Red Hot Series Suggested Resources For Further Study

Dating and Courtship

- Hands Off This Might be Love by Gia Manolson
- I Kissed Dating Goodbye by Joshua Harris
- A Chicken's Guide to Talking Turkey with Your Kids About Sex by
 Kevin Leman

Sex

- Red Hot Monogamy by Bill and Pam Farrel
- · Sexperiment by Ed and Lisa Young
- Intended For Pleasure by Ed and Gaye Wheat
- Crazy Good Sex by Drs. Les and Leslie Parrott
- Sheet Music by Kevin Leman

Conflict

- Desperate Marriages by Gary Chapman
- Healing the Hurt in Your Marriage by Dr. Gary & Barbara Rosberg
- Surviving a Spiritual Mismatch in Marriages by Lee and Leslie Strobel
- The Love Fight by David Augsburger
- Conflict: It Doesn't Have to Ruin Us by Dave Obwald (Podcast)

Red Hot Series

Red Hot Conflict

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Suggested Resource

"Song of Solomon" by Tommy Nelson
For free access to Right Now Media send an email to
info@graceassembly.org

Big Idea:
conflict leads to
relationships

(Song of Solomon 2:1-6) I slept but my heart was awake. Listen! My beloved is knocking: "Open to me, my sister, my darling, my dove, my flawless one. My head is drenched with dew, my hair with the dampness of the night." I have taken off my robe—must I put it on again? I have washed my feet—must I soil them again? My beloved thrust his hand through the latch-opening; my heart began to pound for him. I arose to open for my beloved, and my hands dripped with myrrh, my fingers with flowing myrrh, on the handles of the bolt. I opened for my beloved, but my beloved had left; he was gone. My heart sank at his departure. I looked for him but did not find him. I called him but he did not answer.

How to Fight Right

now to right hight
1. Create
(See other side for the list of boundaries and rules of engagement for healthy marriage and healthy relationships)
2. Choose to
(Proverbs 13:10) Pride leads to conflict
If we don't give in to other, we are giving in to the

(Song of Solomon 5:10-13) My beloved is radiant and ruddy, outstanding among ten thousand. His head is purest gold; his hair is wavy and black as a raven. His eyes are like doves by the water streams, washed in milk, mounted like jewels. His cheeks are like beds of spice yielding perfume. His lips are like lilies dripping with myrrh.

(Song of Solomon 6:4-6) You are as beautiful as Tirzah, my darling, as lovely as Jerusalem, as majestic as troops with banners. Turn your eyes from me; they overwhelm me. Your hair is like a flock of goats descending from Gilead. Your teeth are like a flock of sheep coming up from the washing. Each has its twin, not one of them is missing.

*	I will intentionally
*	I will seek to
*	I will verbally
*	I will resolved to

3.

(Song of Solomon 6:11-12) I went down to the grove of nut trees to look
at the new growth in the valley, to see if the vines had budded or the
pomegranates were in bloom. Before I realized it, my desire set me
among the royal chariots of my people.

Reconciliation

The goal is to be	not to be	
60 00		

The Gospel of Jesus Christ

The good news is that the just and gracious Creator of the universe has looked upon hopelessly sinful men and women and has sent His Son, Jesus Christ, God in the flesh, to bear His wrath against sin on the cross and to show His power over sin in the resurrection, so that everyone who turns from their sin and themselves, and trusts in Jesus as Savior and Lord, will be reconciled to God forever.

If you would like more information about what it means to follow Jesus go to the Red Information Tent in the Hub for a free Bible and resources to help you on your journey.

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Rules of Engagement

We agree to observe and follow these parameters whenever conflict happens in our relationship.

We will control our words

- We will not call names, demean or compare our spouse/friend negatively to other people
- We will not argue in front of (our) children
- We will not argue in public
- We will not threaten divorce, leaving the marriage or any words that imply that this is a possibility

We will not get historical but instead keep the focus on one issue at a time

We will not yell or raise our voice

We will never get physical

We will limit discussion about our conflict to the following people

We will not shut down

We will set a time for the conflict to be resolved We will

Husband's signature

Wife's signature

Date: