Sexual Assault: Who to Turn to for Help

The aftermath of sexual assault and violence can be emotional & difficult. Counseling can be an important step in helping someone who has been assaulted or abused regain a sense of safety and control in their lives and move toward healing and recovery.

Sexual Assault, Relationship Violence and Stalking are frightening realities for anyone to have to face alone. The College of Saint Rose Counseling & Psychological Services Center offers free and completely confidential support services for students who have experienced sexual assault, relationship violence, stalking & more. Services include:

- 24-hour crisis intervention
- Individual trauma-informed counseling for male & female students
- Emotional and psychological support to promote self-care & safety planning
- Facilitation of referrals for medical evaluations, testing, or treatment at a local hospital or clinic
- Review of legal and procedural information regarding reporting options to the college and/or law enforcement
- Advocacy, including accompanying the student to the department of Security or to the Title IX Coordinator should the student decide to report the incident
- Coordination with other offices and on-campus services for academic, housing or safety needs
- Referrals to local resources such as the Albany County Crime Victims & Sexual Assault Care Center & Equinox Domestic Violence Services

Important Phone Numbers:

- Counseling Center: 518-454-5200
- Health Services: 518-454-5244
- Campus Security: 518-454-5187
- Campus Title IX Coordinator & Chair of the Alliance for Sexual Assault Prevention (ASAP), Dennis McDonald,VP for Student Affairs: 518-454-5126
- Crime Victims & Sexual Assault Care Center: 518-447-7100
- Equinox Domestic Violence Services: 518-432-7865

Compliments of The College of Saint Rose Counseling Center
947 Madison Avenue Albany, NY 12203 (518)-454-5200