

Teaching Resource Items
for

Psalms: Songs from the Heart of Faith

These items are selected from “Teaching Plans” in
Psalms: Songs from the Heart of Faith—
Adult Bible Teaching Guide.

They are provided to make lesson preparation easier and faster
for handouts and similar items.

(An item is not provided for every lesson, since every lesson’s “Teaching Plans”
does not include items that lend themselves to handouts.)

See
Psalms: Songs from the Heart of Faith—
Adult Bible Teaching Guide.
for guidance in using these items.

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Teaching Resource Items

1. For Lesson Three, Teaching Plan—Varied Learning Activities, Step 5, *True or False?*
2. For Lesson Three, Teaching Plan—Varied Learning Activities, Step 9, *Questions for Thought*
3. For Lesson Five, Teaching Plan—Varied Learning Activities, Step 1, *Who Said It?*
4. For Lesson Six, Teaching Plan—Varied Learning Activities, Step 4, *Group Assignments on Psalm 32*
5. For Lesson Seven, Teaching Plan—Varied Learning Activities, Step 4, *Group Assignments on Psalm 34*
6. For Lesson Nine, Teaching Plan—Varied Learning Activities, Step 1, *Script*
7. For Lesson Nine, Teaching Plan—Varied Learning Activities, Step 11, *Preparing a Prayer Journal*
8. For Lesson Ten, Teaching Plan—Varied Learning Activities, Step 1, *Marlon's Story*
9. For Lesson Eleven, Teaching Plan—Varied Learning Activities, Step 5, *Group Assignments on Psalm 91*
10. For Lesson Twelve, Teaching Plan—Varied Learning Activities, Step 5, *Group Assignments on Psalm 95*
11. For Lesson Thirteen, Teaching Plan—Varied Learning Activities, Step 4, *Group Assignments on Psalm 118*
12. For Lesson Thirteen, Teaching Plan—Varied Learning Activities, Step 6, *Worksheets on Psalm 118*

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True or False?

- (1) _____ God is completely sovereign.
- (2) _____ God controls the circumstances and outcomes of each of our lives.
- (3) _____ If God is really in control, then there are no accidents.
- (4) _____ God is involved in our lives for his pleasure.
- (5) _____ God is involved in our lives for our benefit.
- (6) _____ We can enjoy peace in any situation if we trust that God is in control.

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**Item One, For Lesson Three, Teaching Plan—Varied Learning Activities,
Step 5, True or False?**

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Questions for Thought

- (1) Am I more likely to praise God when things are good, or call out to him in times of need?
 - (2) To what degree do I allow circumstances to determine my frame of mind and outlook on life?
 - (3) When I look back on life, what gifts have I received that could have come only from God?
 - (4) Which phrase in our focal verses best describes my heart-felt response to God right now?
 - (5) Am I a person who rejoices in the good things God gives me?
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 - (5) Am I a person who rejoices in the good things God gives me?
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***Item Two, For Lesson Three, Teaching Plan—Varied Learning Activities,
Step 9, Questions for Thought***

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Who Said It?

1. ___ "I only regret that I have but one life to give for my country."
2. ___ "Let's roll."
3. ___ "I'll sleep well tonight."
4. ___ "I have a tremendous headache."
5. ___ "Pardon me sir. I did not do it on purpose."
6. ___ "Is it the Fourth?"

- a. Thomas Jefferson c. President Franklin Roosevelt e. Todd Beamer
b. Nathan Hale d. Henry Ford f. Queen Marie Antoinette
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**Item Three, For Lesson Five, Teaching Plan—Varied Learning Activities,
Step 1, Who Said It?**

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Group Assignments on Psalm 32

Group 1. Read Psalm 32:1-2. The psalmist talked about being “blessed” as one’s sins are forgiven. Review the following verses: Romans 3:23; 6:23; 5:8; 10:9-10.

(a) Using these verses, develop an outline for having sins forgiven.

(b) In what ways do we feel “blessed” by having our sins forgiven?

Group 2. Read Psalm 32:3-7. The psalmist contrasted *covering up* his sin and *confessing* his sin.

(a) Why is sin such a hard subject to talk about? Why do so many people ignore their sin? What are the results of *covering up* one’s sins?

(b) Read 1 John 1:8-9. How does a Christian practically “confess” his or her sin to God? How often do we need to do this?

(c) After confessing, the psalmist talked about how good it is to have one’s sins forgiven. What are the results of confessing sins?

Group 3. Read Psalm 32:8-11.

(a) How did you learn what sin was? How did you learn your sin could be forgiven? If you are parents, how did (or will) you teach this truth to your children?

(b) Many in our world would rather remain silent or ignore the consequences of sin. What are some of the consequences of sin? Choose a sin (like stealing at work, or adultery) and discuss the consequences of that particular sin.

(c) Finally, if we ask Jesus to forgive our sin, what happens both while we’re living and after we die?

**Item Four, For Lesson Six, Teaching Plan—Varied Learning Activities,
Step 4, Group Assignments on Psalm 32**

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Group Assignments on Psalm 34

Group I. Glorify the Lord (34:1-3). Find words and verses that seem to *brag on* God. Using the *Study Guide* or a dictionary (possibly on-line with cell phones or tablets), define or describe each of these words. Brainstorm what Jesus has done about which you and your group can *brag on God*. Choose your top five reasons to present to the class.

Group II. Seek the Lord (34:4-7). Find evidence in these verses that God truly desires for us to discover and know him. Identify ways God has revealed himself to you in your Christian journey. What are some reasons people today think that God is hiding from them? How would you respond to someone who says God cannot be found?

Group III. Fear the Lord (34:8-14). Discuss what you think it means to *fear the Lord*. (Use your *Study Guide* to check or add to your answers.) What do verses 13-14 indicate about *fearing the Lord*? How do we teach children and others to fear the Lord? How did others teach you this concept?

Group IV. Honor the Lord (34:15-22). What does God say he will do for the righteous? Verse 20 says that God will protect them, and yet verse 19 indicates the righteous will “have many troubles” (NIV84). How do you make sense of these two verses? (Use the *Study Guide* for assistance if needed.) How have you seen God protect you in the past? How has God helped you grow through a difficult time?

**Item Five, Lesson Seven, Teaching Plan—Varied Learning Activities,
Step 4, Group Assignments on Psalm 34**

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Script

Reader 1: Listen, Eve, God has told us he doesn't want us to eat that.

Reader 2: The fool says in his heart, "There is no God."

Reader 1: Aaron, the people need to *see* God; Moses has been gone for more than a month. Go ahead and show the folks what God is like. They'll give you all the gold you need.

Reader 2: The fool says in his heart, "There is no God."

Reader 1: I'm telling you, Judas, the only way he can take his rightful place is if you force his hand. Besides, you might even pick up a little extra money.

Reader 2: The fool says in his heart, "There is no God."

Reader 1: Hey, congratulations on the success of your book. Great job getting everyone on board with the "no God" idea.

Reader 2: The fool says in his heart, "There is no God."

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Reader 1: Hey, congratulations on the success of your book. Great job getting everyone on board with the "no God" idea.

Reader 2: The fool says in his heart, "There is no God."

Item Six, For Lesson Nine, Teaching Plan—Varied Learning Activities, Step 1, Script

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Preparing a Prayer Journal

- a. Read Psalm 53:1 each day.
- b. Ask yourself: *In what ways have I said today, “There is no God”?*
- c. Record and reflect on your answers.

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**Item Seven, For Lesson Nine, Teaching Plan—Varied Learning
Activities, Step 11, *Preparing a Prayer Journal***

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Marlon's Story

My name is Marlon, and I have been saved by my Lord Jesus Christ. When I say, “saved” you need to understand what I mean. I know that when I die, I will be with Jesus in heaven, but Jesus saved me from myself. I am alive today because of him. Before I trusted Christ I tried everything. I have broken every one of the Ten Commandments, and I am addicted to drugs, booze, sex, and just about everything else you can imagine. I would get clean and fall back into addiction. I'd make promises to my family and then break them before the week was out.

Even though I am now a Christian, I fight with my personal demons every day. Sometimes my former friends make fun of me and ridicule me for trying to stay sober. It gets hard sometimes, but I am convinced that the only hope I have is to keep praying for strength and to trust Christ to help me overcome the temptations I constantly face. I've told my friends, and I invite them to join me at church to hear about how Jesus saves. I know I have been saved by Jesus—for eternity, and from everything that tries to pull me back into my old life. Praise Jesus.

***Item Eight, For Lesson Ten, Teaching Plan—Varied Learning Activities,
Step 1, Marlon's Story***

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Group Assignment on Psalm 91

1. Read through the psalm and categorize the nouns and verbs.

One category might contain words used to describe God's protection.

Another could pinpoint terms of danger.

Another category could be terms that indicate relationship with God.

2. Create a one-line summary that encompasses the main focus of each category.

Group Assignment on Psalm 91

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***Item Nine, For Lesson Eleven, Teaching Plan—Varied Learning
Activities, Step 5, Group Assignments on Psalm 91***

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Group Assignment on Psalm 95

Read Psalm 95:1-7 and identify elements of worship used by the psalmist.

Construct an outline for a worship service that uses all of those elements.

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***Item Ten, For Lesson Twelve, Teaching Plan—Varied Learning
Activities, Step 5, Group Assignments on Psalm 95***

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Group Assignments on Psalm 118

Group 1—Psalm 118:1-7. Examine the verses and report to the class

- (a) what God did to help or bless his people
 - (b) what the people learned or recognized about God
 - (c) how the people responded to God's help
-

Group 2—Psalm 118:8-14. Examine the verses and report to the class

- (a) what God did to help or bless his people
 - (b) what the people learned or recognized about God
 - (c) how the people responded to God's help
-

Group 3—Psalm 118:15-21. Examine the verses and report to the class

- (a) what God did to help or bless his people
 - (b) what the people learned or recognized about God
 - (c) how the people responded to God's help
-

Group 4—Psalm 118:22-29. Examine the verses and report to the class

- (a) what God did to help or bless his people
 - (b) what the people learned or recognized about God
 - (c) how the people responded to God's help
-

***Item Eleven, For Lesson Thirteen, Teaching Plan—Varied Learning
Activities, Step 4, Group Assignments on Psalm 118***

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Worksheet on Psalm 118

- (1) How do contemporary Christians experience Jesus' help and salvation in the same way God helped his people in the Old Testament?
 - (2) What kinds of modern situations might parallel dangers faced by ancient Israelites?
 - (3) How does Jesus provide rescue and help for today's believers?
 - (4) How do we express our thanks for God's help and faithfulness?
 - (5) How does our submission and obedience affect the degree of gratitude we feel toward God and our response to his call on our lives?
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Item Twelve, For Lesson Thirteen, Teaching Plan—Varied Learning Activities, Step 6, Worksheets on Psalm 118

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