

2020 Parent and Player Responsibilities at Practice and Games
(From Phase IV Return to play provided by Soccer Maine)

Parent Responsibilities:

- Ensure child is healthy, check your child's temperature before attending a training session.
- Limited or no carpooling.
- Stay in car or adhere to social distance requirements, based on state and local health requirements.
- Ensure child's clothing is washed after every training session.
- Ensure all equipment, cleats, ball, shin guards etc. are sanitized before and after every training.
- Notify club immediately if your child becomes ill for any reason. This is a requirement.
- Do not assist coach with equipment before or after training.
- Be sure your child has necessary sanitizer with them at every training. This is a requirement.

Player Responsibilities:

- Take temperature before attending training session, if you have a temperature of 100° or higher, do not attend training session or activity.
- Wash hands thoroughly before and after training.
- Bring and use, hand sanitizer with you to every training.
- Do not touch or share anyone else's equipment, water, snack or bag.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- No group celebrations, no high 5's, hugs, handshakes etc.

Follow all Maine CDC guidelines: <https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus.shtml>
Governor Mill's Reopening Plan: <https://www.maine.gov/covid19/restartingmaine>