

CESC COVID Action Plans for 2021 Spring/Fall Season

In the Event of a Positive Test of Player, coach or ref

1. Confirm with Individual's Parent/Guardian the positive test
2. Inform Individual/Parent/Guardian that they must remain out of soccer until RETURN TO PLAY Protocols are met 14 days after confirmation of most recent positive test, in compliance with CDC recommendations and Soccer Maine protocols
3. Halt participation of that age and gender for 14 days
4. Recommend participation in contact tracing through Maine CDC Sara Alert
 - a. <https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus/contact-tracing.shtml>
5. Begin Communication Action Plan

Communication Action Plan in the Event a Player/Coach/Ref Tests Positive:

1. Send Email to the entire club that a participant (Player/Coach/Ref) has tested positive and contact tracing via public health department has begun.
2. Communication to teams at that age and gender level shutting down the team and or whole gender/age level for 14 days based on current CDC guidelines.
3. Notify referees via email/phone that may have reffed games that involved the individual if individual is not a ref.
 - a. If individual is a ref, remove from reffing for 14 days.
4. Notify Club President and Coach of teams that the individual may have participated against within the last 2 weekends via an email and a phone call. (If U14 team)
5. Recommend participation in contact tracing through Maine CDC Sara Alert
6. Follow up with individual every 4 days until cleared by PCP to return
7. Communicate with club reminding them of safe practice and game protocols.

Return to play by Player/coach/Ref who Tests Positive

1. Participant must receive 2 consecutive negative tests and receive clearance from their primary care physician.
 - a. Specifics for protocols for return to play will be guided by that individual's physician and public health guidance at the time of the positive test
2. When player returns, they will go through same protocols to play as every other child to participate

Return to play for coaches/teammates of infected player

1. Players may resume practice and games 14 days after notification of individual affected or Per CDC and Soccer Maine guidelines, assuming no development of illness
2. Teammates of infected players are recommended to remain in quarantine for 14 days as noted by CDC guidelines

References:

- 1) COVID-19 Interim Guidance: return to sports. <https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-interim-guidance-return-to-sports/>
- 2) CDC: When to Quarantine. <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>
- 3) COVID-19 Maine Contact Tracing: <https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus/contact-tracing.shtml>

