

References

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Link to the video used as demonstration

YOUTUBE – EXPLICATRICKS. O que é menstruação?. Available at: <https://www.youtube.com/watch?v=XXXXXXXXXXXX>. Accessed on: Apr. 20, 2026.

Use of YouTube educational videos

The educational videos used in the Maria application were selected from content available on platforms such as YouTube and are duly referenced through their respective links in the bibliography. These materials served as the basis for the construction of the prototype, with the aim of demonstrating the functioning of the app’s teaching area.

It is important to note that the use of this content is temporary, since the project is still in its initial phase. As a future proposal, the intention is to develop and make available

original video lessons, produced with the support of interpreters and qualified professionals in Libras (Brazilian Sign Language), ensuring greater quality, accessibility, and a unique identity for the Maria application.