

About NAMI

NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.



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NAMI Louisville Stigma-Free Workplace

Stigma-Free Workplace Initiative

The Stigma-Free Workplace Initiative's mission is to empower employers to develop and retain experienced human capital while reducing costs associated with absenteeism.

We accomplish this by assisting employers in creating diverse, compassionate work environments where the value of mental health is acknowledged and accessibility to resources is prioritized.

Stigma: a mark of disgrace associated with a particular circumstance, quality, or person.

Our Services

- > NAMI Program Services
- > Tailored Education Training
- > Specific Group Training
- > Social Media and Website Promotion
- > Quarterly Stigma-Free Newsletter

Our Tailored Trainings

- > General Mental Health
- > Focus on Anxiety and Depression
- > Food and Exercise as they relate to Mental Health
- > Virtual Working and/or Going Back into the Workplace
- > Adverse Childhood Experiences - ACE's
- > Suicide Prevention
- > Cultural Diversity
- > LGBTQ
- > Employee Well-Being
- > Substance Abuse Disorder

** These are just examples of what we can offer. We will work with you to design a program specific to your organization

