Co-Ed Division Rules

* Man to man defense only
* NO ISOLATION PLAYS
* Defense is to wait within their 3 point line before defending.  Players should not be waiting at the half-court line to start playing defense
* Two time outs per half
* Five minute half time
* 20 minutes running time per half.  Stop time the last two minutes of each half.
* 5 fouls per player
* 7 team fouls per half-shooting 1:1; 10 team fouls per half-2 shots
* No pressing allowed
* In the last two minutes of each half, the clock will start once the ball crosses half court

Middle School Division

* Man to man and zone defenses permitted
* Two time outs per half
* Five minute half time
* 20 minutes running time per half.  Stop time the last two minutes of each half.
* 5 fouls per player
* 7 team fouls per half-shooting 1:1; 10 team fouls per half-2 shots
* 10 point press rule--no press if leading by ten or more points

High School Division & Girls Division

* Man to man and zone defenses permitted
* Two time outs per half
* Five minute half time
* 20 minute running time per half.  Stop time the last two minutes of each half.
* 5 fouls per player
* 7 team fouls-shooting 1:1; 10 team fouls per half-2 shots
* 10 point press rule--no press if leading by ten or more points

All divisions will play a three minute overtime when necessary, with one timeout per overtime period.

Code of Conduct: All players and fans are expected to behave in a positive, responsible and respectful manner and refrain from the use of inappropriate use of language toward the players, coaches, referees and fans. Notably, no player, coach or fan should act in a disrespectful manner toward a referee. In the event of unruly and/or disruptive behavior, the Director, or his designee, will have the offending party removed from the courts.