

AGING IN PLACE



A Better Nest[®]

From the Individual to the Community

In national surveys, more than 80% of Americans over the age of 50 express the desire to age in place

- Aging in Place: Preserving the ability for people to remain at home and in their communities for as long as possible
- Environmental factors that support Aging in Place come from two directions: the home itself and the community

Aging in Place: Benefits to the Person

*The ache for home lives in all of us,
the safe place where we can go as we are
and not be questioned.*

- Maya Angelou

Home is Where the Heart Is!

- Being “Home” Provides a Sense of Wellbeing
- Surroundings are Familiar and Comfortable
- It’s Easier to Remain Engaged in the Life We know and Love
- Existing Support Systems Remain Intact
- Remaining at Home *Seems* More Affordable

What Does the Head Say?

- Is “home” in the right location?
- Is it *really* more affordable to remain here?
- What would have to be done to make *this* home a healthy and supportive environment for aging?
- Is it worth the investment?
- What is “Plan B”?

Healthy Aging in Place Takes a Village...

- A Home Environment that Works For the Person
- Financial Resources to Create and Maintain a Safe and Healthy Environment
- Human Resources to Provide On-going Support and Assistance
- Community Resources to Keep Folks Engaged

YOU Bring Warmth into a Home



A Better Nest®

Home Livability Consultants

www.abetternest.net

615.624.0954