



2022 REGISTRATION FORM

Coaches/Board Use Only:
Jersey Number _____

Organization _____

Player/Cheerleader Info

Sport (check one): ☐ Cheer ☐ Flag Football (ages 4-6) ☐ Pee Wee Tackle (ages 7-8)
☐ Junior Tackle (ages 9-10) ☐ Senior Tackle (ages 11-12)

Name: _____
First Middle Last

Mailing Address: _____

Physical Address (if different): _____

City: _____ State: _____ Zip Code: _____

Gender: M/F (circle) Date of Birth: _____ Age on Aug 1, 2022 _____

School Attending 2022-2023: _____

Grade Level 2022-2023: _____ Any medical issues or problems? _____ Yes _____ No

If 'YES' please explain: _____

Parent/Guardian Info

Name: _____
First Middle Last

Relationship to child: _____

Primary Phone #: _____ Circle one: cell/landline

Other Phone #: _____ Circle one: cell/landline

Email Address: _____

Alternate Contact: _____ Phone #: _____

(Contact Information is obtained for LSYFC business, scheduling changes and/or emergencies and may include texts and emails.)

All Players and Cheerleaders must provide a copy of their birth certificate (state or county copy only).

All Players and Cheerleaders who are age 12 and in the 6th grade for the current season must provide a copy of the prior year's report card or a copy of the current year's class schedule to verify grade level.



Waiver Form and Release of Liability 2022

DISCLAIMER: In consideration of being allowed to participate with **Lone Star Youth Football & Cheer**, I hereby release and covenant not to sue **Lone Star Youth Football & Cheer**, its Board of Directors, paid workers, game officials, and any coach of any team participating in the **Lone Star Youth Football & Cheer** league from any and all present and future claims resulting from ordinary negligence on the part **Lone Star Youth Football & Cheer**, or others listed for property damage, personal injury, permanent disability, or wrongful death, arising as a result of my engaging in or receiving instruction while participating in the 2022 Football Season activities incidental thereto, wherever, whenever or however the same may occur. **Lone Star Youth Football & Cheer** is not responsible for any injury (or loss of property) to any person suffered while participating or in any other way involved in the 2022 Football Season for any reason whatsoever, including ordinary or gross negligence on the part of, Lone Star Youth Football & Cheer. I hereby voluntarily waive any and all claims resulting from ordinary negligence, both present and future, that may be made by me, my family estate, heirs, or assignees. Further, I understand that football is a vigorous team sport involving severe cardiovascular stress and physical contact. I understand that football involves certain risks, both known and unknown, including but not limited to, death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage and serious injury to all bones, joints, muscles and internal organs. I further understand that football involves a high risk of knee and ankle injuries. In addition, I understand that participation in the 2022 football season involves activities incidental thereto, including but not limited to, travel to and from the site of the activity, participation at sites that may be remote from available medical assistance and the possible reckless conduct of other participants. I am voluntarily participating in this activity with knowledge of the danger involved and hereby agree to accept any and all inherent risks of property damage, personal injury or death. I further agree to indemnify and hold harmless **Lone Star Youth Football & Cheer** and others listed, to the fullest extent permitted by law, for any and all claims arising as a result of my engaging in or participating in the "2022 Youth Football Season" activities incidental thereto, wherever, whenever or however the same may occur. I understand that this waiver is intended to be as broad and inclusive as permitted by the laws of Texas, and agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that the venue for any legal proceeding shall be in Texas. I affirm that I am of legal age and am freely signing this agreement. I have read this form and fully understand that by signing this form, I am giving up legal rights and/or remedies which may be available to me for ordinary negligence of **Lone Star Youth Football & Cheer** or any of the parties listed above.

In case of a medical emergency arises while participating in the programs, permission is given for staff personnel, including coaches, trainers, or their designees to seek medical help. Permission is given to physicians to perform needed treatment. The sports league agrees to contact you as soon as possible, if the medical emergency involves your minor child.

Player's Name _____

Parent or Legal Guardian's Printed Name _____

Parent or Legal Guardian's Signature _____ Date _____

Phone Numbers _____

Health Insurance Carrier, Group/Policy Number _____

Alternate Emergency Contact Name _____

Phone Numbers _____



RETURN TO PLAY WAIVER

In consideration of being allowed to participate in any way with Lone Star Youth Football & Cheer, any of its member organizations, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury and/or illness from the activities involved in the program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce the risk, the risk of serious injury does exist;
2. The risk to have contact with individuals, who have been exposed to and/or have been diagnosed with one or more communicable diseases, including but not limited to COVID-19 or other medical conditions, diseases, or maladies does exist, and it is impossible to eliminate the risk that I could be exposed to and/or become infected through contact with or close proximity with an individual with a communicable disease;
3. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume all full responsibility for my participation;
4. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and
5. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS LONE STAR YOUTH FOOTBALL & CHEER OF CENTRAL TEXAS, to include its member organizations, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of the premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.
6. **I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, BEFORE ACKNOWLEDGING THE CHECKBOX BELOW, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY AGREEING TO IT ON MY OWN BEHALF OR ON BEHALF OF THE YOUTH PARTICIPANT ASSOCIATED WITH THIS GUARDIAN ACCOUNT, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**



ACKNOWLEDGEMENT BY ADULT PARTICIPANT: By acknowledging and signing below, I agree and verify the following: 1) I consent and agree to assume the risks of participation in these programs; and 2) that I specifically agree to the release as provided herein of all the Releasees, and, for myself, my heirs, assigns and next of kin, I release and agree to indemnify the Releasees from any and all liabilities incident to my involvement or participation in these programs EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

ACKNOWLEDGMENT BY PARENTS AND/OR LEGAL GUARDIANS OF YOUTH PARTICIPANTS: By acknowledging and signing below, I agree to and verify the following: 1) I am the parent or legal guardian for the youth participant associated with this guardian account, 2) that the date of birth of the youth participant associated with this guardian account is correct, 3) that as parent/legal guardian with legal responsibility for this youth participant, I consent and agree to assume the risks of his/her participation in these programs; and 4) that I specifically agree to his/her release as provided herein of all the Releasees, and, for myself, my heirs, assigns and next of kin, I release and agree to indemnify the Releasees from any and all liabilities incident to this youth participant's involvement or participation in these programs as provided above EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

Printed Name

Signature

Date



Parent and Player Code of Conduct 2022

Parent Code of Conduct

- I appreciate that my child's involvement in playing football or cheerleading should be primarily for his/her own personal enjoyment, and I will not force my child or any child to participate.
- I will encourage and guide my child to accept responsibility for their own behavior and performance.
- I will develop an appropriate supportive relationship with both the coaches and the players/cheerleaders based on mutual trust and respect.
- I understand that punctuality is important and I will make every attempt to ensure that my child be on time for all practices, games, and other team or league events.
- I will promote the positive aspects of football (i.e. fair play) and never condone violations of the rules/regulations of the game, behavior contrary to the spirit of the rules/regulations of the game, or the use of prohibited substances or techniques.
- I will not exert undue influence to obtain benefit or rewards for myself or my child.
- I will keep coaches informed about problems that may be going on with my child, such as taking medication, physical illness, or going through some emotional trauma.
- I will place the emotional and physical wellbeing of my child ahead of my personal desire for them to win.
- I recognize that respect among adults is necessary for success in this league and that all adult volunteers are entitled to respect, as are the children.
- I will teach and demonstrate by example the importance of good sportsmanship by showing positive support for all players, coaches, and officials at every game, practice or league event.
- I will insist that my child play in a safe and healthy environment.
- I will not use profanity or make otherwise disparaging or insulting remarks toward or about others while attending or participating in league activities.
- I will let my child/children know I appreciate it when they and their teammates try hard even if they lose the contest, and I will always praise the effort and performance more than the results.
- I will not smoke, vape, or use tobacco products in the parking lot or on the premises of any LSYFC event and I understand that I can be ejected for this. I will also communicate this requirement to any family or friends who attend LSYFC events.
- I will insist that my child's coach upholds to the Coaches' Code of Ethics.
- As a parent, guardian or spectator I will responsibly handle disagreements. I agree not to engage in divisive activity such as verbal and physical confrontation. I will not create conflict by slander, malicious rumors or threats, nor will I entice others to do so. I agree to submit any complaints to a LSYFC Board Member.
- I will ensure that my child adhere to the Player's Code of Ethics (below).

Player/Cheerleader Code of Conduct

- Players and cheerleaders will participate because they enjoy the sport, and to learn the fundamentals of football and cheer, NOT to please parents or coaches.
- Players and cheerleaders must strive to maintain GOOD grades in school while participating.
- Players and cheerleaders acknowledge that both football rules/regulations and LSYFC rules/regulations are important, and are expected to be followed.
- Players and cheerleaders will show respect, dignity and worth toward all coaches, other parents and referees at all times.
- Players and cheerleaders will demonstrate good sportsmanship on and off the field at all times.
- Players and cheerleaders will not fight, use foul language, or argue with the coaches, other participants, or officials.
- Players and cheerleaders will be coachable, ready to learn, and have fun.
- Players and cheerleaders will be team players and always put the team first.
- It is players' and cheerleaders' responsibility to report all equipment problems to coaches immediately.
- Players and cheerleaders will understand that football and cheer are TEAM sports, and ONE person does not make or break the team.
- Players and cheerleaders will play with safety and sportsmanship in mind always.

I have read the code of conduct outlined for both parents and players above. I agree to uphold the Parent Code of Conduct and have reviewed with my child and will hold them responsible for upholding the Player/Cheerleader Code of Conduct.

Parent Signature _____ Date _____