



Code of Conduct

GENERAL RULES

We believe that the most important function of our group is to use rope jumping as a means of helping young men and women develop into great athletes and productive citizens. Team members are required to maintain and uphold the reputation of GSS through their own conduct and team spirit.

I, _____, am expected to:

- o be respectful to all jumpers, coaches, staff, adults, spectators, visitors, etc.;
- o stay on task at all practices and performances;
- o stay in designated areas during all team functions; always letting a staff member know where I am going;
- o maintain a healthy lifestyle;
- o practice/exercise at home to increase skill level; and
- o follow the expectations for jumpers set out in the GSS Handbook.

I will avoid the following:

- o Derogatory remarks toward other members of the team, the coaching staff, or other teams/organizations.
- o Excessive Absence from practices/events and missing a called practice during the week before a performance and four weeks before a competition without notice.
- o Failing to follow specific instructions of coaches.
- o Wearing incorrect uniform, inappropriate clothing or the wearing of jewelry, glitter or makeup at jump rope practice and/or event.
- o Use of inappropriate language or conduct during practice and/or performances.
- o Causing problems with members of GSS or any staff members.
- o Not maintaining a 2.5 GPA or suspension from school.
- o Fighting.
- o Blatant disrespect to the coaching staff.
- o Negative representation of oneself and the team, i.e., inappropriate gossiping, emailing, blogging, facebooking and other forms of mass communication.



Code of Conduct (continued)

I understand the following:

1. First offense, I will be warned.
2. Second offense, I will be required to either sit out - in-practice suspension or depending on the offense phone my parents to leave practice which will require a conference with the parent and coach to return.
3. Repeated offenses of the same nature upon my return to the next practice or at the next event will lead to a two week suspension or possibly being expelled from the team for the remainder of the season.

Policy Against Harassment and Defamation

Harassment – Derogatory remarks toward other members of the team, the coaching staff, or other teams/organizations will not be tolerated. Fighting, inappropriate touching or groping, bodily contact or interactions with fellow teammates, malicious gossiping, bullying of fellow/other jumpers, improper tones of voice or communication with adult coaching staff will not be tolerated from jumpers and/or parents.

Defamation – Defamation, which is judicially defined to mean, the unprivileged oral or written publication of a false statement of fact which exposes the person about whom it is made to hatred, contempt or ridicule or subjects that person to loss of the good will and confidence of others or so harms that person's reputation as to deter others from associating with her or him. Cyber defamation is hereby defined as false communication that is published with the specific intent of harming the reputation of another individual, group or business. Defamation of GSS or any of its representatives or members will not be tolerated and is considered a separation offense which will lead to an expulsion or suspension from the team under the GSS team policies.

Authority – The Head Coach has full authority in managing the team and any dispute, complaint or criticism involving coaches, jumpers or parents of the team should be brought to the attention of the Head Coach. The Head Coach reserves the right to suspend/remove a jumper and/or parents from the team if the jumper and/or his/her parents are causing problems that cannot be resolved.

However, a Hearing can be requested with the Team's Board of Directors to resolve any dispute, complaint or issue that cannot be resolved on the staff level.

REMOVAL

GSS reserves the right to remove a jumper from the team, if the jumper and/or the parent(s) are causing problems that cannot be resolved.

I have read and understand the Code of Conduct for GSS and hereby attest that I will follow the rules and regulations outlined in this document. I understand that if I violate the terms of this agreement, I may be subject to disciplinary action.

Parent Signature_____

Date_____

Jumper Signature_____

Date_____