

# The Advent Coloring Calendar

A Coloring Book to Bless and De-Stress  
Through the Season

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*The Advent Coloring Calendar: A Coloring Book to Bless and De-Stress Through the Season*

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Day 2 source: Richard John Neuhaus, in Greg Pennoyer & Gregory Wolfe, eds. *God With Us: Rediscovering the Meaning of Christmas* (Brewster, MA: Paraclete Press, 2007), 43.

Day 13 source: Sarah Arthur, *Light Upon Light: A Literary Guide to Prayer for Advent, Christmas, and Epiphany* (Brewster, MA: Paraclete Press, 2014), 24.

Day 14 source: Scott Cairns, in *God With Us*, 64.

Day 16 source: *God's World and Our Place in It* (Manchester, NH: Sophia Institute Press, 2003), 10.

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Sometimes coloring is just coloring. To put crayons to paper and create a rainbow of marks and swaths is relaxing, playful, and maybe even artistically satisfying. But sometimes coloring is more. To put colored crayons, markers, or pencils to paper is to create a pathway to the numinous. Coloring invites the body and the senses into an experience of inner stillness. While the hand moves, the mind and the body slow down. The heart and the ears open carving a space for rich silence and an opportunity for God to speak.

—SYBIL MACBETH,  
author of *Praying in Color: Drawing a New Path to God*

# Day 1

"The days are coming," declares the Lord,  
when I will fulfill the good promise I made..."

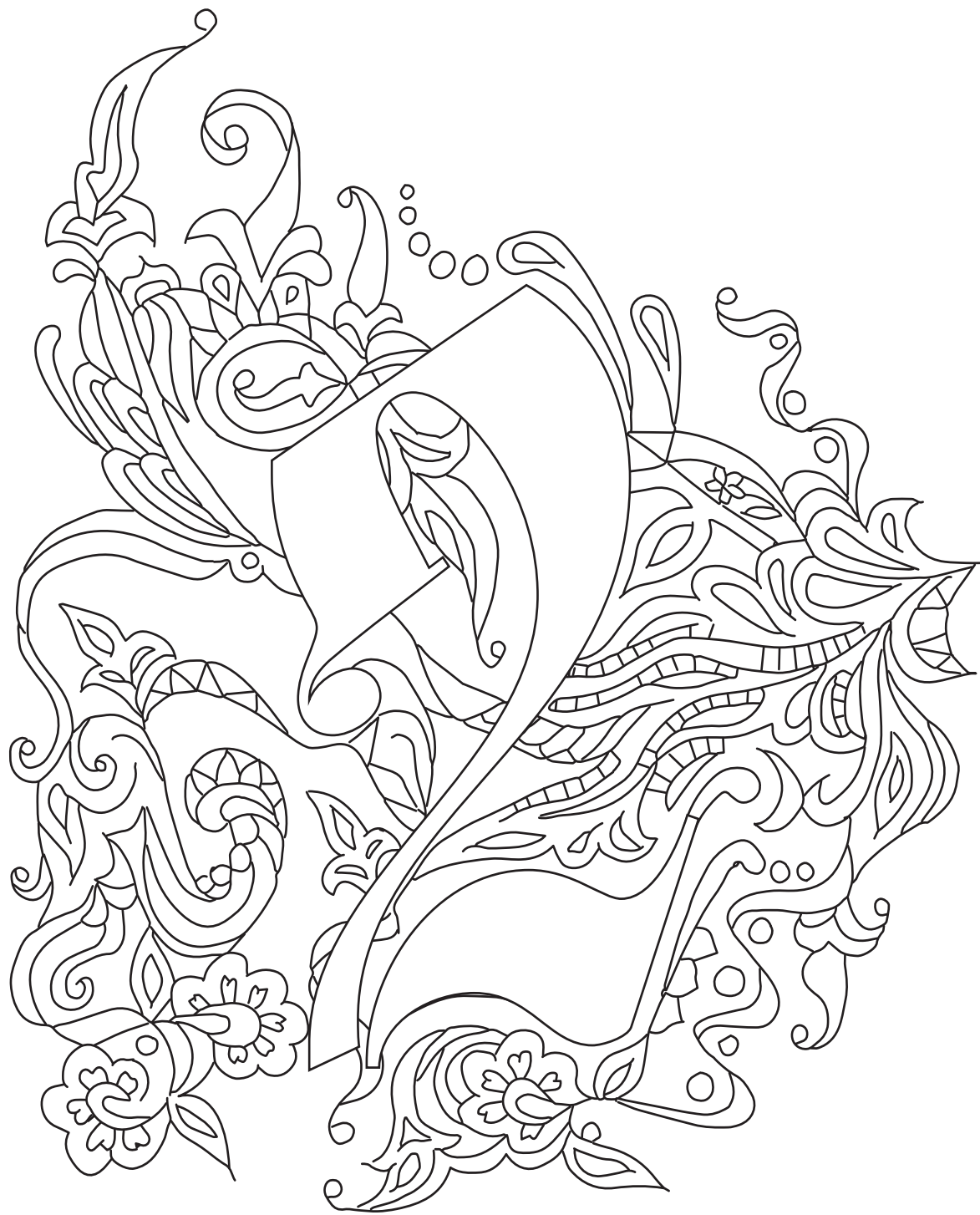
JEREMIAH 33:14 [NIV]



# *Day 2*

From the deepest depths of our hearts,  
we cry to you, O Lord.

RICHARD JOHN NEUHAUS

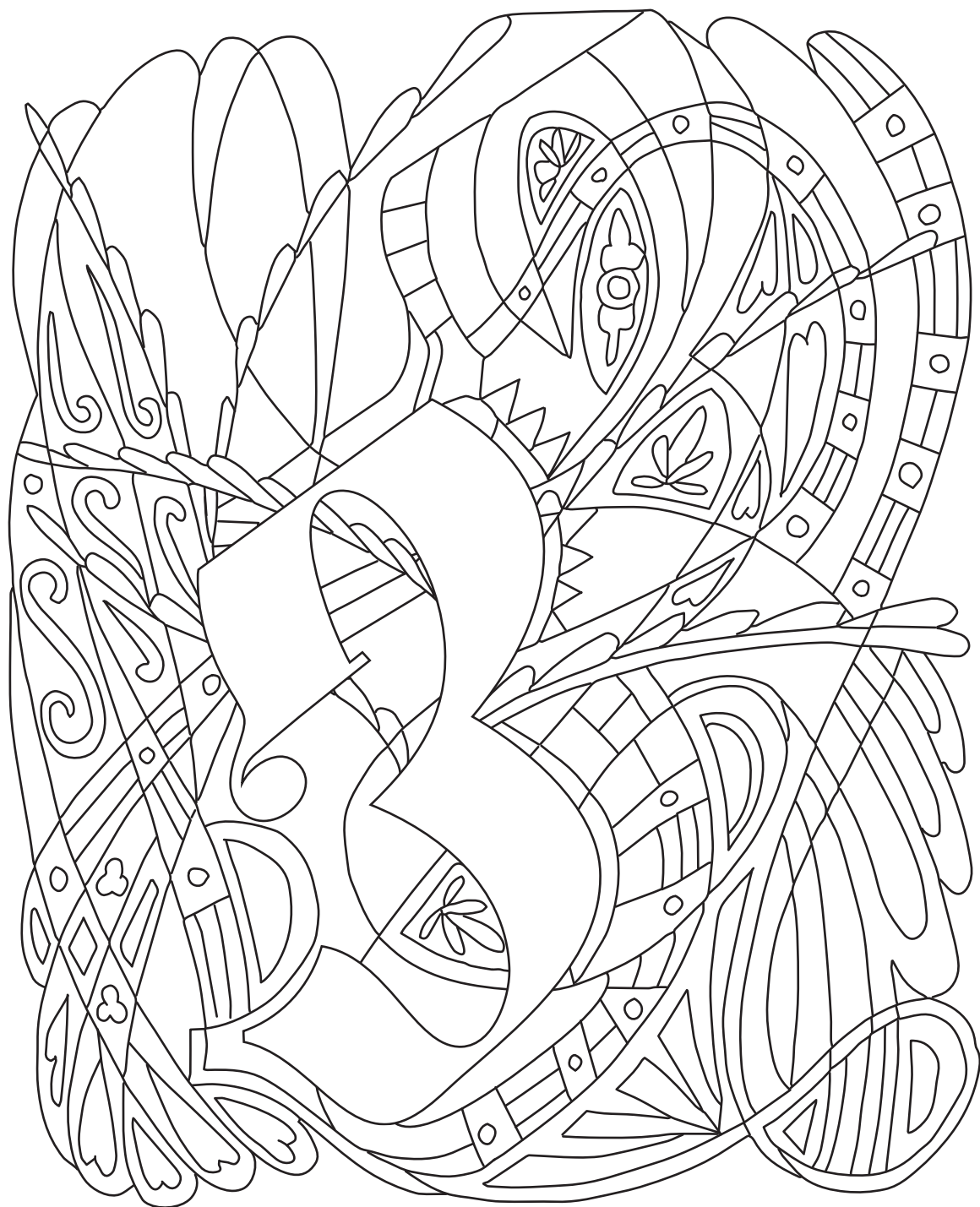


# *Day 3*

The wolf will live with the lamb . . .  
and a little child will lead them.

ISAIAH 11:6 [NIV]

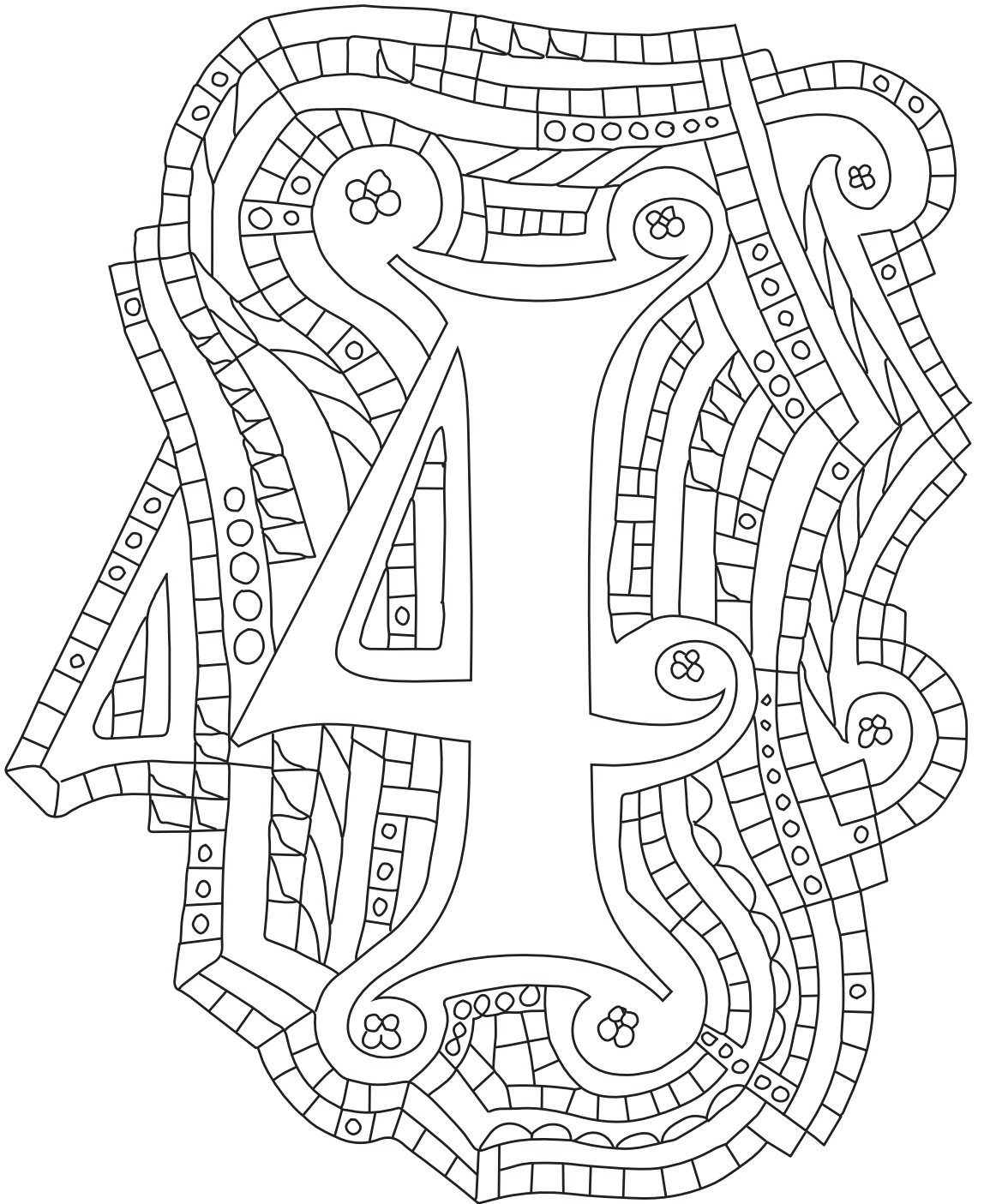




# Day 4

"Greetings, you who are highly favored!  
The Lord is with you."

LUKE 1:28 [NIV]



# *Day 5*

"Here am I; let it be with me  
according to your word."

LUKE 1:38

