

A Bill to Regulate Screen Time in Schools for Children Under 13

1 BE IT ENACTED BY THE CONGRESS HERE ASSEMBLED THAT:

2 **SECTION 1.** This bill establishes federal regulations to limit daily screen time for
3 students aged 13 and under in public and charter schools to no more
4 than two hours to promote hands-on learning, social development, and
5 critical thinking.

6 **SECTION 2.** *Screen Time* refers to the total time spent using electronic devices with
7 screens, including but not limited to smartphones, tablets, computers,
8 televisions, and gaming consoles, during school hours.

9 *Educational Use* refers to screen use directly tied to classroom
10 instruction or mandated assessments.

11 *Non-Educational Use* refers to screen use not related to learning
12 objectives, including entertainment or social media.

13 **SECTION 3.** The U.S. Department of Education shall enforce this Act by developing
14 screen time guidelines and monitoring compliance through annual school
15 reporting. Violations will result in federal funding penalties
16 (*discontinuation of funding*) and/or mandated corrective action plans.

17 **SECTION 4.** This legislation will take effect on January 1, 2027. All laws in conflict with
18 this legislation are hereby declared null and void.

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