

“Is Abortion Affecting My Life?”

Women and men can be affected in many ways by abortion. Take this quick quiz to how abortion is affecting your life today. A comprehensive post-abortion survey can be found in [Surrendering the Secret](#), Chapter 1. If you identify with any of these symptoms, or if you have questions, please contact us for more information. We want to help you heal from the heartbreak of abortion.

- I can't tell anyone about my abortion. They just wouldn't understand.
- There are details about the abortion that I cannot remember.
- I have lost interest in things I used to love since having the abortion.
- I often feel angry and irritable.
- I have difficulty maintaining relationships.
- I use alcohol, drugs or prescription medications once per week or more.
- I find that I am repeating the same mistakes in my life.
- I avoid people, places and things that remind me of my abortion.