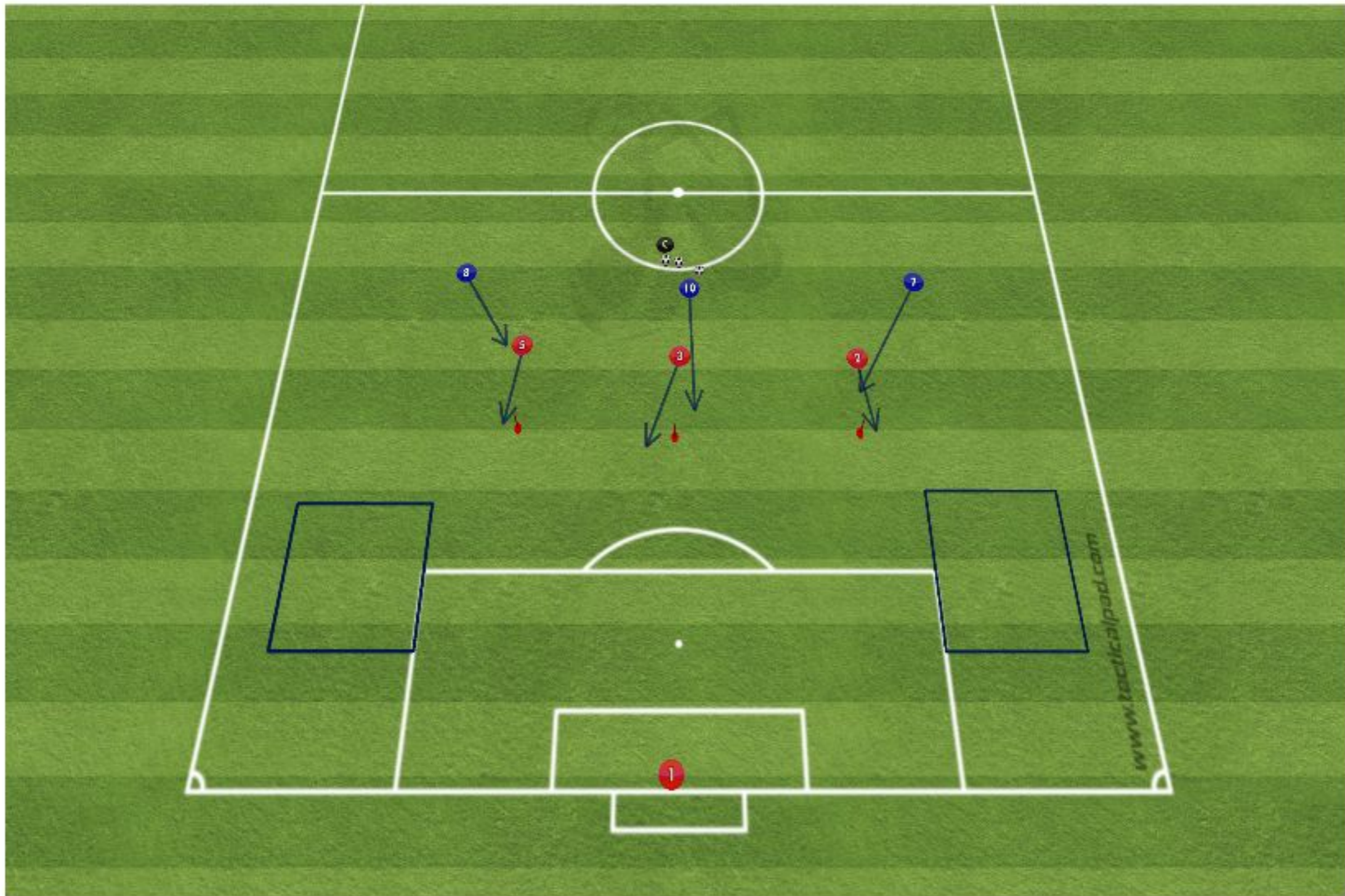


# FINAL



**This is a drill where the defenders are put under serious pressure to come back from a high line defense.**

**The forwards allowed to move ahead the offside line for 2 to 3 steps to give them advantage and pressure defenders. The defenders will have to be quick and communicate louder. The forwards should move in sharp lines forcing defenders to be physically challenged while trying to cover, mark and press.**