

## PE30.1

**Leadership through Service Learning** – Assess, through participation, how leadership in activity-based service learning benefits self and community.

### Indicators for this outcome

- (a) Recognize the contributions that young adults have made to their community and province through activity-based service learning.
- (b) Discuss what is known about leadership within physical activity (e.g., what leadership means; why it is important to give back to the community and province; what it means to be a mentor or an advocate in the community/province).
- (c) Assess personal strengths and weaknesses in communication and building relationships with others.
- (d) Examine how First Nations and Métis ways of knowing guide the development of relationships with others and the environment through activity-based service learning.
- (e) Investigate leadership roles in a variety of activity-based service learning opportunities in the community.
- (f) Explore the requirements (e.g., safe contact in football, concussion protocol and criminal record check) for individuals seeking certification in a specific leadership role (e.g., coaching, officiating and volunteering).
- (g) Participate, in a leadership role, in activity-based service learning.
- (h) Document personal leadership in activity-based service learning.
- (i) Reflect on how participation in activity-based service learning has enhanced personal leadership skills.
- (j) Reflect on perceived benefits for self and community from leadership in activity-based service learning.