

# Foxboro Youth Basketball COVID Guidelines

(updated 1/18/22)

- These rules are for Foxboro Youth Basketball. These may differ from local school policies. These rules supersede other local rules when it comes to basketball.
- Parents must fill out TeamSnap questionnaire prior to every practice or game.
- Player will not be allowed to play if there is a failed screen on TeamSnap. Player must get a COVID test (PCR, molecular or rapid antigen test) and give test result to his/her coach or league director. Home testing is allowed.
  - A. If the test is negative, he/she may return to play per doctor's direction.
  - B. If a player tests positive, he/she must isolate at home for 10 days after symptoms first appear and until 24 hours after fever is resolved, without use of fever-reducing medicine, and other symptoms are improving.

## **Positive Test**

Symptoms day is "Day Zero"

Return after 10 days, with no symptoms, at the same time of day

|              |          |         |           |          |        |          |           |
|--------------|----------|---------|-----------|----------|--------|----------|-----------|
| Symptom Day: | Monday   | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday    |
| Return Day:  | Thursday | Friday  | Saturday  | Sunday   | Monday | Tuesday  | Wednesday |

- If a COVID positive player is at a practice or a game, the teammates of the COVID positive player will be considered a close contact. If an opposing player tests positive for COVID, the team will be contacted, but players in general will not be considered a close contact.
  - A. If a player is labeled a "close contact" to a person with COVID 19, he/she may be quarantined from basketball. This applies to unvaccinated players with below scenarios.
  - B. If a player is not in a "test and stay" program, he or she will not be allowed to play basketball for 7 days after exposure. Day Zero is the day of last exposure/contact. That player may get a COVID test (PCR, molecular or rapid antigen) on day 5 (or later) and return to basketball after a full 7 days from the exposure, provided a negative test result has been shared with the coach. Home testing is allowed.

Return after 7 days, with no symptoms, and negative test, at same time of day

|              |        |         |           |          |        |          |        |
|--------------|--------|---------|-----------|----------|--------|----------|--------|
| Symptom Day: | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Return Day:  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |

- C. Should that person decide not to test, he/she should quarantine from basketball for 10 days. Day Zero is the day of last exposure/contact.

**Close Contact (Unvaccinated, untested)**

Contact day is "Day Zero"

Return after 10 days with no symptoms, at same time of day

|                            |          |         |           |          |        |          |           |
|----------------------------|----------|---------|-----------|----------|--------|----------|-----------|
| Contact Day:               | Monday   | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday    |
| Return Day following week: | Thursday | Friday  | Saturday  | Sunday   | Monday | Tuesday  | Wednesday |

- D. If that player is part of a “test and stay” program at school, he or she may go to basketball on a SCHOOL DAY of a negative test result. He/she may not participate in a weekend activity during the 7-day quarantine, unless he/she receives a negative test result on the day of the basketball event. Home testing is allowed.

- A player who has had a documented case of COVID diagnosed by a medical professional within the last 90 days is exempt from having to quarantine if exposed. This player must wear a mask at all basketball activities for 7 days from exposure. As above, that player may not attend basketball if he or she is experiencing any symptoms on their TeamSnap questionnaire.
- A player who is considered fully vaccinated (2 weeks post second dose) will not need to quarantine after a close exposure. Players must wear a mask for 7 days after exposure to all basketball events, regardless of venue. As above, that player may not attend basketball if he or she is experiencing any symptoms on their TeamSnap questionnaire. You must email or text a copy of your vaccination card to your coach if this situation applies to your child.
- Masks must be worn properly by all players, coaches, staff and fans at all practices and games that are in a Foxboro school setting. Let’s set a good example in representing our town re: safety. You will be informed by your coach about “away” gyms or gyms not in a school setting.
- Guidelines are subject to change throughout the season pending the state of the COVID virus.