

CIAA CROSS COUNTRY CHAMPIONSHIP 2022

Salem, VA
 Green Hill Park
 Weather: Warm and Clear
 Host: CIAA
 Thursday, October 27, 2022

MEET OFFICIALS

Meet Director:
 Breon Hagans
Meet Referee:
 Thaddeus Sligh
Timing:
 SnapTiming



OFFICIAL MEET REPORT
 printed: 10/27/2022 2:09 PM

Race #1
Women's 5k

Final Results

TEAM SCORING SUMMARY

| Final Standings | Score | Scoring Order | Total | Avg. | Spread |
|---------------------|-------|------------------------|---------|-------|--------|
| 1 Fayetteville St. | 38 | 3-5-7-9-14(16)(17) | 1:40:32 | 20:07 | 1:18.6 |
| 2 Virginia State | 62 | 4-6-8-19-25(32) | 1:42:53 | 20:35 | 2:04.7 |
| 3 Shaw | 63 | 1-2-11-23-26(27)(39) | 1:42:47 | 20:34 | 3:13.4 |
| 4 Lincoln (Pa.) | 119 | 15-20-22-29-33(34)(43) | 1:49:47 | 21:58 | 2:10.5 |
| 5 St. Augustine's | 158 | 13-24-37-40-44(50) | 1:56:19 | 23:16 | 4:23.9 |
| 6 Winston-Salem St. | 168 | 21-28-30-41-48(60) | 1:57:20 | 23:28 | 4:18.4 |
| 7 Livingstone | 181 | 12-35-36-46-52 | 2:00:52 | 24:11 | 6:55.5 |
| 8 Claflin | 184 | 10-38-42-45-49(57) | 2:01:16 | 24:16 | 6:11.9 |
| 9 Bowie State | 205 | 18-31-47-54-55(61) | 2:06:54 | 25:23 | 7:36.4 |
| 10 Virginia Union | 277 | 51-53-56-58-59 | 2:25:25 | 29:05 | 3:24.0 |

INDIVIDUAL RESULTS

| Athlete | YR | # | Team | Score | Time | Gap | Avg. Mile | Avg. km |
|----------------------|----|-----|--------------------|-------|---------|--------|-----------|---------|
| 1 BLAHA, Michelle | SR | 98 | Shaw | 1 | 19:04.4 | --- | 6:08.0 | 3:48.9 |
| 2 SCHILLACI, Thea | FR | 102 | Shaw | 2 | 19:05.8 | 1.4 | 6:08.4 | 3:49.2 |
| 3 GIBSON, Nia | FR | 48 | Fayetteville St. | 3 | 19:36.8 | 32.4 | 6:18.4 | 3:55.4 |
| 4 DEIGH, Manuelene | SO | 127 | Virginia State | 4 | 19:40.2 | 35.8 | 6:19.5 | 3:56.0 |
| 5 CHEPTOO, Repline | FR | 47 | Fayetteville St. | 5 | 19:49.1 | 44.7 | 6:22.3 | 3:57.8 |
| 6 DEIGH, Manuela | SO | 126 | Virginia State | 6 | 19:52.9 | 48.5 | 6:23.6 | 3:58.6 |
| 7 CHEBOI, Brenda | SO | 45 | Fayetteville St. | 7 | 19:55.7 | 51.3 | 6:24.5 | 3:59.1 |
| 8 HYPOLITE, Alandina | JR | 128 | Virginia State | 8 | 20:07.9 | 1:03.5 | 6:28.4 | 4:01.6 |
| 9 CHEMUTAI, Mercy | SR | 46 | Fayetteville St. | 9 | 20:14.2 | 1:09.8 | 6:30.4 | 4:02.8 |
| 10 MCDONALD, Madison | SO | 24 | Claflin | 10 | 20:18.4 | 1:14.0 | 6:31.8 | 4:03.7 |
| 11 WINT, Zoey-Ann | JR | 36 | Elizabeth City St. | - | 20:32.6 | 1:28.2 | 6:36.3 | 4:06.5 |
| 12 MORENO, Dana | JR | 100 | Shaw | 11 | 20:38.2 | 1:33.8 | 6:38.1 | 4:07.6 |
| 13 MCDONALD, Sydney | FR | 88 | Livingstone | 12 | 20:42.8 | 1:38.4 | 6:39.6 | 4:08.6 |
| 14 JEPLETING, joyce | JR | 114 | St. Augustine's | 13 | 20:50.4 | 1:46.0 | 6:42.1 | 4:10.1 |
| 15 SAUNDERS, Aaliyah | SO | 50 | Fayetteville St. | 14 | 20:55.4 | 1:51.0 | 6:43.7 | 4:11.1 |
| 16 JOHNS, Kamani | SO | 76 | Lincoln (Pa.) | 15 | 20:59.6 | 1:55.2 | 6:45.0 | 4:11.9 |
| 17 BEASLEY, Sierra | SR | 44 | Fayetteville St. | (16) | 21:09.8 | 2:05.4 | 6:48.3 | 4:14.0 |
| 18 MATHEWS, Sierrah | FR | 49 | Fayetteville St. | (17) | 21:10.7 | 2:06.3 | 6:48.6 | 4:14.1 |
| 19 LEWIS, Destiny | | 12 | Bowie State | 18 | 21:12.4 | 2:08.0 | 6:49.1 | 4:14.5 |
| 20 PRICE, Miracle | FR | 130 | Virginia State | 19 | 21:27.1 | 2:22.7 | 6:53.9 | 4:17.4 |
| 21 CHURCH, Jazlynn | SO | 75 | Lincoln (Pa.) | 20 | 21:30.0 | 2:25.6 | 6:54.8 | 4:18.0 |
| 22 DAVIS, Tinasia | SO | 151 | Winston-Salem St. | 21 | 21:32.4 | 2:28.0 | 6:55.6 | 4:18.5 |
| 23 SAVAGE, Jazmin | JR | 78 | Lincoln (Pa.) | 22 | 21:33.4 | 2:29.0 | 6:55.9 | 4:18.7 |
| 24 KIPTUM, Joyce | FR | 99 | Shaw | 23 | 21:40.6 | 2:36.2 | 6:58.2 | 4:20.1 |
| 25 SMITH, taymar | FR | 117 | St. Augustine's | 24 | 21:42.8 | 2:38.4 | 6:58.9 | 4:20.6 |
| 26 WILLIAMS, Ruby | JR | 132 | Virginia State | 25 | 21:44.9 | 2:40.5 | 6:59.6 | 4:21.0 |
| 27 SCHARDONG, Ana | SR | 101 | Shaw | 26 | 22:17.8 | 3:13.4 | 7:10.2 | 4:27.6 |
| 28 SMITH, Rhianna | FR | 103 | Shaw | (27) | 22:21.1 | 3:16.7 | 7:11.2 | 4:28.2 |
| 29 NELSON, Jaiyah | FR | 154 | Winston-Salem St. | 28 | 22:32.9 | 3:28.5 | 7:15.0 | 4:30.6 |
| 30 BARNES, Avionne | FR | 74 | Lincoln (Pa.) | 29 | 22:33.5 | 3:29.1 | 7:15.2 | 4:30.7 |
| 31 STAMPLE, Wynter | SO | 155 | Winston-Salem St. | 30 | 22:34.3 | 3:29.9 | 7:15.5 | 4:30.9 |

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Women's 5k

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INDIVIDUAL RESULTS (cont'd)

| Athlete | YR | # | Team | Score | Time | Gap | Avg. Mile | Avg. km |
|----------------------------|----|-----|--------------------|-------|---------|---------|-----------|---------|
| 32 ENWEREJI, Catherine | | 8 | Bowie State | 31 | 22:38.8 | 3:34.4 | 7:16.9 | 4:31.8 |
| 33 PETERSON, Sania | FR | 129 | Virginia State | (32) | 22:53.2 | 3:48.8 | 7:21.5 | 4:34.6 |
| 34 ADAMS, Amani | FR | 72 | Lincoln (Pa.) | 33 | 23:10.1 | 4:05.7 | 7:27.0 | 4:38.0 |
| 35 PIERRE MATHIEU, Destiny | SO | 77 | Lincoln (Pa.) | (34) | 23:19.3 | 4:14.9 | 7:29.9 | 4:39.9 |
| 36 ST.CLAIR, Juelle | SO | 34 | Elizabeth City St. | - | 23:26.1 | 4:21.7 | 7:32.1 | 4:41.2 |
| 37 COLLINS, Charity | SO | 85 | Livingstone | 35 | 23:28.3 | 4:23.9 | 7:32.8 | 4:41.7 |
| 38 WOMACK, Tanniya | SO | 90 | Livingstone | 36 | 23:33.5 | 4:29.1 | 7:34.5 | 4:42.7 |
| 39 OBL, christabelle | FR | 116 | St. Augustine's | 37 | 23:45.0 | 4:40.6 | 7:38.2 | 4:45.0 |
| 40 ANDREWS, Skyler | FR | 20 | Clafin | 38 | 24:10.7 | 5:06.3 | 7:46.5 | 4:50.1 |
| 41 WREH, Florence | FR | 104 | Shaw | (39) | 24:31.6 | 5:27.2 | 7:53.2 | 4:54.3 |
| 42 MURPHY, justyce | FR | 115 | St. Augustine's | 40 | 24:46.4 | 5:42.0 | 7:57.9 | 4:57.3 |
| 43 LEE, Dajjion | FR | 153 | Winston-Salem St. | 41 | 24:48.9 | 5:44.5 | 7:58.7 | 4:57.8 |
| 44 SMALLS, Nytajah | SR | 25 | Clafin | 42 | 24:52.9 | 5:48.5 | 8:00.0 | 4:58.6 |
| 45 ADAMS, Angel | FR | 73 | Lincoln (Pa.) | (43) | 24:58.9 | 5:54.5 | 8:02.0 | 4:59.8 |
| 46 JEPKOHEI, Ruth | SO | 113 | St. Augustine's | 44 | 25:14.3 | 6:09.9 | 8:06.9 | 5:02.9 |
| 47 GOSS, Kristian | JR | 23 | Clafin | 45 | 25:23.2 | 6:18.8 | 8:09.8 | 5:04.6 |
| 48 DIAZ-UBIERA, Nicole | FR | 87 | Livingstone | 46 | 25:29.0 | 6:24.6 | 8:11.6 | 5:05.8 |
| 49 JENKINS, Heaven | | 11 | Bowie State | 47 | 25:43.3 | 6:38.9 | 8:16.2 | 5:08.7 |
| 50 UGBONG, Zynobia | FR | 157 | Winston-Salem St. | 48 | 25:50.8 | 6:46.4 | 8:18.6 | 5:10.2 |
| 51 SALAAM, Nafeesah | FR | 33 | Elizabeth City St. | - | 26:19.3 | 7:14.9 | 8:27.8 | 5:15.9 |
| 52 BURNSIDE, Pheijana | FR | 21 | Clafin | 49 | 26:30.3 | 7:25.9 | 8:31.4 | 5:18.1 |
| 53 WRIGHT, sheree | FR | 118 | St. Augustine's | (50) | 27:07.0 | 8:02.6 | 8:43.2 | 5:25.4 |
| 54 LEE, Kayla | SO | 142 | Virginia Union | 51 | 27:19.5 | 8:15.1 | 8:47.2 | 5:27.9 |
| 55 DELOATCH, Saa'Naudia | SO | 86 | Livingstone | 52 | 27:38.3 | 8:33.9 | 8:53.2 | 5:31.7 |
| 56 ROLACK, Christal | FR | 144 | Virginia Union | 53 | 28:10.9 | 9:06.5 | 9:03.7 | 5:38.2 |
| 57 GRAHAM, Zahra | | 9 | Bowie State | 54 | 28:30.3 | 9:25.9 | 9:09.9 | 5:42.1 |
| 58 SPRIGGS, Kyera | | 13 | Bowie State | 55 | 28:48.8 | 9:44.4 | 9:15.9 | 5:45.8 |
| 59 WHITE, Ashley | JR | 145 | Virginia Union | 56 | 28:57.0 | 9:52.6 | 9:18.5 | 5:47.4 |
| 60 CALDWELL, Kaylyn | FR | 22 | Clafin | (57) | 29:24.0 | 10:19.6 | 9:27.2 | 5:52.8 |
| 61 MYRICK, Emani | SO | 143 | Virginia Union | 58 | 30:13.3 | 11:08.9 | 9:43.1 | 6:02.7 |
| 62 GARRISON, Angell | FR | 141 | Virginia Union | 59 | 30:43.5 | 11:39.1 | 9:52.8 | 6:08.7 |
| 63 TATUM, Imani | JR | 156 | Winston-Salem St. | (60) | 31:34.9 | 12:30.5 | 10:09.3 | 6:19.0 |
| 64 HOPPER, Aliyah | | 10 | Bowie State | (61) | 32:54.3 | 13:49.9 | 10:34.8 | 6:34.9 |
| -- JOSEPH, Naomi | SO | 32 | Elizabeth City St. | - | DNF | | --- | --- |
| -- GUILFORD, Jamia | FR | 31 | Elizabeth City St. | - | DNF | | --- | --- |

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Race #2
Men's 8k

Final Results**TEAM SCORING SUMMARY**

| Final Standings | Score | Scoring Order | Total | Avg. | Spread |
|----------------------|-------|------------------------|---------|-------|--------|
| 1 Fayetteville St. | 38 | 1-2-3-9-23(50) | 2:15:18 | 27:04 | 5:16.9 |
| 2 Shaw | 73 | 6-8-14-19-26(32) | 2:25:04 | 29:01 | 2:56.6 |
| 3 Virginia State | 102 | 10-15-22-24-31(37)(65) | 2:29:20 | 29:52 | 3:01.0 |
| 4 Lincoln (Pa.) | 123 | 12-13-30-33-35 | 2:32:02 | 30:25 | 3:05.5 |
| 5 Claflin | 124* | 16-20-25-27-36(64) | 2:32:24 | 30:29 | 2:32.2 |
| 6 Bowie State | 124* | 5-18-29-34-38(46)(68) | 2:32:31 | 30:31 | 4:43.8 |
| 7 Virginia Union | 168 | 4-11-40-54-59(62)(67) | 2:39:06 | 31:50 | 8:30.1 |
| 8 Elizabeth City St. | 199 | 17-41-42-44-55 | 2:43:14 | 32:39 | 5:26.6 |
| 9 Livingstone | 207 | 21-28-48-49-61(63) | 2:45:22 | 33:05 | 5:57.6 |
| 10 St. Augustine's | 210 | 7-43-51-52-57(66) | 2:45:34 | 33:07 | 7:48.3 |
| 11 Johnson C. Smith | 240 | 39-45-47-53-56(58)(60) | 2:49:07 | 33:50 | 2:44.8 |

***Tiebreakers**

Claflin (124)
 Bowie State (124)

3 L-L-W-W-W
 2 W-W-L-L-L

INDIVIDUAL RESULTS

| Athlete | YR | # | Team | Score | Time | Gap | Avg. Mile | Avg. KM |
|-----------------------|----|-----|--------------------|-------|---------|--------|-----------|---------|
| 1 TOROITICH, Hillary | SO | 42 | Fayetteville St. | 1 | 24:54.0 | --- | 5:00.6 | 3:06.8 |
| 2 KIPCHUMBA, Derrick | SO | 38 | Fayetteville St. | 2 | 24:55.7 | 1.7 | 5:00.9 | 3:07.0 |
| 3 MENGICH, Abel | SO | 40 | Fayetteville St. | 3 | 26:53.3 | 1:59.3 | 5:24.6 | 3:21.7 |
| 4 KIPRUTO, Micah | JR | 135 | Virginia Union | 4 | 27:25.4 | 2:31.4 | 5:31.1 | 3:25.7 |
| 5 THOMAS-TALLEY, Eric | | 7 | Bowie State | 5 | 27:36.8 | 2:42.8 | 5:33.4 | 3:27.1 |
| 6 KIPRONO, Alex | FR | 94 | Shaw | 6 | 27:47.8 | 2:53.8 | 5:35.6 | 3:28.5 |
| 7 EDWARD, Robert jr | JR | 107 | St. Augustine's | 7 | 27:50.6 | 2:56.6 | 5:36.1 | 3:28.8 |
| 8 KIPTUM, Mathew | SO | 96 | Shaw | 8 | 27:53.4 | 2:59.4 | 5:36.7 | 3:29.2 |
| 9 KIPTANUI, Brian | SO | 39 | Fayetteville St. | 9 | 28:23.4 | 3:29.4 | 5:42.7 | 3:32.9 |
| 10 BROWNLEE, Jalen | SO | 119 | Virginia State | 10 | 28:28.1 | 3:34.1 | 5:43.7 | 3:33.5 |
| 11 CHESIRE, Derrick | JR | 133 | Virginia Union | 11 | 28:31.2 | 3:37.2 | 5:44.3 | 3:33.9 |
| 12 MARABLE, Irvin | FR | 70 | Lincoln (Pa.) | 12 | 28:37.2 | 3:43.2 | 5:45.5 | 3:34.7 |
| 13 BAKER, Nathaniel | FR | 66 | Lincoln (Pa.) | 13 | 28:42.7 | 3:48.7 | 5:46.6 | 3:35.3 |
| 14 DUDZIAK, Lukas | SR | 92 | Shaw | 14 | 29:01.7 | 4:07.7 | 5:50.4 | 3:37.7 |
| 15 GAINES, JaPrince | FR | 122 | Virginia State | 15 | 29:07.3 | 4:13.3 | 5:51.6 | 3:38.4 |
| 16 GORE, Reginald | FR | 15 | Claflin | 16 | 29:14.4 | 4:20.4 | 5:53.0 | 3:39.3 |
| 17 LENZ, Riley | FR | 28 | Elizabeth City St. | 17 | 29:24.8 | 4:30.8 | 5:55.1 | 3:40.6 |
| 18 MASSEY, Shane | | 5 | Bowie State | 18 | 29:34.1 | 4:40.1 | 5:57.0 | 3:41.8 |
| 19 KIPTARUS, Kevin | FR | 95 | Shaw | 19 | 29:36.7 | 4:42.7 | 5:57.5 | 3:42.1 |
| 20 PATTERSON, Caleb | SR | 18 | Claflin | 20 | 29:37.8 | 4:43.8 | 5:57.7 | 3:42.2 |
| 21 FRYSON, Curtxavier | SO | 81 | Livingstone | 21 | 29:59.5 | 5:05.5 | 6:02.1 | 3:44.9 |
| 22 JOHNSON, Elijah | SO | 123 | Virginia State | 22 | 29:59.6 | 5:05.6 | 6:02.1 | 3:45.0 |
| 23 PUMBU, Charles | SR | 41 | Fayetteville St. | 23 | 30:10.9 | 5:16.9 | 6:04.4 | 3:46.4 |
| 24 MILES, Gabriel | SO | 124 | Virginia State | 24 | 30:15.1 | 5:21.1 | 6:05.2 | 3:46.9 |
| 25 SANDERS, Jakarriez | FR | 19 | Claflin | 25 | 30:34.9 | 5:40.9 | 6:09.2 | 3:49.4 |
| 26 NIYIRORA, Fabien | SR | 97 | Shaw | 26 | 30:44.4 | 5:50.4 | 6:11.1 | 3:50.6 |

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Race #2
Men's 8k

Final Results

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| Athlete | YR | # | Team | Score | Time | Gap | Avg. Mile | Avg. km |
|--------------------------|----|-----|--------------------|-------|---------|---------|-----------|---------|
| 27 MURRY, Zion | SO | 17 | Claflin | 27 | 31:09.4 | 6:15.4 | 6:16.1 | 3:53.7 |
| 28 TARANTO, Adrian | JR | 84 | Livingstone | 28 | 31:15.7 | 6:21.7 | 6:17.4 | 3:54.5 |
| 29 ELLVERT, Roosevelt | | 2 | Bowie State | 29 | 31:19.2 | 6:25.2 | 6:18.1 | 3:54.9 |
| 30 FRIERSON, Brandon | SO | 68 | Lincoln (Pa.) | 30 | 31:23.6 | 6:29.6 | 6:19.0 | 3:55.5 |
| 31 MONTS, Jeremiah | FR | 125 | Virginia State | 31 | 31:29.1 | 6:35.1 | 6:20.1 | 3:56.1 |
| 32 EDWARDS, George | JR | 93 | Shaw | (32) | 31:34.1 | 6:40.1 | 6:21.1 | 3:56.8 |
| 33 AMAKER, Michael | FR | 65 | Lincoln (Pa.) | 33 | 31:35.3 | 6:41.3 | 6:21.3 | 3:56.9 |
| 34 ELLAND II, Fredrick | | 1 | Bowie State | 34 | 31:39.9 | 6:45.9 | 6:22.3 | 3:57.5 |
| 35 MCLAREN, Clayton | SO | 71 | Lincoln (Pa.) | 35 | 31:42.7 | 6:48.7 | 6:22.8 | 3:57.8 |
| 36 LYDE, Keishawn | FR | 16 | Claflin | 36 | 31:46.6 | 6:52.6 | 6:23.6 | 3:58.3 |
| 37 CLARK, Dacarai | JR | 120 | Virginia State | (37) | 31:48.8 | 6:54.8 | 6:24.1 | 3:58.6 |
| 38 JONES, James | | 4 | Bowie State | 38 | 32:20.6 | 7:26.6 | 6:30.5 | 4:02.6 |
| 39 TOWAH, Terry | SO | 56 | Johnson C. Smith | 39 | 32:30.0 | 7:36.0 | 6:32.4 | 4:03.8 |
| 40 LAWS, Christopher | FR | 136 | Virginia Union | 40 | 32:30.6 | 7:36.6 | 6:32.5 | 4:03.8 |
| 41 COWELL, Nuri | FR | 26 | Elizabeth City St. | 41 | 32:52.7 | 7:58.7 | 6:36.9 | 4:06.6 |
| 42 STEWARD, Lee | JR | 30 | Elizabeth City St. | 42 | 32:54.3 | 8:00.3 | 6:37.2 | 4:06.8 |
| 43 KALAWAN, sean | SO | 109 | St. Augustine's | 43 | 33:10.6 | 8:16.6 | 6:40.5 | 4:08.8 |
| 44 HARRELL, Matthew | SO | 27 | Elizabeth City St. | 44 | 33:10.8 | 8:16.8 | 6:40.6 | 4:08.9 |
| 45 BATES, Tyson | FR | 51 | Johnson C. Smith | 45 | 33:14.7 | 8:20.7 | 6:41.3 | 4:09.3 |
| 46 IZARD, Jaidon | FR | 147 | Winston-Salem St. | - | 33:20.1 | 8:26.1 | 6:42.4 | 4:10.0 |
| 47 ROSE, Caleb | | 6 | Bowie State | (46) | 33:24.5 | 8:30.5 | 6:43.3 | 4:10.6 |
| 48 NEWPORT, Vegas | FR | 55 | Johnson C. Smith | 47 | 33:34.4 | 8:40.4 | 6:45.3 | 4:11.8 |
| 49 WATKINS, Xavier | FR | 150 | Winston-Salem St. | - | 33:51.0 | 8:57.0 | 6:48.7 | 4:13.9 |
| 50 MUNGO, Jayden | SO | 82 | Livingstone | 48 | 34:01.0 | 9:07.0 | 6:50.7 | 4:15.1 |
| 51 BRADFORD, David | JR | 80 | Livingstone | 49 | 34:08.4 | 9:14.4 | 6:52.2 | 4:16.1 |
| 52 DELGARDO, IVAN | SO | 37 | Fayetteville St. | (50) | 34:14.8 | 9:20.8 | 6:53.4 | 4:16.9 |
| 53 WEST, KAHLIL | FR | 111 | St. Augustine's | 51 | 34:26.5 | 9:32.5 | 6:55.8 | 4:18.3 |
| 54 GEATHERS, JAYDEN | FR | 108 | St. Augustine's | 52 | 34:26.6 | 9:32.6 | 6:55.8 | 4:18.3 |
| 55 DUPREE, Saeed | SO | 54 | Johnson C. Smith | 53 | 34:32.7 | 9:38.7 | 6:57.0 | 4:19.1 |
| 56 PHIFER , Marcus | FR | 138 | Virginia Union | 54 | 34:43.1 | 9:49.1 | 6:59.1 | 4:20.4 |
| 57 NOBLES, Jackson | FR | 29 | Elizabeth City St. | 55 | 34:51.4 | 9:57.4 | 7:00.8 | 4:21.4 |
| 58 PHIPPS, Isaac | JR | 148 | Winston-Salem St. | - | 35:12.7 | 10:18.7 | 7:05.1 | 4:24.1 |
| 59 DILL, Stephan | SO | 53 | Johnson C. Smith | 56 | 35:14.8 | 10:20.8 | 7:05.5 | 4:24.4 |
| 60 PERRY, KALLEN | FR | 110 | St. Augustine's | 57 | 35:38.9 | 10:44.9 | 7:10.4 | 4:27.4 |
| 61 DILL, Mikal | SO | 52 | Johnson C. Smith | (58) | 35:51.5 | 10:57.5 | 7:12.9 | 4:28.9 |
| 62 MOBLEY , Ethan | FR | 137 | Virginia Union | 59 | 35:55.5 | 11:01.5 | 7:13.7 | 4:29.4 |
| 63 WATKINS, Javion | FR | 57 | Johnson C. Smith | (60) | 35:56.5 | 11:02.5 | 7:13.9 | 4:29.6 |
| 64 RIDENHOUR, Timothy | SO | 83 | Livingstone | 61 | 35:57.1 | 11:03.1 | 7:14.0 | 4:29.6 |
| 65 TREMBLE , Khourtney | FR | 139 | Virginia Union | (62) | 35:57.8 | 11:03.8 | 7:14.2 | 4:29.7 |
| 66 AXON, Chad | FR | 79 | Livingstone | (63) | 36:19.0 | 11:25.0 | 7:18.4 | 4:32.4 |
| 67 BOWMAN, Isaiah | FR | 14 | Claflin | (64) | 38:38.1 | 13:44.1 | 7:46.4 | 4:49.8 |
| 68 DAWSON, Kavante | FR | 121 | Virginia State | (65) | 38:47.9 | 13:53.9 | 7:48.4 | 4:51.0 |
| 69 CHAPPEL, brenton | SO | 106 | St. Augustine's | (66) | 40:58.0 | 16:04.0 | 8:14.6 | 5:07.3 |
| 70 HINTON, Jalen | SO | 134 | Virginia Union | (67) | 42:13.2 | 17:19.2 | 8:29.7 | 5:16.7 |
| 71 PITTMAN JR. , Timothy | FR | 149 | Winston-Salem St. | - | 42:19.4 | 17:25.4 | 8:30.9 | 5:17.4 |
| 72 JACKSON, Creedence | | 3 | Bowie State | (68) | 44:37.4 | 19:43.4 | 8:58.7 | 5:34.7 |

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| Athlete | YR | # | Team | Score | Time | Gap | Avg. Mile | Avg. KM |
|------------------------|----|-----|-------------------|-------|------|-----|-----------|---------|
| -- HAIRSTON JR., Cecil | FR | 146 | Winston-Salem St. | - | DNF | --- | --- | --- |