BREAKING GENERATIONAL INIQUITIES

What is an iniquity?

It's an inherited weakness in the flesh. The flesh is not a "sinful nature" in your spirit. Your spirit is new with a new nature. The flesh refers to desires in the body.

FAMILY TREE

A family tree can visually represent both positive and negative traits passed down through generations. For example, a tree might show a pattern of family members with high intelligence (positive) while also highlighting a tendency towards anxiety or depression (negative).

Here's a more detailed example:

Positive Traits:
Intelligence:
Several family members exhibit high intelligence, demonstrated by good grades, academic achievements, or successful careers.

Kindness and Generosity:
A lineage may show a pattern of caring and supportive individuals who are often generous towards others.

Strong Work Ethic:
Family members might be known for their dedication, perseverance, and hard work, leading to professional success.

Resilience:
The family may have a history of bouncing back from adversity, demonstrating adaptability and strength in the face of challenges.

Negative Traits:
Mental Health Challenges:
A tree could show instances of anxiety, depression, or other mental health conditions within the family, suggesting a potential genetic or environmental predisposition.

Substance Abuse:
Family members might have struggled with alcohol or drug addiction, indicating a possible vulnerability to these issues.

Relationship Issues:
A pattern of relationship problems, such as divorce, conflict, or emotional distance, might be visible across generations.

Chronic Illnesses:
Certain medical conditions, like heart disease or diabetes, might appear to run in the family, indicating a higher likelihood of these illnesses in future generations.

EXAMPLE OF ABRAHAM, ISAAC AND JACOB
Examples: Abraham, Isaac and Jacob…see sin patterns imparted and passed down and repeat.

Genesis 26:6-11

Isaac is following directly in his father's footsteps. Abraham of course lied about Sarah being his sister while in Egypt in Genesis 12, and then again in Genesis 20 to Abimelech, king of Gerar. "Abimelech" was a dynastic title, so Abraham and Isaac did not lie to the same person, but to different people who held the same office at different times.

Perhaps Isaac didn't know about his father's lie in Egypt. That was a long time ago in a faraway place, and maybe Abraham didn't tell his son about it. After all, Moses didn't write Genesis based on oral tradition that had been passed down through the generations. God Himself spoke to Moses on the Holy Mountain, telling him of events long past.

But Isaac was born within a year of Abraham lying to Abimelech, and perhaps had already been conceived by that time. He grew up around these people and under a treaty that his father had made with Abimelech. It's hard to imagine that he never heard about what happened when his family first moved to the land.

What's more, if Scripture records Abraham twice lying about his wife being his sister, then it is likely that the character traits of cowardice, conniving and lying that would lead to such lies would have revealed themselves in

other aspects of Abraham's daily life. Isaac grew up working closely with his father, and his father's bad tendencies rubbed off on him. Isaac grew up to commit the very same sin that his father committed.

This is not to say that Abraham was a bad father. He is the Father of all Believers, and was chosen by God to be a vessel for the godly line of Israel, and eventually the Messiah, because he was so faithful. Abraham demonstrated his boldness on the battlefield, and his conflict resolution with the many peoples around whom he lived. Abraham cared deeply for his relatives and bargained with God to save an entire city. Abraham was a good man who, in many respects was worthy of emulation.

Yet, even the Father of the Faith committed sins that were then passed down to his son. Like all children, Isaac imitated both the good and the bad that he saw in his dad. What a warning for all of us! How we need to pray that God would have mercy on us! How we need to pray that God would grant us a spirit of repentance over our sin, so that our children will not grow up to follow in those sinful footsteps.

In the Bible, Abraham, Isaac, and Jacob all lied to protect themselves or their families from harm. Abraham lied about Sarah's identity to Pharaoh and Abimelech, claiming she was his sister. Isaac lied about Rebekah's identity to Abimelech, also claiming she was his sister. Jacob lied to his father, Isaac, claiming he was Esau to receive Esau's blessing.

Abraham's Lies:
Genesis 12:
Abram (later Abraham) told Pharaoh that Sarah was his sister to avoid being killed for her beauty.

Genesis 20:
Abram told Abimelech, king of Gerar, that Sarah was his sister for the same reason.

Isaac's Lie:
Genesis 26: Isaac told Abimelech, the king of the Philistines, that Rebekah was his sister to avoid being killed by the men of Gerar, who were jealous of her beauty.

Jacob's Lies:

Genesis 27: Jacob, with the help of his mother Rebekah, deceived his father, Isaac, by impersonating Esau and receiving the patriarchal blessing intended for Esau.

Jacob's sons lied to Jacob about Joseph.

Joseph walked in love and forgiveness and reconciliation.

SCRIPTURES TO CONSIDER

Exodus 34:6-7
6 And he passed in front of Moses, proclaiming, "The LORD, the LORD, the compassionate and gracious God, slow to anger, abounding in love and faithfulness,
7 maintaining love to thousands, and forgiving wickedness, rebellion and sin. Yet he does not leave the guilty unpunished; he punishes the children and their children for the sin of the parents to the third and fourth generation."

Exo 20:5-6 You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me,
6 but showing love to a thousand generations of those who love me and keep my commandments.

Leviticus 26:39-42
39 Those of you who are left will waste away in the lands of their enemies because of their sins; also because of their ancestors' sins they will waste away.
40 " 'But if they will confess their sins and the sins of their ancestors—their unfaithfulness and their hostility toward me,
41 which made me hostile toward them so that I sent them into the land of their enemies—then when their uncircumcised hearts are humbled and they pay for their sin,
42 I will remember my covenant with Jacob and my covenant with Isaac and my covenant with Abraham, and I will remember the land.

Ezekiel 18:1-4
1 The word of the LORD came to me:

2 “What do you people mean by quoting this proverb about the land of
Israel: “ ‘The parents eat sour grapes, and the children’s teeth are set on
edge’?
3 “As surely as I live, declares the Sovereign LORD, you will no longer
quote this proverb in Israel.
4 For everyone belongs to me, the parent as well as the child—both alike
belong to me. The one who sins is the one who will die.
Familial spirits. Demons within a family line. Open doors of sin, compromise, unhealed trauma. They knock on the door of each generation looking to gain access. Then the free will is engaged, a door is open and the oppression continues.

Example of alcoholic spirit in a family.

Example of generational infirmities. My mom’s family. Had a curse of premature death. Broken over her and her bloodline moving forward.

When demonic strongholds are not dealt with in a person’s life, the enemy can hang around and knock on the door of the next generation to see if it can continue.

How strongholds are formed: in the mind, thoughts, free will choice to engage in sin as a habit, doors are opened. Demons begin to oppress. Start with a foothold. It eventually becomes a stronghold. Whether a thought pattern, belief system, or behavior pattern.

Trauma produces a soul wound or physical wound. Enemy takes advantage of the trauma and oppresses it to prolong pain. And lock someone in the pain.

Unhealed, broken areas of the soul and sin strongholds affect someone. It effects how they parent. It effects levels of sanctification and behavior towards people. Broken or unrenewed, unhealed parents then behave in a way in front of, around or to their children. This behavior impacts the child in a foundational way. Through words spoken, belief systems are formed. Through actions…soul wounds are formed leading to resentment, anger, and areas of the child’s soul that will be impacted by what’s modeled for them. We impart what we live, even more than what we say. Impartation often happens without even knowing it. Iniquity impartations can surface much later in life and certain circumstances can cause what was imparted

to you as a child to surface as an adult. Even when you know God and walk with Him.

GOD DEALT WITH JACOB. Changed Jacob to Israel - self awareness. Gen 32

Example in my life recently: how deal with anger?

So in order to break generational iniquity…it starts with US. With YOU and with ME.

One of the greatest tools in this process is the ability to self-reflect. In order to do this we must be very humble, and selfless. We can't blame shift or make excuses or take the prideful stand that says "This is just how I am." When there is no self-reflection there can be no change. This is why patterns pass down and get repeated so often.

Jacob to Israel.

WHEN GOD DEALTH WITH A STRONGHOLD IN MY MIND OF REJECTION.
Why was this so important in my process. The more healed and whole I am, the better parent I will be. Hurting people hurt people.

Self-directed neuroplasticity
Neuroplasticity is the brain's ability to reorganize itself by forming new neural pathways throughout life and in response to experiences. While the brain usually does this itself in response to injury or disease, when humans focus their attention enough, they can slowly rewire these pathways themselves.

The habit loops are broken by reshaping thinking using mindfulness. Mindfulness refers to focusing attention in a sustained, deliberate way, of looking at the present from a non-judgmental perspective. The goal of mindfulness is to become aware of thoughts, as simply thoughts. Not all unwelcomed or unhelpful thoughts need to be acted on. Once an individual understands that these thoughts are not beneficial for them, they can start to redirect their actions – or the reactions to the thought.

The redirection of thoughts and actions will start to change neural pathways as habits begin to be replaced, and new parts of the brain are used. The brain literally starts to rewire itself with a simple change of mindset.

Breaking habits
Knowing this information does not make breaking habits any less difficult, but it does confirm that the "I can't do it" mentality isn't that valid. While trying to break a bad habit can be hard, it is possible!

The first step to changing your habits is to change your cues. If you want to be more mindful, you could leave a journal by your bedside table to remind you to take a few minutes to write and be present either before you fall asleep or when you awake. If you want to start eating healthier, you could put a sticky note on your fridge with an encouraging or inspirational note to remind you to make a healthier choice.

Here is a five-part framework for creating positive habits:
Discover: Why does your goal matter to you? Why is it important?
Diagnose: What is blocking you from achieving your goal? Remove that roadblock.
Prescribe: What steps do you need to take to achieve your goals? Write out a personalized plan that suits your schedule, interests, and skills.
Practice: Ditch the all-or-nothing mindset. If you mess up or do not stick exactly to plan, that's okay. Get back on the horse and keep trying. Five minutes of a good habit can eventually build to a half-hour or more!
Pause: Schedule time to sit and reflect on your efforts, results, and mindset. Reflecting is crucial to building new pathways in the brain.

ABOUT THE AUTHOR ON NEUROPLASTICITY
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The Power of Prayer over a child and family. If you recognize an area of potential weakness or access. Identity it, speak truth into child's mind and pray over the child.

Must be open to the Holy Spirit and His conviction and awareness.

THE POWER OF REPAIRING

The power of saying “I’m sorry” to a child. Repairs and removes a potential stronghold of offense.

The first thing God dealt with in me at 14 when I got saved was a deep-seated offense and resentment towards my dad. Based on how he spoke to me, and how he showed love to me.

We often say “They did the best they could.” But maybe not completely. They may not have done the work needed to get healed, be self aware and meet their child where they were at.

But we can and our generational line will be better for it.

Maybe there were some things broken but not all. Now you can step into a deeper level of freedom and blessing moving forward and impart different things.

Breaking generational iniquities has a lot to do with the work you allow God to do in YOU. So you don’t continue things that negatively impacted you as a child.

It’s never too late to say sorry, even to a grown adult child. It’s a powerful tool for healing and reconciliation.

Change behavior and impart something different moving forward.

PRAYER AND AUTHORITY

Identify sins in the family and pray for God to break them. Take direct authority over the enemy and cast him away. Whenever you sense the enemy buzzing around, stop and PRAY. A one minute pray can make a huge difference.

Jesus became the curse…scripture.

Gal 3:13 Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: “Cursed is everyone who is hung on a pole.”

14 He redeemed us in order that the blessing given to Abraham might come to the Gentiles through Christ Jesus, so that by faith we might receive the promise of the Spirit.

Luke 10:19 - we have authority to trample on serpents and scorpions and to overcome all the power of the enemy. Nothing shall harm you.

1 Jn 5:18 He who is born of God does not continue to sin. The One born of God keeps him and the evil one can not harm him.

Look at Abraham's blessings. We are given access to these now.

BREAKTHROUGH SCRIPTURES

💥The blood on the doors protected the families and released judgment on the gods of the enemy

Ex 12:13-28
In Exodus 12, the Israelites were instructed to smear blood of a sacrificed lamb on their doorposts as a sign for God to "pass over" their homes during the tenth plague, the death of the firstborn, sparing them from harm when the angel of death passed through Egypt.

Matthew 12:43-45
43 "Now when the unclean spirit has gone out of a man, it roams through waterless (dry, arid) places in search of rest, but it does not find it. 44 Then it says, 'I will return to my house from which I came.' And when it arrives, it finds the place unoccupied, swept, and put in order. 45 Then it goes and brings with it seven other spirits more wicked than itself, and they go in and make their home there. And the last condition of that man becomes worse than the first. So will it also be with this wicked generation."

💥Cleanse house, drive enemy out and OCCUPY. Occupy by changing behavior. Get everything out that shouldn't be there.
Put in your life what should be there. OCCUPYING THE GATES

MAL 4:5
5 "Behold, I am going to send you Elijah the prophet before the coming of the great and terrible day of the Lord. 6 He will turn the hearts of the

fathers to their children, and the hearts of the children to their fathers [a reconciliation produced by repentance], so that I will not come and strike the land with a curse [of complete destruction]."

💥Mal. Turn fathers to children. And Turn Disobedient child to **wisdom of the just.**

Salvation and change are possible through faith in Jesus Christ, who provides a new life and inheritance.

Creating a positive legacy involves actively choosing to break generational chains and establish new patterns of faith and love.

Gal 5:1 It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

2 Cor 5:17 Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

Proverbs 26:2
2 Like a fluttering sparrow or a darting swallow, an undeserved curse does not come to rest.
Num 14:18 'The LORD is slow to anger, abounding in love and forgiving sin and rebellion. Yet he does not leave the guilty unpunished; he punishes the children for the sin of the parents to the third and fourth generation.'

James 4:7 Submit yourselves, then, to God. Resist the devil, and he will flee from you.

PROMISES OF ABRAHAM'S COVENANT

Gen 12:1-3
Deut 28

Covenant made by God and He is the One to fulfill it.
Generational blessings back to abraham

Apply the blood of Jesus…foreshadowed in the passover. The blood blocked the evil and also brought blessing and protection. It also released judgment on the enemy.

Ex 3:22 But every woman shall [insistently] ask her neighbor and any woman who lives in her house, for articles of silver and articles of gold, and clothing; and you shall put them on your sons and daughters. In this way you are to plunder the Egyptians [leaving bondage with great possessions that are rightfully yours]."

REVIEW

Scriptures suggest that while individuals are ultimately accountable for their own actions, family patterns and inclinations can be influenced by past generations. However, salvation and change are possible through faith in Jesus Christ, breaking free from negative patterns and establishing new legacies of faith and blessing.

Scriptural Examples:
Inherited Inclinations:
Deuteronomy 5:9-10 and Exodus 20:5-6 highlight that God's love and wrath extend to multiple generations, suggesting that both blessings and consequences can be passed down.

Individual Responsibility:
Deuteronomy 24:16 and Jeremiah 31:29-30 emphasize that individuals are judged for their own actions, not solely for the sins of their ancestors.

New Testament Perspective:
Romans 11:11-24 and 1 John 5:12-13 emphasize that salvation is individual and faith in Jesus Christ provides a new life and inheritance.

Generational Blessings:
Genesis 22:17-18 and Psalm 71:18 suggest that God's blessings can extend to multiple generations of those who love and obey Him.

Passing on Legacy:
Psalm 78:4 and Psalm 145:4 encourage individuals to teach and share their faith and God's works with their children, creating a legacy of faith.

Breaking Generational Patterns:
Focus on Individual Transformation:
Prioritize individual faith in Jesus Christ, repentance, and a commitment to living a life that honors God.

Acknowledge and Address Patterns:
Be aware of the patterns you may have inherited and seek to break free from them through prayer, counseling, and intentional changes in your life.

Establish New Traditions:
Create positive family traditions and values that reflect your faith and commitment to God.

Seek God's Guidance:
Pray for wisdom and guidance as you navigate family dynamics and seek to break generational chains.

Forgiveness and Reconciliation:
Forgive those who have hurt you and reconcile with family members, breaking cycles of anger and resentment.

Key Takeaways:
While past generations can influence present circumstances, individuals are ultimately responsible for their choices and can break free from negative patterns.