



Travel Rules

The following travel details will hopefully answer all questions and/or concerns about the club's upcoming trips to participate in out of region or out of state tournaments. Parents and players will be reviewing these issues in the Code of Conduct Document. Nona Volleyball Academy takes the responsibility of traveling with a group of young ladies very seriously. We will have a zero tolerance policy for all players who violate any rule or code of conduct throughout the duration of the trip! From the moment that a player arrives at the airport to the moment that they leave it, each player will be under strict supervision by designated team coaches, parents and chaperones. All members of the staff will have the authority to reprimand any player and all incidents of misconduct will be brought to Club Director Clirvaens Pressoir's immediate attention. Players and parents need to understand that the overall purpose of this trip is to participate in a volleyball tournament. Team social activities are secondary to tournament requirements. Coaches will ensure that players have the opportunity to get at least eight hours of sleep per night and are eating three meals a day. Social plans will be made around each team's playing schedule and sleeping and eating requirements. Players must understand clearly that while they are under the supervision of Nona Volleyball Academy personnel, they will act in a responsible and appropriate manner. Everyone wants to have an enjoyable trip and in an effort to do this, everyone must be aware of and in agreement with some very basic policies.

The following expectations are those that Nona Volleyball Academy has for all players and teams when traveling to an out of town tournament. The club and its staff are working hard to maintain a first class reputation; therefore, its expectations are high and those who fail to meet them will suffer consequences.

1. Players will act in an appropriate manner at all times. This includes volume of voices, choice of words, course of actions, choice of dress, respect to property (i.e., hotel and airline items), etc.

- At any out-of-town tournament, all players are under the direct authority of the Nona Volleyball Academy coaches, chaperones, and club representatives.
- Even if your parents come to the tournament, players are still expected to adhere to club & team rules as well as attend all team functions.

2. Each player is expected to treat all other players, teammates, coaches, referees, and fans with courtesy and respect.

3. Players must be on time for all team commitments. Be sure to know where and when to be at scheduled locations.
4. Each player will keep their coach, chaperone, or team parent informed of their whereabouts at all times. This rule also applies for all local and regional tournaments.
 - At out-of-town tournaments, players may only be dismissed from team functions (playing site areas, hotel, team dinners, etc.) if their parent is present at that tournament.
 - Player/parent must ask permission from the coach and/or chaperone before being excused from team functions.
 - Player/parent must inform coach and/or chaperone where they will be and their approximate return time if they are dismissed from the team function.
5. Curfew will be set on a nightly basis depending on the team's playing schedule. Athletes are expected to strictly follow curfew barring an emergency.
6. Players will not disturb other hotel guests/airline passengers or hotel/airline staff. If any staff has to contact the coaches/chaperones in efforts to curtail disturbances, the coaches and/or club director will address the issue with all players involved in the incident.
7. At the airport (waiting at gate, walking around or at the baggage claim), players must always be in groups of three (3) or more.
8. Within the hotel, players must always be in groups of two (2) or more.
9. Outside of the hotel, players must have an adult (Nona Volleyball Academy staff, parent, or chaperone) accompany them. NO Player (even if they are 18 years old) is allowed to leave the hotel property without an adult with them.
10. While in the hotel rooms, players must not leave doors open or prop doors open with latches or other items.
11. Nona Volleyball Academy, and USAV's Alcohol, Drug, and Tobacco Policy will be strictly enforced.
12. Any additional costs incurred while traveling will be charged to the player's account statement. This includes the replacement costs of misused or stolen hotel items.
13. When riding/driving in team vehicles, all players MUST buckle their seat-belts. This rule applies to any player riding/carpooling with other families/adults.
14. Teams will clean up their areas prior to leaving any tournament site.
15. Serious violations of the travel rules will result in the player being sent home immediately at the parent's expense.

Each rule infraction and misbehavior will be brought to the Director or Administrator's immediate attention. Player's must remember that they are not only representing their team, but also Nona

Volleyball Academy. We want to be able to return to these tournaments, hotels and fly the airlines for future tournaments so please act and think responsibly.

READ BEFORE SIGNING

In consideration of being allowed to participate in any way in Nona Volleyball Academy, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risks of injury and illness (ex: communicable diseases such as MRSA, influenza, and COVID-19) from the activities involved in this program are significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce these risks, the risks of serious injury and illness do exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Nona Volleyball Academy their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL INJURY, ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant Name: _____

Participant Signature: _____

DATE SIGNED: _____

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of the activity and his/her responsibilities for adhering to the rules and regulations. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's/ward's involvement or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

Parent/Guardian Name: _____

Parent/Guardian Signature _____

DATE SIGNED: _____

Emergency Phone Number: (_____) _____