

AWWC Code of Conduct

The Arctic Warriors wrestling club is a Freestyle, Folk Style, and Greco Roman wrestling club that accepts all wrestlers ages 5 and up regardless of skill level. The purpose of this document is to have a written guideline of what will be expected from parents and wrestlers throughout the upcoming season. The board and coaches at AWWC believe that the hard work, sportsmanship, and dedication that we teach in our program will benefit your children both on and off the mat. Please read the guidelines below with your wrestlers and submit a signed copy with your registration packet.

Wrestler

- I agree to be supportive of all wrestlers.
- I agree to bring a positive attitude to practice and tournaments.
- I will listen to coach's instructions and follow directions.
- I will raise my hand and ask questions if I don't understand the move we are working on.
- I understand that it is a privilege to practice at Wasilla Middle School and I will treat school property like I would treat my own.
- I will support and cheer for my teammates at tournaments and practices.
- I agree to have fun and participate in all games and club events.

Parents

- I understand that the use of Wasilla Middle school is a privilege and it is my responsibility to supervise my child at practices. Children must stay in the practice area and respect all school property.
- If I have a concern about the club or practice I will direct them to a board member for resolution.
- If I am asked to help at practice I will follow the lesson plan of the coach.
- I understand that wrestling is a physically demanding sport. If I see that my child is frustrated or fatigued, and that it is affecting his or her behavior and taking away from the other children in the group I will sit them out at practice or give them a day off.
- I understand that AWWC is made up of volunteer parents, coaches, and staff. I agree to help the club wherever possible.
- I will have my child at all practices and club events on time and prepared with the proper equipment.
- While at wrestling tournaments I understand that I must have at least a copper coaching certification to be allowed on the mat.
- While at tournaments you and your children are representing AWWC. I agree to set a good example and be supportive of others in the group.
- If I have a disagreement with another coach, parent or official at a tournament I will not argue or escalate the situation. This could result in penalties against our team. In those situations I will direct my concern to one of the AWWC coaches and they will follow the proper procedure.
- If I am a parent coach for AWWC I will use positive encouragement to teach kids. After a match I will tell the child what he did right, show him what he needs to work on in next week's practice, and end the conversation with something he did right.

Wrestlers Signature- _____ Date _____

Parents Signature- _____ Date _____