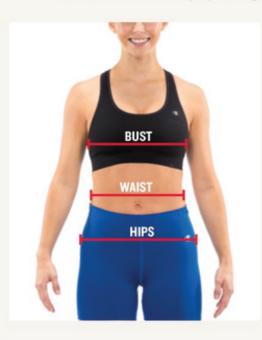
Champion | TEAMWEAR

FIND THE RIGHT FIT & SIZE

To get the most out of your uniform, warm-up, or practice wear, you need the right fit. Let us help you get the fit you deserve.



HOW TO MEASURE

BUST Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your finger tips meet and make the measurement.

WAIST Measure around your natural waistline where your hips start. Be careful not to squeeze too tight to allow a little give.

HIPS With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably.

Get more sizing information for all products.

championteamwear.com



LADIES'	XS (0-2)	S(4-6)	M (8-10)	L (12-14)	XL(16-18)	2XL(20-22)	3XL(24-26)
CHEST	32-33 1/2	34-35 1/2	36-38	38 1/2-41	41 1/2-45	45 1/2-48 1/2	49-52
WAIST	25-26 1/2	27-28 1/2	29-31	311/2-341/2	35-39	39 1/2-42 1/2	44-47
HIP	351/4-37	37 1/4-39	39 1/4-41 1/2	42-44 1/2	45-48	48 1/2-51	52-55
THIGH	19 1/2-20 1/2	21-22	22 1/4-23 1/2	24-25	251/2-28	28 1/2-30 1/2	31-33

GIRLS'	YXXS (3T/4T)	YXS(4/5)	YS (6-6X)	YM (7/8)	YL(10/12)
CHEST	20-22	22 1/2 - 24	24 1/2 - 25 1/2	26 - 28	29 - 31
WAIST	19 1/2 - 21 1/2	22 - 23	23 - 24	24 - 25	25 - 27
WAIST	21-23	23-25	25 - 26 1/2	27 - 30	31 - 34
THIGH	12 - 13	13 - 14 1/2	14 1/2 - 15 1/2	16 - 17	171/2-19



What garments do I apply the Bust and Waist Measurements to?

- Any garment intended to be worn on the top half of the body such as jackets, cheer shells, T-shirts, bras, etc.
- This would also apply when choosing sizing for dresses and/or body suits that cover the top half of the body.

What garments do I apply the Hip Measurement to?

- Any garment intended to be worn on the bottom half of your body such as shorts, pants, skirts, and leggings.
- This would also apply when choosing sizing for dresses and/or body suits that cover the bottom half of the body.

The model shown is a Woman, do the same tips apply to Men?

- Yes, the same measuring tips apply to Ladies, Girls, Men, and Youth.

What happens if I measure in between sizes?

- If you prefer a tighter fit, size down.
 - If you prefer a looser fit, size up.

UNISEX/MEN	XS	S	M	L	XL	2XL	3XL	4XL	5XL
CHEST (in.)	33-34	35-37	38-40	41-43	44-46	47-49	50-52	53-55	56-58
WAIST (in.)	26-28	29-31	32-34	35-37	38-40	41-43	44-46	47-49	50-52
HIP (in.)	33-34	35-37	38-40	41-43	44-46	47-49	50-52	53-55	56-58
INSEAM (in.)**	31	32	32	32	32	33	33	34	34

WOMEN	XS	SM	MD	LG	XL	2XL	3XL
NUMERIC SIZE*	0-2	4-6	8-10	12-14	16-18	20-22	24-26
CHEST (in.)	32-33	34-35	36-37	38-40	41-43	44-46	47-49
WAIST (in.)	24-25	26-27	28-29	30-32	33-35	36-38	39-41
HIP (in.)	33-35	36-37	38-39	40-42	43-45	46-48	49-51
INSEAM (in.)**	31.5	31.5	31.5	32	32	32	32

YOUTH/BOYS	YXXS	YXS	YS	YM	YL	YXL
NUMERIC SIZE*	3T-4T	4T-5T	6-8	10-12	14-16	18-20
CHEST (in.)	20-21	22-23	24-26	27-29	30-32	33-35
WAIST (in.)	19.5-20.5	21-21.5	22-23.5	24-25.5	26-27.5	28-29.5
HIP (in.)	21-22	23-24	25-27	28-30	31-33	34-36
INSEAM (in.)**	16	19.5	22.5	26	29	30

GIRLS	YXXS	YXS	YS	YM	YL
NUMERIC SIZE*	3T-4T	4T-5T	6-8	10-12	14-16
CHEST (in.)	20-21	22-23	24-26	27-29	30-32
WAIST (in.)	19.5-20.5	21-21.5	22-23	23.5-24.5	25-26
HIP (in.)	21-22	23-24	25-27	28-30.5	31-34
INSEAM (in.)**	16	19.5	22.5	26	29

^{*}These are sizing guidelines. Please take your body measurements to determine your most accurate size.

^{*}If you are in between measurements/sizes, we would recommend sizing up to the larger size

^{**}These are the average inseam pant lengths. Please see product specs or talk to your sales representative for specific inseam lengths of each bottom.