

Teaching Resource Items
for

Letters to the Ephesians and Timothy:
Guidance for the Church and Its Leaders

These items are selected from “Teaching Plans” in
Letters to the Ephesians and Timothy—
Adult Bible Teaching Guide.

They are provided to make lesson preparation easier and faster
for handouts and similar items.

(An item is not provided for every lesson, since every lesson’s “Teaching Plans”
does not include items that lend themselves to handouts.)

See
Letters to the Ephesians and Timothy—
Adult Bible Teaching Guide.
for guidance in using these items.

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Teaching Resource Items

1. For Lesson One, Teaching Plan—Varied Learning Activities, Step 5, *Outline Completion*
2. For Lesson Five, Teaching Plan—Varied Learning Activities, Step 1, *Top Ten List*
3. For Lesson Five, Teaching Plan—Varied Learning Activities, Steps 9-11, *Group Activity on Ephesians 4:1-16*
4. For Lesson Five, Teaching Plan—Lecture and Questions, Steps 1, 5-11, *Lesson Outline*
5. For Lesson Five, Teaching Plan—Lecture and Questions, Step 13, *The Church List*
6. For Lesson Six, Teaching Plan—Varied Learning Activities, Steps 1, 7-10, *Do's and Don'ts*
7. For Lesson Six, Teaching Plan—Varied Learning Activities, Step 13, *Spiritual Work Order*
8. For Lesson Seven, Teaching Plan—Varied Learning Activities, Step 11, *7 Hearts*
9. For Lesson Seven, Teaching Plan—Lecture and Questions, Steps 1, 5-12, *Lesson Handout*
10. For Lesson Seven, Teaching Plan—Lecture and Questions, Steps 1, 5-12, *Completed Lesson Outline*
11. For Lesson Eight, Teaching Plan—Varied Learning Activities, Step 2, *A Message from the Apostle Paul*
12. For Lesson Eight, Teaching Plan—Varied Learning Activities, Steps 4-6, *Research Assignments*
13. For Lesson Nine, Teaching Plan—Lecture and Questions, Step 1, *About Our Church*
14. For Lesson Ten, Teaching Plan—Varied Learning Activities, Steps 3-5, *Timothy's Fitness Plan*
15. For Lesson Eleven, Teaching Plan—Varied Learning Activities, Step 5, *My Thoughts About Money*
16. For Lesson Twelve, Teaching Plan—Varied Learning Activities, Steps 1-3, *How Awake Are You?*
17. For Lesson Thirteen, Teaching Plan—Varied Learning Activities, Step 10, *Group Instructions*

Paul's Prayer for His Readers

Read Ephesians 1:17-19a and complete this outline:

Paul prayed for God the Father to give believers a spirit of _____ and _____
so that they may _____.
Paul also prayed that _____
so that they may know _____,
_____, and _____.

Paul's Prayer for His Readers

Read Ephesians 1:17-19a and complete this outline:

Paul prayed for God the Father to give believers a spirit of _____ and _____
so that they may _____.
Paul also prayed that _____
so that they may know _____,
_____, and _____.

Paul's Prayer for His Readers

Read Ephesians 1:17-19a and complete this outline:

Paul prayed for God the Father to give believers a spirit of _____ and _____
so that they may _____.
Paul also prayed that _____
so that they may know _____,
_____, and _____.

***Item One, For Lesson One, Teaching Plan—Varied Learning Activities,
Step 5, Outline Completion***

Top 10 Things That Annoy Me About the Church

10. _____
9. _____
8. _____
7. _____
6. _____
5. _____
4. _____
3. _____
2. _____
1. _____

***Item Two, For Lesson Five, Teaching Plan—Varied Learning Activities,
Step 1, Top Ten List***

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Group Activity on Ephesians 4:1-16

1. Discuss the meaning of the following words and phrases from Ephesians 4:1-6:
 - a. “live a life worthy” (4:1)
 - b. “be completely humble” (4:2)
 - c. “be . . . gentle” (4:2)
 - d. “be patient” (4:2)
 - e. “bearing with one another in love” (4:2)
 - f. “keep the unity” (4:3)

2. Focus on Ephesians 4:11-13, and discuss these questions:
 - a. What are the gifts given to the church?
 - b. How do they operate?
 - c. What is their purpose?

3. From Ephesians 4:14-16, identify the characteristics of the immature and the mature believer.

***Item Three, For Lesson Five, Teaching Plan—Varied Learning Activities,
Steps 9-11, Group Activity on Ephesians 4:1-16***

Lesson Outline

The Church Fulfilling Its Calling Ephesians 4:1-16

The church is to live in a manner worthy of its calling as the body of Christ.

- I. The Church United (4:1-6)
 - A. Its _____ (1)
 - B. Its _____ (2-3)
 - C. Its _____ Denominator (4-6)

- II. The Church Using Gifts (4:7-13)
 - A. _____ of Gifts (7)
 - B. Source of Gifts (8-10)
 - C. _____ of Gifts (11)
 - D. _____ of Gifts (12-13)

- III. The Church Grows Up (4:14-16)
 - A. Immaturity (14)
 - B. Maturity (15-16)

**Item Four, For Lesson Five, Teaching Plan—Lecture and Questions,
Steps 1, 5-11, Lesson Outline**

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**The Church List
Ephesians 4:1-16**

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

**The Church List
Ephesians 4:1-16**

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

**The Church List
Ephesians 4:1-16**

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

***Item Five, Lesson Five, Teaching Plan—Lecture and Questions,
Step 13, The Church List***

Do's and Don'ts

Read the assigned passage below and list the commands (*do's*) with Scripture references on the left side of the page and the prohibitions (*don'ts*) with Scripture references on the right side.

1. Ephesians 4:17-32
2. Ephesians 5:1-7

3. Ephesians 5:8-14
4. Ephesians 5:15-20

Do's (Scripture references)	Don'ts (Scripture references)
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

**Item Six, For Lesson Six, Teaching Plan—Varied Learning Activities,
Steps 1, 7-10, Do's and Don'ts**

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Spiritual Work Order

Your Name: _____ Today's Date: _____ Time: _____

Describe the teaching from this lesson that you find most difficult to embrace (accept and obey).

In light of today's lesson, what will you do in the next seven days to address the challenge you described above?

Spiritual Work Order

Your Name: _____ Today's Date: _____ Time: _____

Describe the teaching from this lesson that you find most difficult to embrace (accept and obey).

In light of today's lesson, what will you do in the next seven days to address the challenge you described above?

Spiritual Work Order

Your Name: _____ Today's Date: _____ Time: _____

Describe the teaching from this lesson that you find most difficult to embrace (accept and obey).

In light of today's lesson, what will you do in the next seven days to address the challenge you described above?

**Item Seven, For Lesson Six, Teaching Plan—Varied Learning Activities,
Step 13, Spiritual Work Order**

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7 Hearts
Ephesians 5:21–6:9

The teachings of the Apostle Paul in this lesson were addressed to seven groups of people. His commands to each group called for them to embrace a particular attitude or heart condition.

In the word game below, view the seven people groups Paul addressed in the left column and determine a word or phrase that represents the attitude or heart condition that Paul desired for that particular group. Write the correct word or words in the spaces provided. You may refer to your Bible for assistance.

People	Hearts
1. Children	_____
2. Husbands	_____
3. Masters	_____
4. All	_____
5. Fathers	_____
6. Slaves	_____
7. Wives	_____

**Item Eight, For Lesson Seven, Teaching Plan—Varied Learning
Activities, Step 11, 7 Hearts**

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Lesson Handout
Life in a Christian Household
Ephesians 5:21–6:9

All relationships in the Christian household are to be ordered by
reverence for Christ.

- I. The Guiding Principle (5:21)

- II. Husbands and Wives (5:22-33)
 - A. Responsibilities of _____ (22-24)

 - B. Responsibilities of _____ (25-33)

- III. Children and Parents (6:1-4)
 - A. Responsibilities of _____ (1-3)

 - B. Responsibilities of _____ (4)

- IV. Slaves and Masters (6:5-9)
 - A. Responsibilities of _____ (6-8)

 - B. Responsibilities of _____ (9)

***Item Nine, For Lesson Seven, Teaching Plan—Lecture and Questions,
Steps 1, 5-12, Lesson Handout***

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**Completed Lesson Outline
Life in a Christian Household
Ephesians 5:21–6:9**

All relationships in the Christian household are to be ordered by reverence
for Christ.

- I. The Guiding Principle (5:21)

- II. Husbands and Wives (5:22-33)
 - A. Responsibilities of **Wives** (22-24)

 - B. Responsibilities of **Husbands** (25-33)

- III. Children and Parents (6:1-4)
 - A. Responsibilities of **Children** (1-3)

 - B. Responsibilities of **Fathers** (4)

- IV. Slaves and Masters (6:5-9)
 - A. Responsibilities of **Slaves** (6-8)

 - B. Responsibilities of **Masters** (9)

***Item Ten, For Lesson Seven, Teaching Plan—Lecture and Questions,
Steps 1, 5-12, Completed Lesson Outline***

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A Message from the Apostle Paul

Today I must write to Timothy, my dear son in the faith, my partner, my friend. He is an amazing young man, and I wish you could know him.

About a dozen years ago God brought us together. At the time, Silas and I knew we needed him to help us on our journey west. He was young and strong, and the road ahead would be difficult. We had no idea how much we would need him, but God knew, and I am so grateful for God's provision.

It was during my second mission to Lystra in central Asia that we met Timothy and his family—his godly grandmother, Lois, and mother, Eunice, and also his father, who was not of our faith. We had been looking for a younger assistant, and several people suggested that Timothy could be just who we needed. With tears, his family let him go, not knowing where the road would lead.

But God's Spirit knew, and after adding our physician friend Luke to the team, we sailed across the Aegean, landing in Macedonia. Quite an adventure for young Timothy, helping start new churches, seeing us beaten and thrown in prison, being chased out of Macedonia south into Greece, barely escaping plots to kill us. But Timothy proved to be strong, and in time he went with us back to Jerusalem, and later even to Rome.

We have been through much together, Timothy, God, and I: travels, shipwrecks, imprisonments, trials before rulers and even Caesar. So, when a trustworthy person was needed to lead the church in Ephesus and to deal with the false teachers there, Timothy was God's choice. I miss him deeply, but he is too valuable for me to keep to myself.

I hope someday you will meet him. But now, please excuse me—I must begin this letter to my son. There are things I need to tell him.

Item Eleven, For Lesson Eight, Teaching Plan—Varied Learning Activities, Step 2, A Message from the Apostle Paul

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Research Assignments

Team One: Research Timothy's Story

Background Passage: 1 Timothy 1:1-5

Assignment: Using facts from Acts 16:1-5 and Bible maps of Paul's second missionary journey and journey to Rome, illustrate the extensive travels Paul and Timothy shared from AD 50 to 62. Point out the beginning place, Lystra in Asia Minor. Also show Macedonia, Greece, Jerusalem, and Rome.

Team Two: Research Paul's Background

Background Passage: 1 Timothy 1:12-17

Assignment: Using Acts 7:57 to 8:3 and Acts 9:1-6, recall the story of Paul's part in the martyrdom of Stephen and in the persecution of the early church. Explain why Paul was *a man with a past*.

***Item Twelve, For Lesson Eight, Teaching Plan—Varied Learning
Activities, Steps 4-6, Research Assignments***

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About Our Church

- (1) Where does our church meet: in a traditional building, a borrowed building, a rented storefront, a home, on multiple campuses, or other?
- (2) How many ordained ministers currently serve on our staff?
- (3) Are our deacons ordained or elected?
- (4) Do we ordain women as deacons or ministers?
- (5) How are decisions and plans made in our church: by staff, elders, deacons, committees, the congregation as a whole, or another way?
- (6) What are the strengths of our church: evangelism, worship, ministry to needy, church planting, other?
- (7) What do you personally like best about our church?

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- (2) How many ordained ministers currently serve on our staff?
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- (4) Do we ordain women as deacons or ministers?
- (5) How are decisions and plans made in our church: by staff, elders, deacons, committees, the congregation as a whole, or another way?
- (6) What are the strengths of our church: evangelism, worship, ministry to needy, church planting, other?
- (7) What do you personally like best about our church?

Item Thirteen, For Lesson Nine, Teaching Plan—Lecture and Questions, Step 1, About Our Church

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Timothy's Fitness Plan
A Way to Train for Godliness (1 Timothy 4:1-16)

I. Some things to *resist* if you would be spiritually fit (1 Tim. 4:1-6)

- Avoiding spiritual laziness, and staying alert to truth (4:1)

- Things that are detrimental to my training for godliness (4:2-3)

- A more wholesome attitude toward life (4:4-6)

II. Some things to include if you would gain *strength* spiritually (1 Tim. 4:7-11)

- Setting priorities for my time and my life (4:8)

- Sorting out biblical truth from false teachings (4:7, 9-11)

III. Setting an *example* of godliness for others (1 Tim. 4:12-16)

- Five areas in which to set an example (4:12)

- The values of public/corporate worship (4:13)

- Developing the spiritual gift(s) you have been given (4:14)

- Sticking with the program (4:15-16)

**Item Fourteen, For Lesson Ten, Teaching Plan—Varied Learning
Activities, Steps 3-5, Timothy's Fitness Plan**

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My Thoughts About Money

- (1) Is my first priority in life to grow in godliness and righteousness?
- (2) Do my attitudes about spending money help or hinder my being generous?
- (3) Do my checkbooks and credit card statements witness to my faith?
- (4) Is there some change I should make regarding how I spend my money?

My Thoughts About Money

- (1) Is my first priority in life to grow in godliness and righteousness?
- (2) Do my attitudes about spending money help or hinder my being generous?
- (3) Do my checkbooks and credit card statements witness to my faith?
- (4) Is there some change I should make regarding how I spend my money?

Item Fifteen, For Lesson Eleven, Teaching Plan—Varied Learning Activities, Step 5, My Thoughts About Money

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How Awake Are You?	
When you wake up, what does it take to get you going?	
What does it take to wake you up spiritually?	
Do you wake up every day and choose to serve Christ, or do you go for longer periods of time before you serve?	
When you serve Christ, how do you serve Christ?	

Item Sixteen, For Lesson Twelve, Teaching Plan—Varied Learning Activities, Steps 1-3, How Awake Are You?

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Group Instructions

Share with each other the following:

- Times when either you or someone you know has gone through hard times but kept their hope in Christ
- Whether the hard times were a result of living a faithful life to Christ
- Ways you or the person you know saw God's love and care during that time

Group Instructions

Share with each other the following:

- Times when either you or someone you know has gone through hard times but kept their hope in Christ
- Whether the hard times were a result of living a faithful life to Christ
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Group Instructions

Share with each other the following:

- Times when either you or someone you know has gone through hard times but kept their hope in Christ
- Whether the hard times were a result of living a faithful life to Christ
- Ways you or the person you know saw God's love and care during that time

Item Seventeen, For Lesson Thirteen, Teaching Plan—Varied Learning Activities, Step 10, Group Instructions

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