



Rules & Expectations

All players and parents will be expected to abide by the following rules and expectations. Expectations and Rules for are in addition to any Trans Valley Youth Football League (TVYFL) League Rules. Understanding and following these rules is imperative to a successful and fun season for everyone involved. Please read the following carefully, if you have questions contact your coaches.

Respect

Players will be respectful to everyone on and off the field. Their actions as a member of the team reflect on the whole team, coaching staff, LOCAL TEAM and the TVYFL.

Practice, Attendance, & Missing equipment

The local team's intention is to teach the players to be competitive and successful. They will learn that hard work and dedication pays off in the end as part of this program. Players who do not pay attention during practice may be benched by the coaching staff. Players not properly prepared may be benched at the coaching staff's discretion. This is not a recreational league.

During practices players will be dropped off no sooner than 20 minutes before the beginning of practice. Please arrive on time to pick up your child after practice or a game. Players will be picked up promptly at the end of their practices, if you have a Jr. Novice player you need to be there at the end of their practice. They will not be allowed to wait a half hour alone until the older sibling is done with their practice. Parents will follow other given instructions on where they can observe practice from, the sidelines of the field is not an acceptable location. Parents will not interfere with practices in any way, step onto the field at any time during a practice. One infraction of this may be grounds for the parent's removal from all future practices and or games.

Parents will not allow non-participating children to run free on the field or around the grounds where we practice. They should not be climbing the fences or playing with any football equipment we have around practice.

It is imperative for the team's success that players attend practices. Players will attend all practices unless they have called their head coach before practice starts with a valid excuse for missing practice. Players who have missed practice during a week for any reason may be deemed ineligible to play in the game. Missing gear will constitute an unexcused missed practice. Players are responsible for their own gear. Excessive missed practices will be grounds for dismissal from the team. Injured players are expected to attend practice in street clothes so they do not fall behind their teammates, sick players should stay home and get well. Players who are to sit out a whole game are expected to attend the game to support their team from our sidelines, but will not dress out in full uniform.

Player Safety

The coaches will hold the safety of all the players as their primary concern when making position assignments, playtime determinations, etc. Players who do not know their positions, or refuse to do their assigned tasks for any reason, pose a safety risk for the rest of their team and may be deemed ineligible for the game.

Injuries

Players need to immediately report any injuries to a coach so proper care can be given to the player. If any Coach,

Player Safety Commissioner (PSC), Leg Rep and/or Cheer Rep thinks it is necessary for the player to go to the doctor, that player will not be allowed to participate in practices or games until he has a written release signed by a doctor. The safety of every player is our number one concern.

Positions & Playtime

The local team participates in the TVYFL and as such must abide by the rules and regulations. One such rule is the Minimum Play Rule. Coaches are required to allow each player 10 plays on the field per game. Players must attend practices during the week to be eligible to play. This means that 10 plays is the minimum we must put your player on the field, beyond that it is up to the coaching staff to determine if more playing time has been earned in practices. Players will be placed in the positions the coaching staff determines they are best suited for. Players who regularly attend practices, work hard and perform the best will be given the best positions. Players must attend the league minimum number of practices to be eligible for that weeks' game. Positions may be earned every week.

Player Behavior

Players, who repeatedly disrupt practice, fail to pay attention during practice or display behavioral difficulties towards team mates, coaches or anyone else will be asked to leave practice and will not participate in that week's game. Multiple violations may be grounds for dismissal from the team.

Players shall not be allowed to run around and play on the fields or behind the stands during games, they are expected to sit with their team or parents and watch until it is their team's time to play. They should not be allowed to run wild.

***Spectators at Practices/Games ***

A Standard of behavior is expected at practices & games, coming onto the sideline to confront a coach or heckling from the stands is absolutely unacceptable behavior. You will be removed from the premises if you are conducting yourself in such a manner. Fans are to abide by all TVYFL Sportsmanship rules.

Communication with Coaches/Board

Players, are encouraged to approach the coaches with concerns regarding playtime & positions. Parents may not approach coaches during practice or during games. The coaching staff will be happy to speak to parents at the appropriate times.

The local team is a volunteer organization. No one involved is being paid for their time, and everyone is expected to at least do a small part to help out. Please remember when you are being negative about the coaches or board that they give up a large chunk of their time to make this program happen, and without them it would not be happening. If there are issues it is best to address them with people in charge directly. The local team is here for the interests of the player base as a whole and the interests of the program continuing to be viable. Stirring up trouble amongst other parents, talking bad about your coaches, riling people up to do something about a perceived injustice about any issue at any time is unacceptable. As adults you should be able to speak honestly and frankly with the Board and coaches at appropriate times, and understand that you may not be seeing the whole picture.

The local team may maintain a presence on social networking, media websites and may maintain a website for the purpose of sharing positive support, discussion as well as a channel for delivering relevant information in easily accessible ways. The pages will be moderated for appropriate content by the members of the e-board and those they designate as moderators for the task. Posts shall carry a positive tone, be non-confrontational and not meant to stir up ill-will for or within the program.

Questions regarding any type of business or how the program is run shall be directed to the appropriate individuals during the monthly general board meeting only.

Uniform & Equipment

During games, all players will be dressed in team approved gear only. Players will not be permitted to wear any gear intended to set them apart from the rest of their team. No exceptions. No jewelry may be worn in practice or games. MOUTHGUARDS MAY NOT BE CLEAR OR WHITE EVEN IF THEY ARE DENTIST ISSUED.

Weather

We will practice in all weather conditions; Rain, snow, wind, hail, and hot summer sun. Players should bring a warm change of clothes during the wet and cold part of the season for after practice. Unless you get a phone call, text message, or email from one of your coaches, there will be practice.