### **GREATER HUDSON VALLEY COUNCIL**

## UNIVERSITY

# OF

## SCOUTING



### **2021 COURSE CATALOG**



MARCH 13TH, 2021



## TABLE OF CONTENTS



weico	me from the President	Page 3
Univer	sity Information	Page 4
Keyno	te Speaker-Joe McConaughy Biography	Page 5
Specia	l Guest Presenter Tony Mei Biography	Page 5
Degree	e Program	Page 6
Sugges	sted Courses for New Leaders	Page 7
Sched	ule by Periods	Pages 8-10
Sched	ule by Colleges	Pages 11-16
	Scouts BSA	Page 11
	Cub Scouts	Page 12
	Culinary	Page 13
	General	Page 13
	Special Needs	Page 14
	Venturing	Page 14
	Youth	Page 15-16
Scouts	BSA College Course Descriptions	Pages 17-21
Cub Sc	out College Course Descriptions	Pages 22-23
Culina	ry College Course Descriptions	Page 24
Genera	al College Course Descriptions	Pages 25-26
Specia	Needs Scouting College Course Descriptions	Page 27
Ventui	ring College Course Descriptions	Pages 28-29
Youth	College Course Descriptions	Pages 30-35





#### Message from the GHV University of Scouting President, Tom McCandless



## Welcome to the first Virtual Univ of Scouting event for the new Greater Hudson Valley Council!

This annual Council-wide supplemental training event is THE best type: real world insights & strategies from successful leaders creating dynamic programs for our youth! Regardless of tenure, you will learn of new strategies & ideas for almost any imaginable challenge you face as a volunteer scout leader! Even more importantly, you will meet new colleagues that have similar challenges in their home units and, over time, will likely become a friend and/or mentor.



Part of "Being Prepared" is expecting the unexpected. Who knew a year ago, that we'd have to create a virtual University of Scouting one year later? Who knew that the scout you encouraged to bridge over from Webelos to a local Scouts BSA unit would go on to become an Eagle Scout? Who knew that this Eagle Scout would go on to do unbelievably great things in life that would make everyone proud? This unpredictable phenomenon describes our guest speaker, Joe "Stringbean" McConaughy!

Joe's everyday life encompasses so many elements of the same Scouting program that is taught by YOU and he is proud to proclaim that Scouting has had an **enormous influence** on his whirlwind of success! Check out his brief bio on page 5.

Similarly, what inspires a Scouter to forge a meaningful policy enhancement of inclusiveness for all individuals in Scouting at the National level? An unexpected life experience? Learning your child has additional challenges? An intuitive, forward-looking scout leader in (our) former Washington Irving Council in the 1960s? That too may well partially explain how Anthony Mei came to chair the National Special Needs and Disability Committee (2011--2019) and we are thrilled to have him as one of our instructors! Tony's brief bio is also on page 5.

The common thread here is the gift of a trained leader that unexpectedly sparks inspiration and passion in a scout as a young adult!

It is my greatest hope that you find inspiration from some nugget of information you pick up in class or in the chat room on March 13th that will resonate in you an unforgettable message: you are profoundly impacting the lives of your scouts in an unexpectedly positive way that transcends 5th grade and/or 12th grade graduation. Tomorrow's super-achiever scouts will never forget your pivotal role in supporting them during their formative years and ensuring they were infused with the ingredients of the mission of Scouting!

On behalf of the many terrific volunteers (from both legacy Councils) that devote countless hours to bring you this University of Scouting, I want to thank you!

Enjoy the new comprehensive catalog (super helpful!), enjoy the new virtual midway (will be embedded in your individual class schedules), enjoy your classes on Google Meets (tech assistance also provided in class schedules), thank your instructors, and thank YOU for mentoring and inspiring our scouts to face the many unexpected challenges of life and excel in their chosen path!

#### **Looking forward to getting our scouts back together more traditionally later this year!**

Yours in Scouting,

Tom

Tom McCandless

### **GHVC's University of Scouting is going virtual!**

This year, the University of Scouting is a *virtual training event* that offers a wide spectrum of workshops that will strengthen each volunteer's ability to deliver better Scouting programs for our youth. Courses are designed for all levels of scouting involvement: Cub Scouts, Scouts BSA, Venturing, Youth, and more.



It is an action-packed, fun-filled day of supplemental training where you create your own curriculum. Classes are offered for new volunteers, veteran Scouters with many years of experience, and everybody in between! Sessions are led by experienced volunteers who will help you enhance your ability to deliver a fun and exciting program to the youth in your unit(s).

For new Scouters, this training will be an important part of your Scouting journey. Meet new people, begin networking with other new and experienced Scouters and most importantly, have your questions answered!

Registration: To register for University of Scouting 2020, go to-

https://mycouncil.wpcbsa.org/Event/4095

Cost: \$10 for adult and youth participants

Registration Closes: Sunday, March 7, 2021

Due to our virtual format this year, we cannot accept late registrations or walk-ins.

<u>Tracks</u>: Separate tracks for youth and adult. Adults may take courses in all colleges. Youth may take courses only in the youth college.

<u>Platform</u>: Course will be offered via the Google Meets Platform. Schedules with links to courses and instructions will be emailed week previous to the event. We will host an open help desk if there are issues.

### 2021 University Schedule

8:30—8:45AM Opening Ceremony

9:00 - 11:50AM Class Sessions 1-3

12:00PM – 12:50PM Period 4/Lunch/Keynote Speaker & Program Midway

1:00PM - 2:50PM Class Sessions 5-6

- Class sizes are limited so register early
- Lunch is Period 4-no regular classes scheduled
- Handouts and resources will be delivered via Google Drive
- There are no late fees and no refunds
- Only registered participants are admitted to classes and virtual midway

<u>Code of Conduct</u>- All participants, staff and guests are expected to conduct themselves in accordance with the principles set forth in the Scout Oath and Law. Class A uniform should be worn by all. Participants should be muted and screens must be on during classes. Thank you.

#### Virtual Midway

This year our Midway will be a "Virtual Expo" where you can learn about a variety of programs and opportunities. We are a brand new council now with so many new properties and programs! Links to Midway Meets will be sent with your schedule.





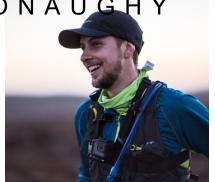
## KEYNOTE SPEAKER



JOE 'STRINGBEAN' MCCONAUGHY

He packed light, pushed through pain, followed Fastest Known Time protocol to a T, and even stopped to enjoy the view.

Ultrarunner and Eagle Scout, Joe "Stringbean" McConaughy was well on pace to shatter the fastest known time on the Appalachian Trail A couple falls caused swollen knees, cuts and bruises, and rugged terrain slashed his daily mileages in half. McConaughy rallied, and a few days later pushed his body to its limit for 37 straight hours over 110 miles to reach Mount Katahdin on August 31. The 2,189-mile journey took him 45 days, 12 hours and 15 minutes, which was enough for the 26-year-old to clutch the Fastest Known Time (FKT) ever recorded on the Appalachian Trail, all without the help of sponsors or a support crew.



Joe holds records for Long Trail (self-supported) 4d23h54 – 2020, Wicklow Round (supported) 17h9m – 2018 and Pacific Crest Trail (supported) 53d,6h,37h, 2014.

Joe also is Program Manager for 38-year-old adventure athlete, guide, and writer, *Andrew Skurka*"Adventurer of the Year" by both Outside and National Geographic, as well as "Person of the Year"
by Backpacker. He's described as "a superman among trekkers" and "one of the best traveled and fastest hikers on the planet."

Learn how Scouting has supported his mind and body to be the best trail runner he can be!

4th Period Special Class



### SNS PRESENTER TONY MEI





GHV University of Scouting is elated to have as a presenter Tony Mei, National Special Needs and Disabilities Committee (immediate past chair, 2011-2019). Tony has been instrumental in the development of Special Needs Scouting Advancement Policy as the National Chair.

Tony has been active in Scouting for 43 years, and at all levels of the Boy Scouts of America. Tony started his Scouting in the former local Washington Irving Council in 1959!

His drive to work with scouts with disabilities comes from the work with his son who has Down Syndrome and transgender daughter who has ADHD and Tourette Syndrome . He is the co-founder of the website Working With Scouts with disAbilities (WWSWD).

Tony has not only impacted Special Needs Scouting directly by policy, his mission has

been to cultivate public awareness of all types of disabilities. He has led the Disabilities

Awareness Challenge, at both the 2013 and 2017 National Jamboree. There, thousands of Scouts passed through his exhibit, experienced the challenges faced by individuals with disabilities or special needs. After completing any or all of the 19 different activities, Scouts and Venturers leave with a greater appreciation for those who may be different from them. Tony also served as Inclusion Facilitator for the World Scout Jamboree 2019.

We are grateful to have Tony sharing his knowledge with us! Tony will be teaching SN103 Retaining and Advancing the Scout with Special Needs at 1pm Period 5.





### **GHY UNIVERSITY DEGREE PROGRAM**



The University of Scouting degrees provide Scouters a structured program in which they can advance and be rewarded with degrees and titles for each level of achievement. The atmosphere is one of fun and fellowship, but there's also an attitude of respect for the importance of the event. Students are inspired to return each year, not only to learn and earn higher degrees, but also to share their experiences with fellow students. These degree programs are designed to provide an incentive for continued training and as a method to recognize Scouters who participate in that training.

The University of Scouting offers:

Associate Degree – choose any five courses; this is the first degree to be awarded at U of S

Bachelor Degree – Associate Degree plus 5 additional courses at our University of Scouting.

Master Degree – Bachelor Degree plus 5 additional courses at our University of Scouting.

Post-Graduate - program description and requirements under development. Not available this year

Doctor of Scouting: program description and requirements under development. Not available this year

All participants will receive a University of Scouting pocket patch by mail after the event. For all except legacy Hudson Valley Council participants, degree rockers will be included. Legacy HVC participants courses will be counted at the next U of S.



CGebauer@verizon.net



### MEET THE UNIVERSITY STAFF



This year, our University staff is a blend of the best trainers from former Hudson Valley and Westchester/Putnam Councils! All are prepared to deliver nearly 60 virtual courses, with more than 15 new offerings-

President Tom McCandless smtroop353@gmail.com Training Chair Sharon Masciovecchio sharon.mascio@gmail.com Dean of Logistics Donna Ragusa dmdragusa@gmail.com Dean of Registration Jay Singer jaysinger@pgaimpress.com Dean, IT Support Richard Schraudner rickdell@gmail.com Dave Harrison Dean, Scouts BSA College dwh1111@comcast.net Dean, Cub Scouts College John and Elaine Griffiths egriffiths@optonline.net Johnhenrygriffiths@gmail.com. Dean, Culinary College Gordon Moccio gordon.moccio@gmail.com Josh Davies Dean, General College joshdavies@optonline.net Dean, Outdoor Ethics Rich Perlman richard@montclairelectronics.com Dean, Special Needs College Kristine Kingslev ktkingsley@hotmail.com

Carl Gebauer

Questions? Contact Donna Ragusa dmdragusa@gmail.com

Dean, Venturing College



## SUGGESTED COURSES



Not sure which courses to take as a new leader? Here are some that we consider essential to launch your new Scouting position-

#### **CUB SCOUT COMMITTEE MEMBER**

- CS101 Hybrid Planning for the Year Packs and Dens
- CS202 Family Scouting and Scouts BSA
- CS302 How to Revitalize your Pack
- CS400 Transitioning from Cubs to Scouts BSA
- CS401 Disabilities within the Pack. Managing cognitive & physical challenges in Cub Scouting

#### **CUB SCOUT DEN LEADER/CUBMASTER**

- CS100 How to Execute a Successful Pack Meeting
- CS103 Building a Summer Pack Program
- CS300 Fun With Games
- CS301 Spicing Up Your Virtual Meetings
- CS303 Where to Go for Fun!
- CS400 Transitioning from Cubs to Scouts BSA

#### **TROOP COMMITTEE MEMBER**

- SB101 Recruit and Retain Scouts and Leaders
- SB102 Advancement Program
- SB103 Welcome to Scouts BSA Adult Bridging
- SB108 Managing the Merit Badge Process for Your Troop
- SB301 Scouting On-line
- GN101 How to Ask for Volunteers to Help

#### SCOUTMASTER/ASST SCOUTMASTER

- SB100 Using Campouts for Skill Building and Rank Advancement Success
- SB102 Advancement Program
- SB104 The Scoutmaster Conference
- SB107 Successful Patrol Leader Councils
- SB304 Running Your First Virtual ILST/C
- SB305 Advancement to First Class in Our New Environment

#### **VENTURING/HIGH ADVENTURE LEADERS**

- SB202 Shoot! NOVA Award for Scouts BSA:
- SB203 High Adventure Will Lift Your Troop
- SB204 Hudson Valley Backcountry Hiking
- SB205 Woods Wisdom for Women
- SB206 Winter Camping Okpik
- SB207 Tropical & Paddle Camping
- VN202 Dehydrate Your Own Food for Trail and Home
- VN203 Backpacking Food: Plan Ahead and Prepare

#### **YOUTH LEADERS**

- SB105 Life To Eagle Eagle Project Workbook/ Process
- SB106 NYLT and Your Troop or Crew
- SB107 Successful Patrol Leader Councils
- SB109 Introduction to Abilities Awareness for Youth Leaders
- SB304 Running Your First Virtual ILST/C
- SB402 Trail to Eagle-Jumpstart!
- SB403 The Order of the Arrow Today and Tomorrow!



## SCHEDULE BY PERIOD



#	COURSE	PER 1	PER 2	PER 3	PER 4	PER 5	PER 6
SB101	Recruit and Retain Scouts and Leaders *NEW*						
SB105	Life To Eagle - Eagle Project Workbook/ Process						
SB109	Introduction to Abilities Awareness for Youth Leaders						
SB202	Shoot! NOVA Award for Scouts BSA:						
SB204	Hudson Valley Backcountry Hiking						
SB300	Implementing Outdoor Ethics in Troops & Crews						
SB400	Starting and Running a Troop for Girls – Lessons Learned *NEW*						
CS100	How to Execute a Successful Pack Meeting *NEW*						
CS201	Teaching Leave No Trace to Cubs						
CS400	Transitioning from Cubs to Scouts BSA						
CU101	One Pot Meals						
CU200	The Grub Master						
GN101	How to Ask for Volunteers to Help						
SN101	Introduction to Abilities Awareness for Youth Leaders						
VN101	Hudson Valley Backcountry Hiking						
VN201	Places to Go						
VN205	Shoot! NOVA Award for Scouts BSA: *TRIPLE PER*						
VN301	Implementing Outdoor Ethics in Troops & Crews						
	Using Campouts for Skill Building and Rank Advancement Suc-						
SB100	cess						
SB102	Advancement Program						
SB202	Shoot! NOVA Award for Scouts BSA:						
SB206	Winter Camping - Okpik						
SB209	Backpacking Food: Plan Ahead and Prepare						
SB402	Trail to Eagle						
CS101	Hybrid Planning for the Year - Packs and Dens *NEW*						
	Disabilities within the Pack. Managing cognitive & physical						
CS401	challenges in Cub Scouting						
CU300	Backpacking Food: Plan Ahead and Prepare						
GN104	Unit Commissioners						
GN105	Intro to Scoutbook						
GN108	"A Scout Is Reverent"-Earning Religious Emblems *NEW*						
CN102	Disabilities within the Pack. Managing cognitive & physical						
SN102 VN102	challenges in Cub Scouting Winter Camping - Okpik						
VN203	Backpacking Food: Plan Ahead and Prepare						
VN205	Shoot! NOVA Award for Scouts BSA:						



## SCHEDULE BY PERIOD



#	COURSE	PER 1	PER 2	PER 3	PER 4	PER 5	PER 6
SB103	Welcome to Boy Scouting - Adult Bridging *NEW*						
SB106	NYLT and Your Troop or Crew						
SB108	Managing the Merit Badge Process for Your Troop						
SB202	Shoot! NOVA Award for Scouts BSA:						
SB207	Tropical & Paddle Camping						
SB209	Backpacking Food: Plan Ahead and Prepare						
SB305	Advancement to First Class in Our New Environment *NEW*						
SB403	OA						
CS103	Building a Summer Pack Program *NEW*						
CS202	Family Scouting and Scouts BSA						
CS300	Fun With Games						
CU102	Dutch Oven-What is this Wizardry?						
CU300	Backpacking Food: Plan Ahead and Prepare						
GN103	Family Scouting and Scouts BSA						
GN109	Meet the GHV Key 4						
GN110	The NEW Woodbadge						
SN104	Diversity & Inclusion in Scouting: The Case of Special Needs Scouting						
VN103	Tropical & Paddle Camping						
VN203	Backpacking Food: Plan Ahead and Prepare						
VN205	Shoot! NOVA Award for Scouts BSA:						
VN300	NYLT and Your Troop or Crew						
	LUNCH						
	KEYNOTE SPEAKER						
	PROGRAM MIDWAY						



## SCHEDULE BY PERIOD



#	COURSE	PER 1	PER 2	PER 3	PER 4	PER 5	PER 6
SB107	Successful Patrol Leader Councils						
SB201	Places to Go						
SB205	Woods Wisdom for Women						
SB208	Dehydrate Your Own Food for Trail and Home						
SB301	Scouting On-line *NEW*						
SB304	Running Your First Virtual ILST/C *NEW*						
SB401	Merit Badge Counselor Training						
CS102	STEM / NOVA for Cubs						
CS301	Spicing Up Your Virtual Meetings *NEW*						
CU100	Trail Cooking 101						
CU301	Dehydrate Your Own Food for Trail and Home						
GN102	Council Calendar and Newsletter						
GN107	Woods Wisdom for Women						
GN111	Four Scout Camps for the GHVC!						
	Retaining and Advancing the Scout with Special Needs: Pan-						
SN103	el Discussion of Success Stories.						
VN202	Dehydrate Your Own Food for Trail and Home						
VN204	Woods Wisdom for Women						
VN304	Running Your First Virtual ILST/C						
SB104	The Scoutmaster Conference						
SB200	Service Projects						
SB203	High Adventure Will Lift Your Troop						
SB205	Woods Wisdom for Women						
CS302	How to Revitalize your Pack *NEW*						
CS303	Where to Go for Fun! *NEW*						
CU201	Kitchen Patrol-Dealing with the Aftermath						
GN106	Advanced Scoutbook						
GN107	Woods Wisdom for Women						
SN105	Invisible Disabilities within the Troop. Managing cognitive & mental health challenges in Scouting						
VN200	High Adventure Will Lift Your Troop						
VN204	Woods Wisdom for Women						





### **SCOUTS BSA COLLEGE**

#	COURSE	PER 1	PER 2	PER 3	PER 4	PER 5	PER 6
SB100	Using Campouts for Skill Building and Rank Advancement Success						
SB101	Recruit and Retain Scouts and Leaders *NEW*						
SB102	Advancement Program						
SB103	Welcome to Scouts BSA - Adult Bridging *NEW*						
SB104	The Scoutmaster Conference						
SB105	Life To Eagle - Eagle Project Workbook/ Process						
SB106	NYLT and Your Troop or Crew						
SB107	Successful Patrol Leader Councils						
SB108	Managing the Merit Badge Process for Your Troop						
SB109	Introduction to Abilities Awareness for Youth Leaders						
SB200	Service Projects						
SB201	Places to Go						
SB202	Shoot! NOVA Award for Scouts BSA: *NEW*						
SB203	High Adventure Will Lift Your Troop						
SB204	Hudson Valley Backcountry Hiking						
SB205	Woods Wisdom for Women						
SB206	Winter Camping - Okpik						
SB207	Tropical & Paddle Camping						
SB208	Dehydrate Your Own Food for Trail and Home						
SB209	Backpacking Food: Plan Ahead and Prepare						
SB300	Implementing Outdoor Ethics in Troops & Crews						
SB301	Scouting On-line *NEW*						
SB304	Running Your First Virtual ILST/C *NEW*						
SB305	Advancement to First Class in Our New Environment *NEW*						
SB400	Starting and Running a Troop for Girls – Lessons Learned *NEW*						
SB401	Merit Badge Counselor Training						
SB402	Trail to Eagle						
SB403	The Order of the Arrow Today and Tomorrow!						





### **CUB SCOUT COLLEGE**

#	COURSE	PER 1	PER 2	PER 3	PER 4	PER 5	PER 6
CS100	How to Execute a Successful Pack Meeting *NEW*						
CS101	Hybrid Planning for the Year - Packs and Dens *NEW*						
CS102	STEM / NOVA for Cubs						
CS103	Building a Summer Pack Program *NEW*						
CS201	Teaching Leave No Trace to Cubs Family Scouting and Scouts BSA						
CS202	,						
CS300	Fun With Games						
CS301	Spicing Up Your Virtual Meetings *NEW*						
CS302	How to Revitalize your Pack *NEW*						
CS303	Where to Go for Fun! *NEW*						
CS400	Transitioning from Cubs to Scouts BSA						
CS401	Disabilities within the Pack. Managing cognitive & physical challenges in Cub Scouting						





### **COLLEGE OF CULINARY STUDIES**

#	COURSE	PER 1	PER 2	PER 3	PER 4	PER 5	PER 6
CU100	Trail Cooking 101						
CU101	One Pot Meals						
CU102	Dutch Oven-What is this Wizardry?						
CU200	The Grub Master						
CU201	Kitchen Patrol-Dealing with the Aftermath						
CU300	Backpacking Food: Plan Ahead and Prepare						
CU301	Dehydrate Your Own Food for Trail and Home						

### **COLLEGE OF GENERAL STUDIES**

#	COURSE	PER 1	PER 2	PER 3	PER 4	PER 5	PER 6
GN101	How to Ask for Volunteers to Help						
GN102	Council Calendar and Newsletter						
GN103	Family Scouting and Scouts BSA						
GN104	Unit Commissioners						
GN105	Intro to Scoutbook						
GN106	Advanced Scoutbook						
GN107	Woods Wisdom for Women						
GN108	"A Scout Is Reverent"-Earning Religious Emblems *NEW*						
GN109	Meet the GHV Key 4						
GN110	The NEW Woodbadge						
GN111	Four Scout Camps for the GHVC!						





### **COLLEGE OF SPECIAL NEEDS SCOUTING**

#	COURSE	PER 1	PER 2	PER 3	PER 4	PER 5	PER 6
	Introduction to Abilities Awareness for Youth						
SN101	Leaders						
CN14.02	Disabilities within the Pack. Managing cognitive &						
SN102	physical challenges in Cub Scouting						
SN103	Retaining and Advancing the Scout with Special Needs: Panel Discussion of Success Stories.						
SN104	Diversity & Inclusion in Scouting: The Case of Special Needs Scouting						
SN105	Invisible Disabilities within the Troop. Managing cognitive & mental health challenges in Scouting						

### **COLLEGE OF VENTURING**

#	COURSE	PER 1	PER 2	PER 3	PER 4	PER 5	PER 6
VN101	Hudson Valley Backcountry Hiking						
VN102	Winter Camping - Okpik						
VN103	Tropical & Paddle Camping						
VN200	High Adventure Will Lift Your Troop						
VN201	Places to Go						
VN202	Dehydrate Your Own Food for Trail and Home						
VN203	Backpacking Food: Plan Ahead and Prepare						
VN204	Woods Wisdom for Women						
VN205	Shoot! NOVA Award for Scouts BSA:						
VN300	NYLT and Your Troop or Crew						
VN301	Implementing Outdoor Ethics in Troops & Crews						
VN304	Running Your First Virtual ILST/C						





### YOUTH COLLEGE

	COURSE	DED 1	DED 3	DED 2	DED 4	DED E	DED 6
#		PEK 1	PER 2	PEK 3	PER 4	PER 5	PER 6
SB100	Using Campouts for Skill Building and Rank Advancement Success						
SB105	Life To Eagle - Eagle Project Workbook/ Process						
SB106	NYLT and Your Troop or Crew						
SB107	Successful Patrol Leader Councils						
SB109	Introduction to Abilities Awareness for Youth Leaders						
SB200	Service Projects						
SB201	Places to Go						
SB202	Shoot! NOVA Award for Scouts BSA:						
SB203	High Adventure Will Lift Your Troop						
SB204	Hudson Valley Backcountry Hiking						
SB205	Woods Wisdom for Women						
SB206	Winter Camping - Okpik						
SB207	Tropical & Paddle Camping						
SB208	Dehydrate Your Own Food for Trail and Home						
SB209	Backpacking Food: Plan Ahead and Prepare						
SB300	Implementing Outdoor Ethics in Troops & Crews						
SB301	Scouting On-line *NEW*						
SB304	Running Your First Virtual ILST/C *NEW*						
SB402	Trail to Eagle						
SB403	The Order of the Arrow Today and Tomorrow!						
CS201	Teaching Leave No Trace to Cubs						
CS300	Fun With Games						
CU100	Trail Cooking 101						
CU101	One Pot Meals						
CU102	Dutch Oven-What is this Wizardry?						
CU200	The Grub Master						
CU201	Kitchen Patrol-Dealing with the Aftermath						
CU300	Backpacking Food: Plan Ahead and Prepare						
CU301	Dehydrate Your Own Food for Trail and Home						
GN107	Woods Wisdom for Women						
GN108	"A Scout Is Reverent"-Earning Religious Emblems *NEW*						
SN101	Introduction to Abilities Awareness for Youth Leaders						
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### YOUTH COLLEGE

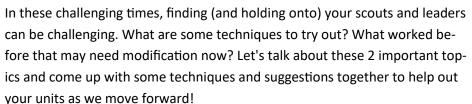
#	COURSE	PER 1	PER 2	PER 3	PER 4	PER 5	PER 6
VN101	Hudson Valley Backcountry Hiking						
VN102	Winter Camping - Okpik						
VN103	Tropical & Paddle Camping						
VN200	High Adventure Will Lift Your Troop						
VN201	Places to Go						
VN202	Dehydrate Your Own Food for Trail and Home						
VN203	Backpacking Food: Plan Ahead and Prepare						
VN204	Woods Wisdom for Women						
VN205	Shoot! NOVA Award for Scouts BSA:						
VN300	NYLT and Your Troop or Crew						
VN301	Implementing Outdoor Ethics in Troops & Crews						
VN304	Running Your First Virtual ILST/C						



#### SB100 Using Campouts for Skill Building and Rank Advancement Success PER 2

In this course. we will discuss camping in the great outdoors as a venue to organize and execute an Advancement Campout to help a troop meet their First Class-First Year goal. We will discuss how to encourage and enable your older scouts to gain proficiency by teaching Scout Skills to newer Scouts. The new Scout rank, Tenderfoot, Second Class, and First Class will learn to use the Patrol Method. The younger scouts will learn various skills like planning their meals, duty rosters, and demonstrate each skill individually.

#### SB101 Recruit and Retain Scouts and Leaders \*NEW\* PER 1





#### SB102 Advancement Program PER 2

The Scouts BSA advancement program places a series of challenges in front of a Scout in a manner that is fun and educational. As a Scout meets these challenges, he/she achieves the three aims of Scouting: citizenship, growth in moral strength and character, and mental and physical development. As a Scout advances, he/she is measured and grows in confidence and self-reliance. This course covers the need for encouraging the timely rank advancement of Scouts to help them succeed and stay active in the troop. For All Scouts BSA Leaders.

#### SB103 Welcome to Scouts BSA - Adult Bridging \*NEW\* PER3



\*NEW\* You were a parent or leader in Cub Scouts and your Scout has Bridged. This Class is for you to learn some of the differences between Cubs and Scouts BSA, leader roles and responsibilities in the troop, and opportunities for you to support your scout by being involved in the Scouting program.

#### SB104 The Scoutmaster Conference PER 6

This course reviews the requirements and purpose of Scoutmaster's conferences and explores ways to make the conferences valuable to both the Scout and the Scoutmaster. Ideas for and approaches to Scoutmaster's conferences for Scouts all the way through Eagle will be presented. For All Scoutmasters and Asst Scoutmasters.

#### SB105 Life to Eagle - Eagle Project Workbook/ Process PER 1

There are 12 Steps from Life to Eagle rank to ensure a smooth process and mentorship for the Scout. Eagle Scout is not just another rank in the Boy Scout advancement program, it is awarded to recognize mastery of Scouting which is itself a demonstration of character, fitness and citizenship. This course will examine the Life Scout to Eagle Transition with discussion and illustrations of advancement to the Eagle rank. For Scoutmasters, Committee and Scouts.



#### SB106 NYLT and Your Troop or Crew PER 3



National Youth Leadership Training (NYLT) is an exciting, action-packed program designed to provide youth members with leadership skills and experience they can use in their Troops and in other situations demanding leadership of self and others. NYLT course centers on what a leader must BE, what he/she must KNOW, and what he/she must DO. This session will present the strengths of modern leadership theory along with the value to the Troop and to your Scouts. For Adult and youth leaders.

#### SB107 Successful Patrol Leader Councils PER 5

The Patrol Leaders' Council (PLC) selects, plans, and leads Troop activities, and is the key to having a scout-led Troop. This session will present practical guidance from veteran Scoutmasters on PLC's success, measured at the youth leader level and at the Troop level. The PLC enables scouts to become leaders by example and work as a team to engage the rest of the troop.

#### SB108 Managing the Merit Badge Process for Your Troop PER 3

The 10-point merit badge process includes- Who gives out merit badge cards? How are counselors trained? Who can run merit badge courses and how do you do them? Any and all questions regarding the merit badge process. For adult leaders.

#### SB109 Introduction to Abilities Awareness for Youth Leaders PER1

An introduction for youth leaders on how to recognize Scouts with physical, cognitive and/or emotional differences, and learn practical skills and activities that will help ensure that all scouts, regardless of challenges, have an enriching scouting experience. It is designed to teach Scout leaders how to promote an atmosphere of inclusion and practice effective leadership when managing a patrol of individuals with varying abilities. For youth and adult leaders.

#### SB200 Service Projects PER6

Service to others and project suggestions! Rank advancement and helping other Scouts, parents, unit, sponsor and the community. Discussion includes Eagle Rank service project requirements; also shows how helping others improves self -esteem and results in respect of others. For all adult and youth leaders.

#### SB201 Places to Go PER 5



This Session will offer a number of places to take your Scouts BSA Troop for both high adventure and for that first-time scoutmaster or SPL who would like to take simple local trips. A group discussion will be offered on where some troops go local for activities and overnight camping trips. At the end of this session, you will have enough places to go with your troop for a whole year! For all adult and youth leaders.

#### SB202 Shoot! NOVA Award for Scouts BSA: PERIODS 1-2-3 NEW\*\*\*Triple Period\*\*\*



Shooting sports are lots of fun, but do you know the science behind how they work and how to get a bullseye from far away? How about how rockets defeat gravity and enter the atmosphere, or how satellite stay up without any fuel at all?!? All these things and more will be discussed when you enroll in the course "Shoot! NOVA" and you will even be well on your way to fulfilling the requirements to get the award yourselves! The prerequisites for the course are to purchase these supplies to use during the session. Here is the link to the supplies list: https://a.co/fxyKC9k



#### SB203 High Adventure Will Lift Your Troop PER 6

High Adventure trips provide an experience for our youth which they will get no other way. Given the availability of High Adventure venues is in question for 2021, spending some time to discuss the preparation for a trip in 2022 looks like a good way to keep the energy and opportunities active in the minds of our youth. Many of these trips have financial and physical requirements which need to be developed over time so taking the first small steps now will lead to excellent in execution. This session will cover Ideas for the Who, the Where, the Why and the How; Physical & Mental fitness training and team building; equipment acquisition, shake down and transportation etc.

#### SB204 Hudson Valley Backcountry Hiking PER 1



The Hudson Valley has unlimited trails and back country camping opportunities that can enhance a unit's outdoor program. It's the ideal place for scouts to hone their skills, learn about nature and develop leadership. We will explore popular trails and back country campsites to invigorate your unit's outdoor program. We will discuss how a strong outdoor program provides many advancement opportunities. And we will discuss the new overnight camping requirements for rank advancement. For all adult and youth leaders.

#### SB205 Woods Wisdom for Women DOUBLE PERIOD 5-6

Want to get out in the woods camping and hiking but don't know what to expect? Is it OK to use men's equipment or are there things out there that work better for female scouters? Some things are just NOT one size fits all! Come and learn how to manage in the great outdoors and take care of all our special female needs. For all female youth and adult leaders ONLY.

#### SB206 Winter & Camping - Okpik PER 2

Expand your camping seasons into the Winter and learn the Okpik skills taught at Northern Tier to be safe and comfortable in the cold.

#### SB207 Tropical & Paddle Camping PER 3

Learn about camping in the sub-Tropics and the skills to be safe and comfortable in exotic locales. The instructor is a long-time Everglades and Bahamas guide and outfitter.

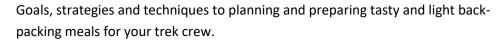


#### SB208 Dehydrate Your Own Food for Trail and Home PER 5



Learn how to dehydrate your own food for hiking, camping, and home. You will be able to carry healthy and tasty meals with you. Lightweight and easy to pack in a backpack.

#### SB209 Backpacking Food: Plan Ahead and Prepare \*DOUBLE PERIOD\* PER 2-3





#### SB300 Implementing Outdoor Ethics in Troops & Crews PER 1

This course will cover outdoor ethics for Scouts centered on the Outdoor Code, and their relationship to Scouting's goals. Backcountry guidelines will be detailed, including conservation expectations, outdoor manners, and minimizing campsite waste and trash. Tread Lightly! Will be introduced and practical examples of how to incorporate it into your troop program will be presented. BSA's outdoor ethics awards for Scouts BSA will also be discussed.

#### SB301 Scouting On-line \*NEW\* PER 5



Scouting Online: Calling all scouts, conducting scout events virtually can be easy, if you are prepared. After you attend my "Scouting Online" you will be prepared. I will share with you tips on how to keep your scout meetings interesting and your scouts engaged. I will guide you with the dos and don'ts and by the time we are finished you will be enabled to conduct your own troop, patrol, skill, or any other type of meeting virtually.

#### SB304 Running Your First Virtual ILST/C PER 5 \*NEW\*



The purpose of the Introduction to Leadership Skills course is to teach Scouts with leadership positions about their new roles. This training is an opportunity for adult leaders to set expectations, but...it is best for youth to teach other youth how to run their unit. This hands-on course will show scouts how to plan, prepare and deliver training that will strengthen their scout-led unit. National now has virtual modules to assist your unit in delivering this important course virtually. Adults will learn how to support their senior leaders. Especially designed for units that are planning their first training. For youth and adult leaders.

#### SB305 Advancement to First Class in Our New Environment \*NEW\* PER 3



Scout to 1st Class: The first year of Scout BSA is full of opportunities for advancement. Come hear our practical suggestions to help every Scout reach First Class, including discussions, Scoutmaster's conferences, and activities that can be used for advancement.



#### SB400 Starting and Running a Troop for Girls – Lessons Learned \*NEW\* PER 1



Join the Scoutmaster of a Troop of girls, who has 25+ years of BSA leadership experience. We will review lessons learned from the initial startup to running a fully functioning Troop two year later. Besides sharing the journey, the session is an opportunity for leaders to network and share experiences and learnings. Suggested Attendees: new, existing and potential leaders of a Troop for girls.



#### SB401 Merit Badge Counselor Training PER 5

Merit Badge Counselor training will provide both registered and potential merit badge counselors with an understanding of the methods of counseling, and the counselor's role in the BSA advancement program. We will explore the merit badge process, a merit badge counselor's duties and responsibilities, group instruction and counseling techniques. For Merit Badge Counselors

#### SB402 Trail to Eagle-Jumpstart Your Goals \*NEW\* PER 2





The GHVC is proud to sponsor the Trail to Eagle Course. This specialty program is designed to help scouts earn up to 4 Eagle-required merit badges, plan their remaining badges, learn to plan a Service Project and we do it while having fun. The Merit Badges being offered are effort -intensive and will include activities that occur at home in between the 3-weekend sessions. For the cost, requirements, and program dates please check out the 2021 application. There is still availability for the 2021 course and we will accept applications for 2022 starting in November 2021.

#### SB403 The Order of the Arrow Today and Tomorrow! \*NEW\* PER 3



Recognize your honor Scouts and Scouters with induction into the Order of The Arrow; the OA in this era of COVID; and our newly merged Council will result in a Larger and Better OA Lodge! Learn about the Order of the Arrow in this session.





#### CS100 How to Execute a Successful Pack Meeting \*NEW\* PER 1



Learn the essential elements of a pack meeting. We will provide an outline/ structure that can be followed and adjusted as needed, depending on your current situation. We will show you how to engage scouts whether virtual or in-person. And we will also be sharing pack meeting ideas that have been successful and fun!



#### CS101 Hybrid Planning for the Year - Packs and Dens \*NEW\* PER 2



Learn tips to reboot your pack after months of hybrid hibernation. Even in these times, you can have a great program and recruit more youth to your unit. Sign up to learn more.

#### CS102 STEM/NOVA for Cubs \*NEW\* PER 5





This course will provide leaders with information necessary to conduct STEM (Science, Technology, Engineering, and Mathematics) activities with their scouts for the new NOVA Awards Program requirements, at both the Den and Pack Levels. Pathways to certification will be reviewed, as well as tried-and-true activities, STEM Program Planning, and a review of cheap and free resources. The end of the course will discuss the SuperNOVA awards as they related to the NOVA program.

#### CS103 Building a Summer Pack Program \*NEW\* PER 3



In case you didn't hear, Scouting is a yearlong program! Learn the tricks to keep your program going over those summer months. You CAN keep your cubs engaged and excited about scouting on summer break.

#### CS201 Teaching Leave No Trace to Cubs PER 1

It's more than just picking up after ourselves — it's a way of outdoor life that begins in Cub Scouts! Our LNT Trainer will discuss conservation techniques that enhance outdoor skills and get you and your Scouts more involved with nature. This basic "Leave No Trace" awareness class is a great introduction to more detailed workshops in which you can become a certified "Leave No Trace" instructor! For all Cub Leaders, Cubmasters, Assistant Cubmasters, Den Leaders.

#### CS202 Family Scouting and Scouts BSA PER 3

A deep dive into Family Scouting including Girl Dens, Scout BSA Troops for Girls, changes to the OA and Venturing Programs.



#### CS300 Fun with Games PER 3



Games should always be fun, but they can be so much more. Come, play with us and find out! For Cubmasters, Assistant Cubmasters, Den Leaders, Assistant Den Leaders.

#### CS301 Spicing Up Your Virtual Meetings \*NEW\* PER 5



This course is designed to equip leaders with some meeting pizazz to shake things up and keep Cubs interested and participating.

#### CS302 How to Revitalize your Pack \*NEW\* PER 6



Covid got your unit down? Unsure what to do to keep participation? Well, you're in luck! Learn the tools and tips from seasoned scouters how to put that spark back into your pack!

#### CS303 Where to Go for Fun! \*NEW\* PER 6



Now more than ever, dens and packs need to be outside or go to places where they can have fun and social distance. Learn from a seasoned Cub Scout Leader of some of the best places in our area to have fun, be safe and use for advancement. A MUST for those leaders struggling with program for their unit.

#### CS400 Transitioning from Cubs to Scouts BSA PER 1



Our most important job as Cub Scout Leaders is to prepare our boys to join Scouts BSA. Learn how to assist your scouts and their parents in making the most important transition in their scouting career-choosing and transiting to a Scouts BSA Troop. For all Cub Leaders, Cubmasters, Assistant Cubmasters, Committee Members, and especially important for Bear and Webelos Den Leaders.

#### CS401 Disabilities within the Pack. Managing Cognitive & Physical Challenges in Cub Scouting PER 2

An overview of the various types of physical but also "invisible" cognitive conditions (e.g., Autism Spectrum, Attention Deficit Disorder, Deaf & Hard of Hearing). Learn how adult leaders can be more effective and promote positive experiences when dealing with Cubs / Webelos of variable learning styles, and how to engage families successfully. The course offers practical information on how to discern behavioral difficulties from cognitive challenges and shares practical suggestions on creating successful meetings and activities.



#### CU100 Trail Cooking 101 \*NEW\* PER 5



Goals, strategies and techniques to planning and preparing tasty trail meals.

#### CU101 One Pot Meals PER 1

Explore basic concepts of One Pot Meals, why this method of cooking is great for campouts, and why your Kitchen Patrol will love you. Come away with some nice recipes too.

#### CU102 Dutch Oven-What is this Wizardry? PER 3

Short of making Ice Cream, if you can dream it you can prepare it in a Dutch Oven. This swiss army knife of cooking vessels will meet many of your needs. We'll explore not only ways to use the Dutch Oven but also how to care for it.



In this class we'll review the role of the Grubmaster and explore ways to help him plan a menu, how to properly shop for ingredients, and how to plan to store food. One of the most important elements of food storage is maintaining the appropriate storage temperature. Keeping food cool without electricity involves ICE. We'll explore ways to sneak that ice into your food storage system and how to store your cool food.

#### CU201 The Kitchen Patrol-Dealing with the Aftermath \*NEW\* PER 6



Proper clean-up after the meal is done-Proper storage of storing leftovers- Refuse Disposal.

#### CU300/SB209/VN203 Backpacking Food: Plan Ahead and Prepare \*DOUBLE PERIOD\* PER 2-3

Goals, strategies and techniques to planning and preparing tasty and light backpacking meals for your trek crew. The second session will provide cooking demonstrations and sampling.

#### CU301/SB208/VN202 Dehydrate Your Own Food for Trail and Home PER 5

Learn how to dehydrate your own food for hiking, camping, and home. You will be able to carry healthy and tasty meals with you. Lightweight and easy to pack in a backpack.





#### GN101 How to Ask Volunteers for Help PER 1

Adult volunteer recruitment strategies for you unit.

#### GN102 Council Calendar & Newsletter \*NEW\* PER 5



GHV Staff explain the process you need to follow to promote Council and District events on the Council website and weekly newsletters. Required training for all District leadership.

#### GN103/CS202 Family Scouting and Scouts BSA PER 3

A deep dive into Family Scouting including Girl Dens, Scout BSA Troops for Girls, changes to the OA and Venturing Programs.

#### **GN104 Unit Commissioners PER 2**

So you want to be a Unit Commissioner! A quick course in the responsibilities and purpose of Unit Commissioners and how YOU can make a difference to your Scouting community!



#### GN105/SB302/VN302 Intro to Scoutbook PER 2

Unlock Scoutbook to make 1 volunteer feel like 100! Scoutbook is the BSA's scout tracking solution for Cub Scouts, Boy Scouts and Venturers. In this course you will learn how to set up Scoutbook for your unit, how to track Scout's progress, setup the calendar and communicate with Scout's and their parents. If you have never heard of Scoutbook or are just getting started, then this course is for you. This course will also cover basic cybersecurity for scouting.

#### GN106/SB303/VN303 Advanced Scoutbook PER 6

Discover 5 tips to simplify your unit administration with Scoutbook. Scoutbook is the BSA's scout tracking solution for Cub Scouts, Boy Scouts and Venturers. In this course, you will learn tricks to make using Scoutbook easier. Topics include the volunteer written and supported Feature Assistant Extension for Scoutbook, calendar integration, and more! This course will also cover basic cybersecurity and privacy for scouting. This course will have plenty of time for Q&A so the course will go where attendees want. This class is for adult leaders.

#### GN107/SB205/VN204 Woods Wisdom for Women \*\*\*DOUBLE PERIOD\*\*\* PER 5-6

Want to get out in the woods camping and hiking but don't know what to expect? Is it OK to use men's equipment or are there things out there that work better for female scouters? Some things are just NOT one size fits all! Come and learn how to manage in the great outdoors and take care of all our special female needs. For all female youth and adult leaders.





#### GN108 "A Scout Is Reverent"-Earning Religious Emblems \*NEW\* PER 2







Learn about the 12th Point of the Scout Law-"A Scout is Reverent" and "Duty to God" by members of the GHVC Religious Relations Committee. Learn how to earn and counsel various religious emblems from members of the Catholic, Protestant and Jewish Religious committees. In addition, there will be an open forum Q&A 5th period.

#### GN109 Meet the Key 4 PER 3

COUT RESERVATION

A Round Table discussion with the new GHV Council's Key-4! Spend some time with the top Volunteers and Professional in our council! Meet our Council President, Council Commissioner and Scout Executive. Ask them any question you've been wondering about our council and give them feedback too! They want to meet YOU and help with any question you may have. For all scout leaders.

#### GN110 The NEW Wood Badge! \*NEW\* PER 1



The latest Wood Badge course update, launched in 2020, makes this essential training course better than ever. There's a new mission statement, a more streamlined schedule (five days instead of six) and a syllabus packed with takeaways you can use right away. Come and meet the Scoutmaster and her staff and find out why Wood Badge is for you!

#### GN111 FIVE Scout Camps for the GHVC! \*NEW\* PER 5



A comprehensive presentation of the camp facilities and summer programs of the new Greater Hudson Valley Council! Come learn about what new opportunities there are for your scouts this summer! For Cub Scout, Scouts BSA and Venturing Leaders.

#### **Check out our GHVC Camps!**

Camp Bullowa https://www.ghvbsa.org/bullowa/

Camp Durland https://www.ghvbsa.org/durland/

Camp Nooteeming https://www.ghvbsa.org/nooteeming/

Camp Read https://www.ghvbsa.org/read/

Summit Base https://www.ghvbsa.org/summitbase/





#### SN101/SB109 Introduction to Abilities Awareness for Youth Leaders PER 1

Join us for an introductory course primarily geared toward youth Scout leaders on how to: a) recognize Scouts with physical, cognitive, and / or emotional difficulties; b) learn practical skills and activities to create an atmosphere of inclusion and generate satisfaction among all unit members; c) learn effective leadership strategies to manage a patrol of Scouts of varying degrees of ability and needs. This course is designed for youth Scout leaders however, adult leaders are welcome.



#### SN102/CS401 Disabilities within the Pack. Managing Cognitive & Physical Challenges in Cub Scouting PER 2

An overview of the various types of physical but also "invisible" cognitive conditions (e.g., Autism Spectrum, Attention Deficit Disorder, Deaf & Hard of Hearing). Learn how adult leaders can be more effective and promote positive experiences when dealing with Cubs / Webelos of variable learning styles, and how to engage families successfully. The course offers practical information on how to discern behavioral difficulties from cognitive challenges and shares practical suggestions on creating successful meetings and activities.

#### SN103 Retaining and Advancing the Scout with Special Needs PER 5 Tony Mei

This comprehensive course involves a) the recruitment and retention of Scouts with Special Needs; b) advancement issues. Our expert will discuss how to successfully include Scouts with emotional, cognitive, physical challenges, engage their families, establish an atmosphere of trust and help set realistic expectations for all parties involved. Find out more about Scouts BSA guidelines and available accommodations created to help Scouts meet criteria for advancement despite any physical, cognitive and/or emotional deficits. This course is highly recommended for all lead-

ers involved in advancement of Scouts (e.g., Scoutmasters, Assistant Scoutmasters, Merit Badge Counselors, and Advancement Committee Members.)

#### SN104 Diversity & Inclusion in Scouting: The Case of Special Needs Scouting PER 3

Join us for a discussion on ways to enhance inclusion and diversity in your unit. Learn how to encourage Scouters, Staff and Families to appreciate and work effectively with scouts who have special needs. Find out how you can help scouts who present with physical, cognitive and or emotional challenges to feel empowered both within their Unit as well as among the other community members. Additionally, we will share practices and teach competencies to face the realities of the living world and how to value difference. Recommended for All.



#### SN105 Invisible Disabilities within the Troop. Managing Cognitive & Mental Health Challenges in Scouting PER6

An overview of the various types of "invisible" cognitive and emotional conditions (Autism Spectrum, Attention Deficit Disorder, Anxiety, Depression). Come learn on how to help Scouts transition from Cubs to Scouts. Discover ways on how adult leaders can be effective in promoting positive experiences when dealing with Scouts of variable learning styles & needs. The course offers practical information on how to discern behavioral difficulties from cognitive & emotional challenges and how to engage families. It also shares practical suggestions on creating successful meetings and outings.

#### Courses listed are for reference only-please register under the bolded course number.

#### VN101/SB204 Hudson Valley Backcountry Hiking PER 1

he Hudson Valley has unlimited trails and back country camping opportunities that can enhance a unit's outdoor program. It's the ideal place for scouts to hone their skills, learn about nature and develop leadership. We will explore popular trails and back country campsites to invigorate your unit's outdoor program. We will discuss how a strong out-

door program provides many advancement opportunities. And we will discuss the new overnight camping requirements for rank advancement. For adult and youth leaders.

#### VN102/SB206 Winter & Camping – Okpik PER 2

Expand your camping seasons into the Winter and learn the Okpik skills taught at Northern Tier to be safe and comfortable in the cold.

#### VN103/SB207 Tropical & Paddle Camping PER 3

Learn about camping in the sub-Tropics and the skills to be safe and comfortable in exotic locales. The instructor is a long-time Everglades and Bahamas guide and outfitter.

#### VN200/SB203 High Adventure Will Lift Your Troop PER 6

High Adventure trips provide an experience for our youth which they will get no other way.

Given the availability of High Adventure venues is in question for 2021, spending some time to discuss the preparation for a trip in 2022 looks like a good way to keep the energy and opportunities active in the minds of our youth. Many of these trips have financial and physical requirements which need to be developed over time so taking the first small steps now will lead to excellent in execution. This session will cover Ideas for the Who, the Where, the Why and the How; Physical & Mental fitness training and team building; equipment acquisition, shake down and transportation etc.

#### VN201/SB201 Places to Go PER 1

This Session will offer a number of places to take your Troop for both high adventure and for that first time scoutmaster who would like to take simple local trips. A group discussion will be offered on where some troops go local for activities and overnight camping trips. At the end of this session you will have enough places to go with your troop for a whole year! This session is for older scouts and adult leaders.



#### VN202/SB208/CU301 Dehydrate Your Own Food for Trail and Home PER 5

Learn how to dehydrate your own food for hiking, camping, and home. You will be able to carry healthy and tasty meals with you. Lightweight and easy to pack in a backpack.

#### VN203/SB209/CU300 Backpacking Food Plan Ahead & Prepare \*DOUBLE PERIOD\* PER 2-3

This two-session course gives the opportunity to learn about readily available ingredients for backpacking meals and also ease of preparation.



Courses listed are for reference only-please register under the bolded course number.

VN204/GN107/SB205 Woods Wisdom for Women \*\*\*DOUBLE PERIOD\*\*\* PER 5-6

Want to get out in the woods camping and hiking but don't know what to expect? Is it OK to use men's equipment or are there things out there that work better for female scouters? Some things are just NOT one size fits all! Come and learn how to manage in the great outdoors and take care of all our special female needs. For all female youth and adult leaders.

VN205/SB202 Shoot! NOVA Award for Scouts BSA \*NEW\*\*\*\*Triple Period\*\*\* PER 1-2-3





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#### VN300/SB106 NYLT and Your Troop or Crew PER 3

National Youth Leadership Training (NYLT) is an exciting, action-packed program designed to provide youth members with leadership skills and experience they can use in their Crews and in other situations demanding leadership of self and others. NYLT course centers on what a leader must BE, what they must KNOW, and what they must DO. This session will present the strengths of modern leadership theory along with the value to the Troop or Crew and to your Scouts. For youth and adult leaders.

#### VN301/SB300 Implementing Outdoor Ethics in Troops & Crews PER 1

From the very beginning, the Boy Scouts of America has pledged conservation and respect for the environment as an essential component of good citizenship. Today, as more and more people enjoy the benefits of our nation's natural resources, additional pressure and urgency is brought to bear on outdoor ethics, to ensure our beautiful natural spaces remain unspoiled not just for the current generation, but also future generations to enjoy. This



course will cover outdoor ethics for Scouts centered on the Outdoor Code, and their relationship to Scouting's goals. Backcountry guidelines will be detailed, including conservation expectations, outdoor manners, and minimizing campsite waste and trash. Outdoor Ethics Awards will also be discussed.

#### VN304/**SB304** Running Your First Virtual ILST/C PER 5

The purpose of the Introduction to Leadership Skills course is to teach Scouts with leadership positions about their new roles. This training is an opportunity for adult leaders to set expectations, but...it is best for youth to teach other youth how to run their unit. National now has virtual modules to assist your unit in delivering this important course virtually. Adults will learn how to support their senior leaders. Especially designed for units that are planning their first training. For youth and adult leaders.

#### SB100 Using Campouts for Skill Building and Rank Advancement Success PER 2

In this course. we will discuss camping in the great outdoors as a venue to organize and execute an Advancement Campout to help a troop meet their First Class-First Year goal. We will discuss how to encourage and enable your older scouts to gain proficiency by teaching Scout Skills to newer Scouts. The new Scout rank, Tenderfoot, Second Class, and First Class will learn to use the Patrol Method. The younger scouts will learn various skills like planning their meals, duty rosters, and demonstrate each skill individually.

#### SB105 Life to Eagle - Eagle Project Workbook/ Process PER 1



There are 12 Steps from Life to Eagle rank to ensure a smooth process and mentorship for the Scout. Eagle Scout is not just another rank in the Boy Scout advancement program, it is awarded to recognize mastery of Scouting which is itself a demonstration of character, fitness and citizenship. This course will examine the Life Scout to Eagle Transition with discussion and illustrations of advancement to the Eagle rank. For Scoutmasters, Committee and Scouts

#### SB106/VN300 NYLT and Your Troop or Crew PER 3

National Youth Leadership Training (NYLT) is an exciting, action-packed program designed to provide youth members with leadership skills and experience they can use in their Troops and in other situations demanding leadership of self and others. NYLT course centers on what a leader must BE, what he/she must KNOW, and what he/she must DO. This session will present the strengths of modern leadership theory along with the value to the Troop and to your Scouts. For Adult and youth leaders.

#### SB107 Successful Patrol Leader Councils PER 5

The Patrol Leaders' Council (PLC) selects, plans, and leads Troop activities, and is the key to having a scout-led Troop. This session will present practical guidance from veteran Scoutmasters on PLC's success, measured at the youth leader level and at the Troop level. The PLC enables scouts to become leaders by example and work as a team to engage the rest of the troop.

#### SB200 Service Projects PER 6

Service to others and project suggestions! Rank advancement and helping other Scouts, parents, unit, sponsor and the community. Discussion includes Eagle Rank service project requirements; also shows how helping others improves self-esteem and results in respect of others. For all adult and youth leaders.

#### SB201/VN201 Places to Go PER 5



This Session will offer a number of places to take your Scouts BSA Troop for both high adventure and for that first-time scoutmaster or SPL who would like to take simple local trips. A group discussion will be offered on where some troops go local for activities and overnight camping trips. At the end of this session, you will have enough places to go with your troop for a whole year! For all adult and youth leaders.



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#### SB204/VN101 Hudson Valley Backcountry Hiking PER 1

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#### SB205/VN107/VN204 Woods Wisdom for Women \*DOUBLE PERIOD\*PER 5-6

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#### SB206/VN102 Winter & Camping – Okpik PER 2

Expand your camping seasons into the Winter and learn the Okpik skills taught at Northern Tier to be safe and comfortable in the cold.

#### SB217/VN103 Tropical & Paddle Camping PER 3



Learn about camping in the sub-Tropics and the skills to be safe and comfortable in exotic locales. The instructor is a long-time Everglades and Bahamas guide and outfitter.



#### SB300/VN301 Implementing Outdoor Ethics in Troops & Crews PER 1

This course will cover outdoor ethics for Scouts centered on the Outdoor Code, and their relationship to Scouting's goals. Backcountry guidelines will be detailed, including conservation expectations, outdoor manners, and minimizing campsite waste and trash. Tread Lightly! Will be introduced and practical examples of how to incorporate it into your troop program will be presented. BSA's outdoor ethics awards for Scouts BSA will also be discussed.



#### SB301 Scouting On-line \*NEW\* PER 5



Scouting Online: Calling all scouts, conducting scout events virtually can be easy, if you are prepared. After you attend my "Scouting Online" you will be prepared. I will share with you tips on how to keep your scout meetings interesting and your scouts engaged. I will guide you with the dos and don'ts and by the time we are finished you will be enabled to conduct your own troop, patrol, skill, or any other type of meeting virtually.

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#### SB402 Trail to Eagle-Jumpstart Your Goals \*NEW\* PER 2



Our HVC Trail to Eagle course is structured for success to motivate and educate Scouts on what earning the Eagle Scout rank means and the commitments needed to get there while earning Eagle Merit badges guided by the best Merit Badge counselors in our council. Find out more about this premier course in this session.

#### SB403 The Order of the Arrow and Your Troop PER 3

Recognize your honor Scouts and Scouters with induction into the Order of The Arrow; the OA in this era of COVID; and our newly merged Council will result in a Larger and Better OA Lodge! Learn about the Order of the Arrow in this session.

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#### CS300 Fun with Games PER 3

Games should always be fun, but they can be so much more. Come, play with us and find out! For Cubmasters, Assistant Cubmasters, Den Leaders, Assistant Den Leaders.



#### CU100 Trail Cooking 101 \*NEW\* PER 5



Goals, strategies and techniques to planning and preparing tasty trail meals.

#### CU101 One Pot Meals PER 1

Explore basic concepts of One Pot Meals, why this method of cooking is great for campouts, and why your Kitchen Patrol will love you. Come away with some nice recipes too.



#### CU102 Dutch Oven-What is this Wizardry? PER 3

Short of making Ice Cream, if you can dream it you can prepare it in a Dutch Oven. This swiss army knife of cooking vessels will meet many of your needs. We'll explore not only ways to use the Dutch Oven but also how to care for it.

#### CU200 The Grubmaster PER 1

In this class we'll review the role of the Grubmaster and explore ways to help him plan a menu, how to properly shop for ingredients, and how to plan to store food. One of the most important elements of food storage is maintaining the appropriate storage temperature. Keeping food cool without electricity involves ICE. We'll explore ways to sneak that ice into your food storage system and how to store your cool food.

#### CU201 The Kitchen Patrol-Dealing with the Aftermath \*NEW\* PER 6



Proper clean-up after the meal is done-Proper storage of storing leftovers- Refuse Disposal.

#### CU300/SB209/VN203 Backpacking Food: Plan Ahead and Prepare \*DOUBLE PERIOD\* PER 2-3

Goals, strategies and techniques to planning and preparing tasty and light backpacking meals for your trek crew. The second session will provide cooking demonstrations and sampling.

#### CU301/SB208/VN202 Dehydrate Your Own Food for Trail and Home PER 5

Learn how to dehydrate your own food for hiking, camping, and home. You will be able to carry healthy and tasty meals with you. Lightweight and easy to pack in a backpack.

#### SN101/SB109 Introduction to Abilities Awareness for Youth Leaders PER 1

Join us for an introductory course primarily geared toward youth Scout leaders on how to: a) recognize Scouts with physical, cognitive, and / or emotional difficulties; b) learn practical skills and activities to create an atmosphere of inclusion and generate satisfaction among all unit members; c) learn effective leadership strategies to manage a patrol of Scouts of varying degrees of ability and needs. This course is designed for youth Scout leaders however, adult leaders are welcome.





#### VN101/SB204 Hudson Valley Backcountry Hiking PER 1

The Hudson Valley has unlimited trails and back country camping opportunities that can enhance a unit's outdoor program. It's the ideal place for scouts to hone their skills, learn about nature and develop leadership. We will explore popular trails and back country campsites to invigorate your unit's outdoor program. We will discuss how a strong outdoor program provides many advancement opportunities. And we will discuss the new overnight camping requirements for rank advancement. For adult and youth leaders.

#### VN102/SB206 Winter & Camping – Okpik PER 2

Expand your camping seasons into the Winter and learn the Okpik skills taught at Northern Tier to be safe and comfortable in the cold.

#### VN103/SB207 Tropical & Paddle Camping PER 3

Learn about camping in the sub-Tropics and the skills to be safe and comfortable in exotic locales. The instructor is a long-time Everglades and Bahamas guide and outfitter.

#### VN200/SB203 High Adventure Will Lift Your Troop PER 6



High Adventure trips provide an experience for our youth which they will get no other way. Given the availability of High Adventure venues is in question for 2021, spending some time to discuss the preparation for a trip in 2022 looks like a good way to keep the energy and opportunities active in the minds of our youth. Many of these trips have financial and physical requirements which need to be developed over time so taking the first small steps now will lead to excellent in execution. This session will cover Ideas for the Who, the Where, the Why and the How; Physical & Mental fitness training and team building; equip-

ment acquisition, shake down and transportation etc.

#### VN201/SB201 Places to Go PER 1

This Session will offer a number of places to take your Troop for both high adventure and for that first time scoutmaster who would like to take simple local trips. A group discussion will be offered on where some troops go local for activities and overnight camping trips. At the end of this session you will have enough places to go with your troop for a whole year! This session is for older scouts and adult leaders.

#### VN202/SB208/CU301 Dehydrate Your Own Food for Trail and Home PER 5

Learn how to dehydrate your own food for hiking, camping, and home. You will be able to carry healthy and tasty meals with you. Lightweight and easy to pack in a backpack.

#### VN203/SB209/CU300 Backpacking Food Plan Ahead & Prepare \*DOUBLE PERIOD\* PER 2-3

This two-session course gives the opportunity to learn about readily available ingredients for backpacking meals and easy preparation. Goals, strategies and techniques to planning and preparing tasty and light backpacking meals for your trek crew.



#### VN204/GN107/SB205 Woods Wisdom for Women \*DOUBLE PERIOD\* PER 5-6

Want to get out in the woods camping and hiking but don't know what to expect? Is it OK to use men's equipment or are there things out there that work better for female scouters? Some things are just NOT one size fits all! Come and learn how to manage in the great outdoors and take care of all our special female needs. For all female youth and adult leaders.

#### VN205 SB202 Shoot! NOVA Award for Scouts BSA \*NEW\*Triple Period\* PER 1-2-3



Shooting sports are lots of fun, but do you know the science behind how they work and how to get a bullseye from far away? How about how rockets defeat gravity and enter the atmosphere, or how satellite stay up without any fuel at all?!? All these things and more will be discussed when you enroll in the YLC course "Shoot! NOVA" and you will even be well on your way to fulfilling the requirements to get the award yourselves! The prerequisites for the course are to purchase these supplies to use during the session. Here is the link to the supplies list: https://a.co/fxyKC9k



#### VN300/SB106 NYLT and Your Troop or Crew PER 3

National Youth Leadership Training (NYLT) is an exciting, action-packed program designed to provide youth members with leadership skills and experience they can use in their Crews and in other situations demanding leadership of self and others. NYLT course centers on what a leader must BE, what they must KNOW, and what they must DO. This session will present the strengths of modern leadership theory along with the value to the Troop or Crew and to your Scouts. For youth and adult leaders.

#### VN301/SB300 Implementing Outdoor Ethics in Troops & Crews PER 1



From the very beginning, the Boy Scouts of America has pledged conservation and respect for the environment as an essential component of good citizenship. Today, as more and more people enjoy the benefits of our nation's natural resources, additional pressure and urgency is brought to bear on outdoor ethics, to ensure our beautiful natural spaces remain unspoiled not just for the current generation, but also future generations to enjoy. This course will cover outdoor ethics for Scouts centered on the Outdoor Code, and their relationship to Scouting's goals. Backcountry guidelines will be detailed, including conservation expectations, outdoor manners, and minimizing

campsite waste and trash. Outdoor Ethics Awards will also be discussed.

#### VN304/SB304 Running Your First Virtual ILST/C PER 5

The purpose of the Introduction to Leadership Skills course is to teach Scouts with leadership positions about their new roles. This training is an opportunity for adult leaders to set expectations, but...it is best for youth to teach other youth how to run their unit. National now has virtual modules to assist your unit in delivering this important course virtually. Adults will learn how to support their senior leaders. Especially designed for units that are planning their first training. For youth and adult leaders.