



2019-2020 Registration Packet
Electronic Registration: www.sitystars.com



Registration Checklist

All forms must be returned before registration is complete.

Jumper Name _____

Registration Date _____

Forms

- ☐ Jumper Registration Form
- ☐ Fee Agreement
- ☐ General Participation Agreement
- ☐ Parental Volunteer Agreement
- ☐ Practice Policies & Procedures
- ☐ General Permission Slip
- ☐ Code of Conduct
- ☐ Medical Card

Packet Received _____

Amount Paid _____



Welcome

Welcome to the GSS' Jump Rope team. Our training program is year round based on an average of 50 hours per month. Students may enter our program at any time. Of course, the more the jumper attends, the more the fitness and skill level will improve. GSS offers flexibility with your training schedule, based on your availability and commitment level.

Introduction Series -- Core Classes Description

The focus of these classes is proper jump rope technique, discipline, and FUN! The Program begins in September and culminates with our production in June. This is our core program – to focus on the basics and fundamentals and introduce the jumper to the intricate world of jump rope.

Our instructional program runs for the entire year. Jumpers will learn Single Rope Skills, Partner Challenges, Speed and Power Moves, Choreographed Group Routines, Double Dutch Turning & Jumping, Stretching, Toning, Calisthenics and Tumbling. The participant will jump rope in a challenging and goal-oriented environment while learning about teamwork and physical fitness.

Classes are held in Greenbelt, MD and are available for ages five years to adult. Participation in our classes develops coordination and motor skills, balance, flexibility, strength, concentration, poise, posture, discipline, while learning about jumping rope with correct technique, proper equipment and progressive programs designed to gain athletic advantages in speed, quickness, agility, muscular endurance, aid in weight loss, rehabilitation and improve cardiovascular health!

Team Enrollment

- One time yearly fee (non-refundable)
- The team enrollment fee is required for all parties to enroll in monthly instructional, fitness and core classes and is added to your first month's tuition. The fee covers equipment, administrative cost and student/athlete secondary insurance. This does not cover the registration fee for the competitive or performance program.

Team Tuition

- Due Quarterly on the 1st day of each session (non-refundable)
- Monthly Payment options are available. A deposit is required
- \$15 Late Fee after the 10th of the Month
- Training Fees are due on the first day of the session or the first day of the month, depending on your payment selection. Failure to pay the fees in the manner agreed upon will result in the jumper being suspended from practice, team events, outings, performances, competitions, etc. or possible removal from the jump rope program. Please contact the Head Coach to discuss financial arrangements. Checks should be made out to Greenbelt CITY Stars and include the appropriate information at the bottom of the check, especially the child's name.



Schedule of Fees

Team Fees

Registration Fee: (one time annual fee)

\$50 per jumper

(\$90 for 2 jumpers; \$120 for 3 jumpers)

* jumpers receives bag, shirt, ropes, training dvd, training notebook

Tuition Fee:

\$195 per jumper per session

(session = 3 months)

Monthly Payment Option:

\$75 per jumper per month

(\$50 deposit required)

Discount:

12% for:

- Sibling/Family Member
- Greenbelt resident
- One Day a Week Attendance

Testing Fee (Advancement):

\$25 (per test level)

Audition Fee (Performance Team):

\$25 (one time fee)

Registration Fee (Performance Team):

\$50 (one time fee)

Competitive Team Fee:

* members of the competitive team
yellow star jumper and above

\$100 per month (additional)

(This fee is in addition to the membership fee. It will be used for membership registrations fees, competitive registration fees, training workshops and travel costs to local/regional competitions, national and international competitions)

Equipment Fees:

As separately listed – please see equipment list



Tuition & Fees Policy

GSS' Jump Rope training is a year round program with session fees and/or monthly tuition based on an average of fifty (50) training hours per month. Students may enter our program at any time. The tuition will be pro-rated, if necessary, based on your start date.

Each class offers 50 hours of training per month. Of course, the more the jumper attends, the more the fitness and skill level will improve. GSS offers flexibility with your training schedule, based on your availability and commitment level.

TEAM ENROLLMENT FEE

- **\$ 50** annually per jumper
- **\$ 90** annually for 2 jumpers
- **\$ 120** annually for 3 jumpers

** The team enrollment fee is required for all parties to enroll in monthly instructional, fitness and core classes and will be added to your first month's tuition. The fee covers equipment, administrative cost and student/athlete secondary insurance. This does not cover the registration fee for the competitive or performance program or testing (advancement) fees.

TEAM TUITION

(Please see Schedule of Fees)

- Due Quarterly on the 1st day of each session (non-refundable)
- Monthly Payment options are available. A deposit is required
- \$15 Late Fee after the 10th of the Month
- Training Fees are due on the first day of the month. Failure to pay the fees in the manner agreed upon will result in the jumper being suspended from practice, team events, outings, performances, competitions, etc. or possible removal from the jump rope program. Please contact the Head Coach to discuss financial arrangements. Checks should be made out to Greenbelt SITY Stars and include the appropriate information at the bottom of the check, especially the child's name.

PAYMENTS

- Tuition is due monthly by cash or check. We also accept cash app, PayPal (+2.9% + \$0.30 processing fee) and credit card (+3.0% + .20 processing fee). Payments are the same amount each month regardless of how many classes are taken within that month. We do not prorate for holidays, or missed classes. An account statement will be emailed or handed out each month and a payment receipt will be emailed to the billing contact's email address on file.



Tuition & Fees Policy

- Once enrolled in our program, you will stay enrolled with tuition charges until you withdraw from the team. If you choose to withdraw from the team, a withdrawal form must be submitted to the team.
- GSS is a year round program with a flat rate monthly tuition based on an average of four classes per month. If five classes are available in a month, we do not increase tuition. If three classes are available in a month, we do not pro rate tuition.

SPECIAL EVENTS

- Two (2) annual productions are scheduled to be held each season. Each registered jumper is required to participate in the production and sell 10 tickets to the show.
- Workshops, Outing Trips, Camps, and Clinics are not included in the tuition even if sponsored by the Greenbelt S.I.T.Y. Stars. These fees are due at the time of registration for all special events. No refunds are provided for special events.
- Invite a friend/family member and if they sign up for three months of classes, you will receive a \$50 credit toward your tuition which will be placed in the jumper's account. The person must be new to the Greenbelt S.I.T.Y. Stars and please make sure they mention your name.
- The team will host Jumper Account fundraisers for the jumpers to build funds in their account. Profits from these fundraisers are placed directly into the jumper's account to be utilized for team expenses. All funds raised by a fundraiser hosted by the team belong to the team and are not refundable. Any funds due when the jumper withdraws or leaves the team will be deducted from the jumper's account. Remaining personal funds will be refunded. Fundraised monies will remain with the team. A jumper's individual fund is used to offset expenses for monthly fees, equipment, uniforms, fees, hotel, and/or transportation costs to an out-of town trip. An individual account cannot be withdrawn and taken in cash.
- There are no refunds or credits for missed classes for any reason, including injury or illness. Class schedule is subject to minimum and maximum enrollment requirements and may change without notice. Tuition is non-transferable and non-refundable.

ADDITIONAL FEES

- \$25 - Testing (Advancement) Fee
- \$25 - Audition Fee (Performance Team)
- \$50 - Registration Fee (Performance Team)
- \$100 - Competitive Team Fee (Monthly)
- \$15 - Per late payment (due after the 15th of the month)
- \$35 - Per returned check



Tuition & Fees Agreement

This Agreement (the “Agreement”) is dated as of _____, 2019, by and between the **GREENBELT S.I.T.Y. STARS** (“Team”), SITY Stars Academy and _____ (“Parent/Guardian”), (collectively the “Parties”) for jump rope services rendered.

The Parties agree as follows:

1. SERVICES: The Team will offer the services described below:

- Jump Rope and Fitness Training including but not limited to, double dutch, single rope, speed, freestyle, cardiovascular conditioning, strength and flexibility for 2 to 10 hours per week depending on the team the jumper is registered on.
- Ballet, Acro Dance, and Tumbling training
- National Visibility and Exposure, if a member of Performance or Competitive Team

2. EQUIPMENT: The following equipment will be provided for each jumper’s use while a member of the team: Training Documents, Double Dutch Ropes, Tumbling Mats, Strength and Fitness Equipment, Uniforms and most Costumes.

3. PAYMENT OPTIONS:

- Payment for services provided by the Greenbelt Sity Stars is listed on the Fee Schedule. I have read the tuition and fees policies, and I agree to pay my child’s tuition to the team when due.
- Also, I understand that if the agreed upon payment amount is not received by the agreed upon schedule due on the 1st day of the session or the 1st day of the month, unless otherwise agreed, a \$15 late fee will be incurred and my child will be suspended from practice, team events, outings, performances, competitions, etc. after the 10th of each month and cannot return to team activities and/or training until the amount is paid.

4. GENERAL PROVISIONS:

- All fees due and paid to the team are non-refundable.
- If a parent makes payments toward a Local / National / International Workshop and/or Competition, all fees are refundable *THAT HAVE NOT BEEN PAID TO THE HOSTING LEAGUE/COMPANY/ORGANIZATION* (i.e., airlines, hotel or housing deposits, team/league registration fee, etc.).
- Failure to pay said fees for services provided in said Agreement will result in the jumper being suspended from practice, team events, outings, performances, competitions, etc. or possible removal from the jump rope program.
- Any changes to this Agreement must be signed by both the Team and Parent.

AGREED AND ACCEPTED BY:

GSS Head Coach

Parent

Kimberly Bradshaw
Signature

Signature

Date

Date



General Participation Agreement

Consent For Participation

The risk of injury from sports activities/programs can be significant, depending on the injury, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,

I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees or others, and assume full responsibility for my participation.

1. I, _____, parent/guardian _____, give permission for my child to participate in this Greenbelt S.I.T.Y. Stars (GSS) activity. I hereby certify that my child is physically capable of participating in fitness, strength, exercise, tumbling, dance activities included in the training classes of the Greenbelt S.I.T.Y. Stars (GSS). I also certify that my child is medically cleared by his/her physician (doctor) to participate in this physical activity. I understand that the team, its coaches, members and agents assume no responsibility for injuries incurred during the participation in those activities.
2. I understand and accept that GSS will do its utmost to protect my child and to provide the safest, fullest experience possible in its sole discretion. As in any athletic sports program, I realize that the possibility of injury exists and I authorize medical care and treatment for my child which may be necessary in the event of illness or injury during participation in team activities. I authorize the staff of GSS or their designee to take any measures for his/her safety.
3. We (myself and child) willingly agree to comply with the stated and customary terms and conditions for participation. We understand that non-compliance to the policies of the team will result in dismissal/removal from the team. If, however, we observe any unusual significant hazard during my presence or participation, we will remove myself from participation and bring such to the attention of the nearest official immediately.

Release of Liability

4. I fully release GSS, its staff, agents and associates from any and all liability for any act, omission or any other thing which results in injury or harm to myself. I understand and recognize the possibility of physical injury associated with the activities. I, hereby release, discharge and/or otherwise indemnify GSS, its affiliated organizations and sponsors, their employees and associated personnel, including the owners of the practice locations utilized for the program, against any claim by or on the behalf of the registrant as a result of the registrant's participation in the program.
5. I, for my child and on behalf of his/her heirs, assigns, personal representatives and next of kin, hereby release and hold harmless _____ (Name of Organization) their directors, officers, officials, agents, volunteers and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releasees"), with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the releasees or otherwise, to the fullest extent permitted by law.

Social Media

6. I understand that I must first get permission from GSS' Head Coach before posting photos and videos of members of the team on any social media network, website(s), brochures and/or printed material.

Damage to Property Liability

7. I agree to pay for any damage incurred by my child to the gym or any person's personal property.

Release of Liability for Personal Property

8. I agree that the protection of my child's personal property is his/her responsibility and release GSS, its employees, staff, associates or any other person connected with the organization from any liability for theft or loss of my personal property.

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law.

Signature (Parent/Guardian)_____

Date_____

2019-2020



Parental Volunteer Agreement

This Agreement (the “Agreement”) is dated as of _____, 2019, by and between _____ (“Parent/Guardian”) and the **GREENBELT S.I.T.Y. STARS** (“Team”), (collectively the “Parties”).

The Parties agree as follows:

1. SERVICES: The Parent agrees to perform the services described below:

- **Competitive Judging** –the parent is responsible for fulfilling the judging requirement of the competitive leagues which may include membership fees, judges training (cost) and expenses to travel to and from the competition and house, if applicable.
- **Team Fundraisers** – participation in all team fundraisers (individual fundraisers are elective)
- **Show Productions** – donation of food item, selling of 10 show tickets and volunteering at the actual show
- **Parent Success Teams: ALL participation is important! We need your help to be a success!** (one parent per family required to be a member of a minimum of one success team)

_____ Administrative
_____ Enrollment, Diversity and Family Involvement
_____ Event Planning and Logistics
_____ Marketing & Public Relations
_____ Jumper Hospitality & Practice Services
_____ Show Production and Logistics
_____ Grants, Sponsorship and Fundraising
_____ Transportation and Chaperoning
(must complete City of Greenbelt background check)

2. GENERAL PROVISIONS:

- Parents are required to complete online judges training and attend one judges training session to become a certified judge. Parents are required to judge at Local, Regional and/or National and /or International competitions. There is a required uniform for each league.
- All parents must provide a minimum of 4 hours of volunteer service each month to a team assistance area, sell the required number of show tickets for the End of the Year Show and donate one food item to the show.
- The policies for Parent Volunteers and members of the Parent Success Teams will receive policies in a volunteer handbook and will be responsible for following the policies and listed in the team handbook.

AGREED AND ACCEPTED BY:

GSS Head Coach

Parent

Kimberly Bradshaw
Signature

Signature

Date

Date

2019-2020



Practice Policies & Procedures

Practice Locations:

Springhill Lake Recreation Center
6101 Cherrywood Lane, Greenbelt, MD
301-397-2212

Greenbelt Youth Center
99 Centerway, Greenbelt, MD
301-397-2200

Daily Practice Procedures

1. Notify the Head Coach via text message of absences
2. Send a text *before* the start of practice if running more than 15 mins late
3. Arrive to practice dressed in practice uniform
4. Pull hair away from the face in a bun and remove all jewelry
5. Have all ropes, tennis shoes, water bottle, hand towel, other necessary equipment and training manual
6. Use the restroom before the start of practice
7. Help to secure all equipment at the end of practice
8. Sign Out (parents) – jumpers must wait in the gym for parents to come in and sign them out.

Contact Information

Coach Kim: 301-503-6962

Policies

1. **Closed Practices** – Regular practices are closed to spectators including parents, family members, friends and non-jumpers. Parents of new members are allowed to monitor 3 practices. Visitors are allowed to view practice for registration purposes only.
2. **Drop Off & Pick-up** – GSS is not liable for the well being and safety of jumpers who are left unsupervised before practice begins. Please be sure an adult coach/staff member is present for drop off before leaving the jumpers at the gym. Parents must come in and sign jumpers out. For their safety, jumpers must remain in the gym until a parent comes in to pick them up. If a jumper has not been picked up 15 mins after practice has ended, there will be a \$1 per minute late fee assessed that will be automatically deducted from the jumper account.

GSS will not leave jumpers at the recreation center unsupervised at the conclusion of practices or after the return from events. The City of Greenbelt recreational staff is not responsible for the monitor of the jump rope children; however, if you make special arrangements with the staff of the City of Greenbelt recreation department, the Greenbelt CITY Stars is not responsible for any matters that happen under the care of the City of Greenbelt recreational staff. The staff will have to notify the Head Coach in writing of the arrangement and assume total responsibility.



Practice Policies & Procedures

3. **Attendance** – Attendance is Essential! Jumpers are required to be at all scheduled practices. A minimum of 20 hours per month is required of performance and competitive jumpers. Excessive absences or tardiness will result in removal from the performance and/or competitive team. If a jumper misses more than two weeks of practice without prior notification, he/she will automatically be removed from the team and lose all membership benefits. If a jumper leaves the team without notice and would like to reenroll, a re-enrollment fee will have to be paid before returning to the team.
4. **Tardiness** – a 15 minute window of time is permitted for tardiness. A jumper will not be able to participate in practice after this window of time, unless previous notice has been given via text, email, phone call.
5. **Extra Practice** – Attendance at practices being held four weeks before a scheduled competition or one week before a scheduled performance are mandatory. All jumpers are needed in order to execute routines. A missed practice can result in the jumper losing their position on the team.
6. **Practice Attire & Equipment** – Practice Shirt and proper footwear is required. A participant may be asked to sit out of practice if not dressed appropriately in their practice clothing. Practice clothing must allow freedom of movement - no jeans, jean shorts, shorts above mid-thigh or skirts should be worn. All jumpers are required to wear their practice shirt and cross-training tennis shoes to every practice. They must also possess their jump ropes at every practice. Hair should be pulled back out of the face in a bun or ponytail. NO GUM, CANDY, SOFT DRINKS, JEWELRY, LONG FINGERNAILS or HEAD WRAPS/SCARVES are allowed during practice!
7. **Personal Items** – Please do not allow jumpers to bring candy, toys, electronic or manual games to practice. GSS is not responsible for any lost or broken items.
8. **Cancellations** – If practice is cancelled due to weather or any other reason, we will post it on the website's home page. We will also send out an email and text message at least an hour before the practice or class begins letting you know that it is cancelled. If you do not have access to the Internet, please call us. We do not follow the school systems and do not always close if schools are closed.
9. **Exercises** – Every jumper is expected to participate in all of the assigned exercises given in practice, unless physically incapable. If physically incapable, this information should be listed on the information sheet and the medical release form. If severe, a doctor's note is required.
10. **Breaks** – Gum chewing or eating is not allowed during class/practice, unless lunch is distributed by the team. Breaks are taken as a group at specified times during practice. Jumpers should bring gatorade and water to drink for hydration.
11. **Illness/Injury** – If a child is ill or injured at practice or an event, the parent/legal guardian will be contacted. If the parent/legal guardian cannot be reached, persons listed in the "In Case Of Emergency" section of the application will be notified.



Practice Policies & Procedures

12. **Practice Disruption** – Parents should not confer with coaches and/or other parents during or before class time. Please confer with a staff member. You may also call or set up an appointment time to meet with coaches. Parents should also not bother jumpers during practice unless it is an emergency.
13. **Auto Withdrawal** – If a jumper misses more than two weeks of practice without prior notification, he/she will automatically be removed from the team and lose all membership benefits. If a jumper leaves the team without notice and would like to reenroll, the registration fee will have to be paid before returning to the team.

PRACTICE RULES: (please see Practice Policies and Procedures in the Handbook)

1. No Shirt = No Practice
2. Be able to recite team pledge
3. No Gum Chewing / No Soda / No Candy / No Junk Food is allowed in or during practice. Jumpers are not allowed to purchase junk food items from the snack machine on the property.
4. Jumpers cannot practice in jeans, skirts, head bands, scarves and shoes other than tennis shoes. Hair must be pulled back away from the face free of scarves and head bands.
5. Treat coaches, parents and other jumpers with respect. Refraining from the use of foul language/slang during practice, team events, workshops and competitions.
6. Work cooperatively with, encourage and provide assistance to teammates.
7. Display good sportsmanship - graciously accept victory and defeat.
8. Practice at home to improve skills.

By signing this policy, you are affirming that you have read and have been clearly informed of the Practice Policies and Procedures, and agree to comply with the terms and conditions outlined throughout the text. Non-compliance with the regulations will lead to either suspension or immediate removal from the team.

Parent Signature_____

Date_____

Jumper Signature_____

Date_____



Code of Conduct

GENERAL RULES

We believe that the most important function of our group is to use rope jumping as a means of helping young men and women develop into great athletes and productive citizens. Team members are required to maintain and uphold the reputation of GSS through their own conduct and team spirit.

I, _____, am expected to:

- be respectful to all jumpers, coaches, staff, adults, spectators, visitors, etc.;
- stay on task at all practices and performances;
- stay in designated areas during all team functions; always letting a staff member know where I am going;
- maintain a healthy lifestyle;
- practice/exercise at home to increase skill level; and
- follow the expectations for jumpers set out in the GSS Handbook.

I will avoid the following:

- Derogatory remarks toward other members of the team, the coaching staff, or other teams/organizations.
- Excessive Absence from practices/events and missing a called practice during the week before a performance and four weeks before a competition without notice.
- Failing to follow specific instructions of coaches.
- Wearing incorrect uniform, inappropriate clothing or the wearing of jewelry, glitter or makeup at jump rope practice and/or event.
- Use of inappropriate language or conduct during practice and/or performances.
- Causing problems with members of GSS or any staff members.
- Not maintaining a 2.5 GPA or suspension from school.
- Fighting.
- Blatant disrespect to the coaching staff.
- Negative representation of oneself and the team, i.e., inappropriate gossiping, emailing, blogging, facebooking and other forms of mass communication.



Code of Conduct (continued)

I understand the following:

1. First offense, I will be warned.
2. Second offense, I will be required to either sit out - in-practice suspension or depending on the offense phone my parents to leave practice which will require a conference with the parent and coach to return.
3. Repeated offenses of the same nature upon my return to the next practice or at the next event will lead to a two week suspension or possibly being expelled from the team for the remainder of the season.

Policy Against Harassment and Defamation

Harassment – Derogatory remarks toward other members of the team, the coaching staff, or other teams/organizations will not be tolerated. Fighting, inappropriate touching or groping, bodily contact or interactions with fellow teammates, malicious gossiping, bullying of fellow/other jumpers, improper tones of voice or communication with adult coaching staff will not be tolerated from jumpers and/or parents.

Defamation – Defamation, which is judicially defined to mean, the unprivileged oral or written publication of a false statement of fact which exposes the person about whom it is made to hatred, contempt or ridicule or subjects that person to loss of the good will and confidence of others or so harms that person's reputation as to deter others from associating with her or him. Cyber defamation is hereby defined as false communication that is published with the specific intent of harming the reputation of another individual, group or business. Defamation of GSS or any of its representatives or members will not be tolerated and is considered a separation offense which will lead to an expulsion or suspension from the team under the GSS team policies.

Authority – The Head Coach has full authority in managing the team and any dispute, complaint or criticism involving coaches, jumpers or parents of the team should be brought to the attention of the Head Coach. The Head Coach reserves the right to suspend/remove a jumper and/or parents from the team if the jumper and/or his/her parents are causing problems that cannot be resolved.

However, a Hearing can be requested with the Team's Board of Directors to resolve any dispute, complaint or issue that cannot be resolved on the staff level.

REMOVAL

GSS reserves the right to remove a jumper from the team, if the jumper and/or the parent(s) are causing problems that cannot be resolved.

I have read and understand the Code of Conduct for GSS and hereby attest that I will follow the rules and regulations outlined in this document. I understand that if I violate the terms of this agreement, I may be subject to disciplinary action.

Parent Signature_____

Date_____

Jumper Signature_____

Date_____



Jumper Registration Form

Registration Date _____

Jumper Information

Name of 1st Jumper _____		Age _____	D.O.B. _____
School Attending _____		Grade _____	Average GPA _____
Jumper's Email _____		Cell Phone _____	
_____ Weight	_____ Height	_____ Shirt Size	_____ Pants/Shorts Size _____ Shirt Size
Name of 2nd Jumper _____		Age _____	D.O.B. _____
School Attending _____		Grade _____	Average GPA _____
Jumper's Email _____		Cell Phone _____	
_____ Weight	_____ Height	_____ Shirt Size	_____ Pants/Shorts Size _____ Shirt Size
Mailing Address _____		Home Phone _____	
City/State _____		Zip Code _____	
Medical and/or Physical Conditions/Allergies (including food) _____			

If medical or physical problems exist, please give any special instructions: _____			

All Jumpers must obtain written instructions/clearance from a physician to be provided to the team			
Is the athlete(s) presently taking prescribed medication? ____ Yes ____ No			
(If yes, describe clearly) _____			
Is the athlete capable of participating in aerobic, strength and conditioning exercises?			
____ Yes ____ No (If no, describe clearly) _____			

Parent Information

Mom's Name _____	Dad's Name _____
Work# _____	Work# _____
Cell#(Mom) _____	Cell#(Dad) _____
Email _____	Email _____
<input type="checkbox"/> Parent of Record (for mass communication)	<input type="checkbox"/> Parent of Record (for mass communication)
<input type="checkbox"/> Texting Not Available	<input type="checkbox"/> Texting Not Available
Email and Texting is the Main Communication Tool for the Team. Please list all preferred email addresses that are regularly checked.	
In Case Of Emergency, please contact:	
Name _____	Phone # _____
Name _____	Phone # _____
Health Insurance Carrier: _____	
Dr's Name _____	Phone # _____



General Permission Slip

This permission slip will cover all activities for the season. Details given at the time of the event.

Jumper's Name:	
Jumper's Contact Phone:	
Parent(s) Name:	
Parent Contact Phone:	
Emergency Contact & Phone Number	
Food Allergies:	
Special Information Regarding Allergies:	
Medical Allergies:	
Special Information Regarding Allergies:	
Medical Insurance Information	

I, _____, hereby give permission for _____ to participate in the scheduled activity with the Greenbelt City Stars. I, also give permission for my child to be transported to and from the event in the designated mode of transportation, and if by carpool, will not hold the driving party liable for an accident or injury caused to my child unless they are proven to be negligent. I will be responsible for dropping him/her off at the designated drop off location and picking him/her up upon her/his return to the designated pick up location.

Also, if necessary, I give my consent to have proper medical attention rendered to my child in case of emergency and will not hold the Greenbelt City Stars, the City of Greenbelt or any person connected with the field trip liable in case of accident.

Date _____

Signature _____



Jumper Medical Card

INSTRUCTIONS: Please fill out entire card. This card will be on file for each jumper. It will accompany the athlete to the doctor or hospital when medical attention is required.

Jumper Name _____ Cell Number (____) _____

Age _____ Date of Birth _____ / _____ / _____

Parent Name _____ Contact Number (____) _____

Parent Name _____ Contact Number (____) _____

Alternate Emergency Contact Person _____

Relationship _____ Contact Number (____) _____

Home Address _____

_____ Home Phone (____) _____

Health Insurance Company _____ Policy No. _____

Family Physician _____ Contact Number (____) _____

Tetanus Shot _____ / _____ / _____

Medical Problems/Issues to make Dr. Aware of: _____

Medical Allergies _____

Special Instructions: _____

I give my consent to have proper medical attention rendered to my child in case of emergency and will not hold the Greenbelt SITY Stars, the City of Greenbelt or any person connected with the field trip liable in case of accident.

Parent Signature _____ Date _____