would that fulfill your purpose just because it brought more money? Would it therefore give you a “better life”? If someone offered you a large amount of money and you took the job, you would be living a lie.

The truth is, many people are addicted to money and what it can give them. I surely was. Take a moment to evaluate your true motives and the reason behind every decision you have ever made. What would you want people to say about you long after you are gone? Would they even say anything at all? What kind of legacy would you like to leave behind?

Take that moment now. Glance in the mirror. How do you view yourself? How does God view you?

He has created you. He has called you. My father always said that God will do His 99 percent if you do your 1. He will do His part if you do yours. God has given you desires He wants you to pursue. He is real in your everyday life. Don't over-spiritualize it; see God in the moments. He has a better view from the top of the mountain. He wants you to see life His way.

This book invites you into an adventure of pursuing your destiny. Your entire life is about to change—your finances, your thinking, your marriage, your ministry, your job, your relationships, and your self-talk.

The person you are meant to be is not who you think you are now. It is who God has called and designed you to be. Your spirit needs to be unlocked to affect your soul and your body. Begin to see yourself in a new mirror—who you really are in the spirit, designed by God. This recovery process doesn't need to be so frustrating and last forty years; it could come to pass in twelve days if you only believe and do your part.

We were meant to be aligned with Him and to live with purpose. We were meant to live the life He created us to live, not merely to exist.

Steps on The Journey of a Kingsman

Let's review the steps from this chapter that will lead you to your ultimate goal of becoming a Kingsman:

1. Assess how happy you are right now. What needs to change?
2. Imagine being driven by a sense of purpose. How would your life be different?
3. Align your daily activities with your life's purpose.
4. Discover who you really are—in Christ.
5. Recognize that recovery is a journey.
6. Evaluate your motives. What are you really trying to accomplish?

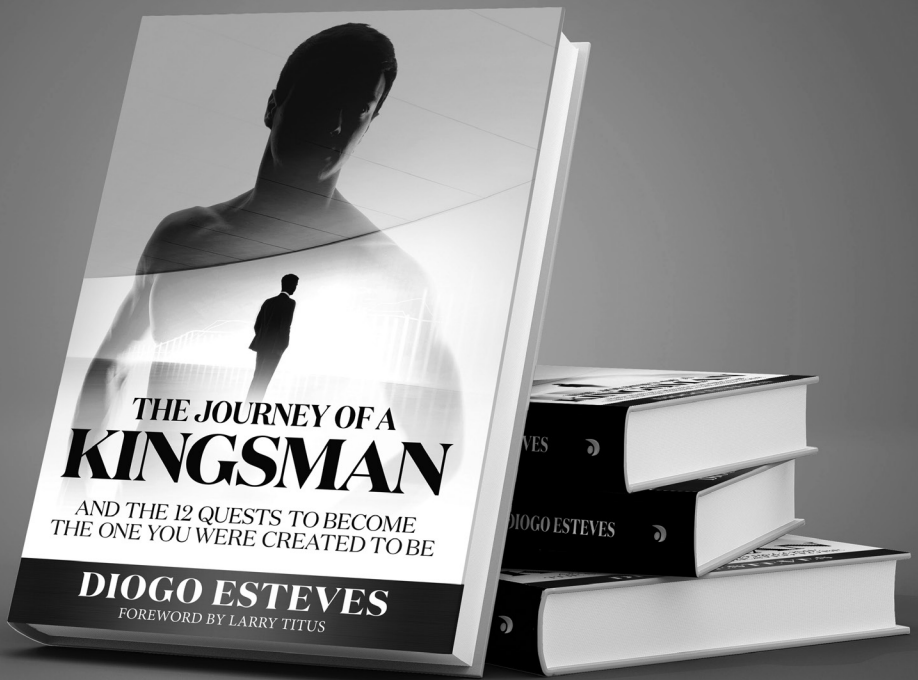
Diogo Esteves is the founder and president of The Kingsman Academy (TKA), a worldwide movement that was created to equip people in the twelve essential elements of life while empowering them to become financially free so they can focus their time on fulfilling their God-given calling and live lives of meaning, significance, and joy on the way to their ultimate destiny.



Prior to founding TKA, Diogo spent most of his time working in the fields of insurance, investments, mortgage, and real estate, where he built a multimillion-dollar business.

He was born in Brazil and moved to the United States at age seventeen. He achieved significant financial success before the age of thirty. Yet, despite his outward financial success, being happily married to his wife, Daniela, having two wonderful sons, Matthew and Lucca, and living an overall life that most men only dream of, Diogo often found himself battling deep depression and sexual addiction. Because a cloud so dark hung over his life, he spent most of his time researching ways to commit suicide and doing things that would ultimately lead him down a path of destruction.

Throughout his own journey, Diogo has discovered secrets that enabled him to move past his biggest challenges and develop a powerful and clear sense of direction never before experienced. His life is now dedicated to helping others who have decided to set out on a journey of self-discovery to help them achieve their full potential and their wildest goals and dreams in life.



ARE YOU READY TO BECOME A KINGSMAN?

My hope is that reading this pre-publication excerpt of *The Journey of a Kingsman: And the 12 Quests to Become the One You Were Created to Be* has sparked within you a hunger, a longing to step into a larger destiny and to embrace a bigger dream, vision, and plan for your life.

This book isn't a magical pill meant to solve all your problems. However, your life is a journey. My only goal is to equip you to go through this journey with an amazing sense of purpose, a great desire to impact the world, and the understanding that God created you to be and do so much more than what you are experiencing right now.

This is why The Kingsman Academy was born. I wanted to establish a community of like minded individuals with a shared vision, mission, and purpose to live their lives by the highest possible standards and, as a result, positively influence those around them in a major way, while achieving a great amount of success in every area of their lives.

Please don't think that joining me and others on this journey is about being perfect. God knows we are all flawed, broken, and, candidly, messed up. We all get beaten up and sometimes even knocked down, but I have news for you: you don't have to stay down! By supporting one another on our respective life journeys as we all discover and follow God's plan for our lives, we can achieve more than we ever dreamed.

SO HERE IS MY UNIQUE INVITATION TO YOU:

Take the leap. There's no test to take or anything to prove. To order the book, join The Kingsman Academy or just find out more, email me at info@thekingsmanacademy.com or simply text the word "KINGSMAN" to 555888 and find out how you can have a first-run copy of The Journey of a Kingsman sent to you, absolutely FREE.

Embrace change. Royalty awaits you. I will see you soon.



THE
KINGSMAN
ACADEMY

Throughout my life, I've had my share of failures and setbacks. So have you. The key to being a winner is not that you never fail, that you never get knocked down, but whether you decide to get back up at least one more time than you get knocked down.

COACH LOU HOLTZ

Coach, Commentator, Author, and Speaker

Orlando, Florida

What does it take to build an incredible life legacy?

As we journey through life, we encounter roadblocks, and resistance, which sometimes become cherished milestones because they teach us the most valuable life lessons. There are seasons in which life is great, and everything feels incredible. There are also periods of pain in which we feel lost, off-course, and isolated. Your journey—every person's journey—includes both.

This book will provide you authentic and honest insights to help you navigate both the highs and lows of life. You will learn how to successfully navigate the twelve life quests that you must master if you ever want to live a life of true meaning, purpose, and significance.

You will discover:

- Keys to conquering the inner demons that can so easily derail you from your destiny.
- Fresh vision, encouragement, and hope for living the life you were born to live.
- New strength in knowing that you are not alone on the journey and that there is a group of like-minded individuals who, like you, want to walk the Kingsman path God has promised us.

This is not pie-in-the-sky theory. This is a book of practical, relevant truth shared with integrity and honesty by a man who had his life completely transformed, from despair to hope. You can apply his hard-earned and practical wisdom to your own life.

Welcome to the journey!