

**grownetwork™**  
**Making Herbal Medicine**

**“Making Your Own Medicine: Part 4”**

**Marjory Wildcraft**

**\*FULL TRANSCRIPT\***

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# **“Making Your Own Medicine: Part 4” with Marjory Wildcraft**

Twenty years ago I never would have believed that I could take care of my son's sore throat and never leave the house. I used to rely solely on drugstores and doctors for all of my health care needs, but now I am a medicine woman. I take care of 95% of my own healthcare needs myself at home with safe, natural remedies that I've made in my own kitchen.

Hi, if you're just joining us, my name is Marjory Wildcraft. I am the founder of The Grow Network, which is the premier community of people who are making our own medicine, growing our own food, and becoming extraordinarily healthy. The purpose of The Grow Network is to stop the destruction of the earth, and your body is a part of the earth.

Quite frankly pharmaceuticals are extremely dangerous. Now this is the fourth video in a four part video training and the purpose of the training is to transform you from somebody who relies on drugstores and doctors to becoming your own medicine man or medicine woman, making your own medicines at home and using them to safely treat the twelve most common ailments that come up in a family.

Now in the last video I promised to give you a peek into the medical kit that I have designed that takes you step-by-step and shows you how to make the eight herbal preparations that you can make at home. The kit contains eight modules and each module corresponds to one of the eight preparations we talked about in video two of this training. Every module contains everything you need in order to make the preparation in that module. For example, we've got the premeasured herbs, the labels, the nitrile gloves, the straining cloths, the beeswax, everything you need along with step-by-step instructions on how to make that medicine preparation.

All the ingredients in the kit have been sourced to be as sustainable and organically grown as possible, and every kit is lovingly made by hand. We actually don't have a lot of them because they're very complex. There are a lot of

ingredients that go in them, and quite frankly it takes a bit of time to put the kits together.

I'm going to get to the kit in just a second, but I've got to tell you this really amazing story first. So of course as we were developing the product, I gave a kit to each of all of the core members of The Grow Network because of course, we test our own products and vet our own products and I gave one to our director of technical operations, Jimerson. I didn't really expect Jimerson to really use the kit because you know, he's kind of a geeky, technical guy, but I had to give it to him, you know, to be fair.

Well, Jimerson really actually didn't pay much attention to it for a while, but he develops a lingering cough that he just can't get rid of and he says, "You know, what the heck," and he pulls up module three of the kit, and he makes the throat formula, and sure enough he really has some good results, like it totally turns around his condition and he's feeling a whole lot better and he was really pretty enthused by that and he goes, "This is pretty amazing." So he ended up making all the rest of the modules in the kit and now he's really ... he's on his way to become a medicine man. He's actually starting to blog about it on The Grow Network blog. He calls himself the herbal apprentice, and you can read some of his posts and some of his journeys as he grows along and develops over at The Grow Network blog.

Here is the full kit, and as you can there are eight modules that correspond to each of the eight sections and the eight preparations that we talked about in the second video. Each module is carefully color coded, and again, all of the ingredients in here are very carefully sourced to be sustainably grown and organic as much as we possibly can. This kit contains pretty much everything you're going to need to be making all of these eight herbal preparations.

Okay, for example, here is lesson eight. This is on poultices and wound sprays, and in this pack it contains everything you need. Again, we've got the premeasured herbs, the nitrile gloves, the straining cloth, the spray bottle, everything you need in order to make a poultice. If you remember, making a poultice was what Casey did successfully to treat the staph infection that was on her nose. Poultices were the medicine that I used very successfully to treat the snakebite that I got on my foot and also for the abscessed tooth, and also for the eye, the conjunctivitis.

There are lots and lots of external infections and injuries that you can treat very successfully with poultices.

This is lesson five of the kit and this shows you how to make a liniment and here we have arnica, which is a really amazing plant to use to help with sore muscles and bruises. And again, we've got everything you need, the nitrile gloves, the straining cloths, and the premeasured arnica. I was just out on a hike recently with my friend Jim. We were out in the Rocky Mountains, very, very intense, long day, both really, really sore and tired and when we got back Jim was amazed using this arnica liniment several times, how much easier he recovered from that really difficult hike. So, making a liniment and treating sore muscles, that's what you're going to get with lesson five.

Lesson six is one of my favorites and this is where you make an infused oil, a salve, and a lotion, and again we've got these herbs in here for you. This one has calendula, chamomile, and comfrey, and marshmallow. It makes a really great salve. My friend Linda has been loving this, made this little boo-boo salve, which is for when you get little cuts and scrapes, and she's been using it with her boys, and she's been getting a lot of experience with it, as you know with a couple of boys. She loves it how quickly they recover and how well they heal. More importantly, she loves being a mom to them with her own medicine that she's made herself.

I do want to let you know there are two things that I couldn't send with this kit, and one of them is the alcohol and the other is the oil, but we do have great instructions to help guide you on making the right decision on choosing the right ones for you. You know it's the Alcohol, Tobacco, and Firearms Department of the government that made it difficult. We couldn't ship those.

Each module comes with an online training that has a video that shows you step by step how to make and use the medicine. Each video is only about 10 to 20 minutes long, and I estimate that to watch the video and to make the medicine for each module will only take you about 45 minutes to an hour.

Also, every module comes with a short five question quiz. Not too easy, not too hard, but it's really meant to help you gain confidence that you've really mastered the material. Each online module also comes with additional resources,

worksheets and things to download, and other videos to watch to help broaden and deepen your knowledge of herbal medicine.

By the way, I really recommend you make this kit with your kids or your grandkids. Kids love doing this stuff. They like making things that are useful and practical, and let's get the next generation started right away making home medicine, coming to know this medicine and realizing its power and potency. You can start to make a big difference in your legacy. These kids will grow up knowing this and they'll be teaching their kids. You can be the one to turn your lineage around and have an impact for generations and generations to come.

Now, if you're going to become a medicine man or a medicine woman, I've got a bonus gift that I want to give you to make it complete and that is your own medicine bag. I'm going to include this medicine bag as a bonus to you. Now, I've used a medicine bag just like this, identical to this, for almost the last 15 years. This is made of a very sturdy material and I've made it big enough that not only will it be able to hold all the medicines that you make in this kit, but there's plenty of room for other things that you're going to want to add.

The thing that I love about this medicine bag is that it's complete and it's a good size for what a family needs for their medical needs. Now, I keep mine in my hallway closet of all places, but I love knowing that it's there and just whenever the family goes on vacation or a camping trip, boom, I've just got the bag. It goes with me. It's always ready to go.

I live in central Texas and a couple of hazards we have are wildfires and flooding, and heaven forbid that anything really bad should happen to you, but I tell you what, I really feel very secure and very confident knowing that even if I have to evacuate on a moment's notice I can grab all of my medicines and take care of my family's healthcare needs no matter what.

So I got a lot of people that said, "Marjory, really, this kit is awesome and I love it, but I really want to know more about treating specific ailments other than the things that are covered ... other than medicines that are covered in the kit," and I said, "You know what, you're absolutely right." I want to give you a second training as a bonus. Now, the first training that comes with the kit is called Making Herbal Medicine and that shows you step by step how to make the medicines in the kit and the second bonus training that I want to give you is called Home

Medicine 101. In Home Medicine 101 we go over the 12 ailments that come up most commonly in a family and how to take care of them.

There's so many that we cover in there I'm going to read you this list of the items that are included in this Home Medicine 101 bonus training. The first module is on burns, stings, and rashes. The second one is on wounds and lacerations. The third one covers coughs and colds. The fourth covers fevers. Fifth is on indigestion and stomachaches. Six is on anxiety and insomnia. The seventh is on muscle aches and pains, and the eighth is on topical infections.

In addition to the first bonus of the medicine bag and the second bonus of the Home Medicine 101 training, I want to give you a third bonus. I've had so many questions and comments about that story of when I treated a venomous snakebite that I've written a short e-book on it, and I want to give you a copy of that e-book as my gift to you. In that it talks about step-by-step how my family and I treated that and the five preparations that you need to have in place if you ever want to treat a snakebite at home yourself.

So the full making herbal medicine kit, which includes all the eight modules that shows you how to make the eight herbal preparations, and includes the online training that takes you step by step through each of those preparations, the bonus medicine bag, the bonus Home Medicine 101 online training that shows you how to treat all the 12 most common ailments, and the bonus e-book on snakebites and the five preparations you need to have if you're going to treat a snakebite at home.

That entire package normally sells for \$400, but for today only we're selling it for \$250. Considering that the average healthcare costs in America for every man, woman, child, and baby is over \$10,000 a year, buying a kit that shows you how to make the eight medicine preparations that every home medicine maker knows, and how to treat the 12 most common ailments that come up in a family for only \$250? That's an incredible value.

I am so confident in the transformative power of the medicine making kit to transform you from somebody who relies on drugstores and doctors to becoming your own medicine man or medicine woman able to make your own medicine and treat common ailments that come up everyday in your family that I'm willing to offer you a 200% guarantee. What that means is if for any reason in the first 60

days that you're unhappy, I will refund you 100% of your money and you get to keep the kit for free.

So what you need to do next, just choose one of the two payment plans down below that will take you to a form where you fill out your contact details and enter your payment information. Right after that we will immediately get you online access to your two digital trainings and the bonus e-book on snakebites and the five preparations you need to have to be able to treat one of those at home.

Then just as soon as the US Post Office can get this package to your front door via priority mail, your medicine making kit will arrive and you can start making your own home medicine. Once you complete your online trainings, by the way, you'll get a certificate that you can print out and hang on your wall so you can proudly let the world know that you're a medicine woman or a medicine man.

And I wanted to do something else that was really special that really would let the world know, and so if you complete both of your trainings, I will send you an extra special bonus, which is a T-shirt that says I'm a medicine woman or I'm a medicine man. You'll be able to select which choice you want at checkout. But this T-shirt, and it's really, really soft and of course it's made from organically grown bamboo and cotton, it'll be a way to announce to the world that you're a medicine woman, or you're a medicine man.

I know that this kit is truly transformative and can turn you into a medicine man or medicine woman. I know because it's been my journey and it's worked for me and it has worked for the thousands of other people that I have taken through this process. Click on one of the two payment options down below. Get your medicine making kit with the eight modules and the digital online training that will take you step by step through how to make that medicine. Plus you'll get the bonus bag, the medicine bag, you'll get the bonus Home Medicine 101 training that'll show you how to treat the 12 most common ailments that come up in a family, you'll get the bonus snakebite e-book, and once you've completed your trainings we're going to send you that T-shirt that lets the world know that you're a medicine man or you're a medicine woman.