



April 30, 2011

Re: Sean Honea

To Whom It May Concern:

Over the past year, Sean Honea has been in my qigong training programs at the Acupuncture & Integrative Medicine College and the American College of Traditional Chinese Medicine. These programs are 200 hours and two years, respectively.

Sean has learned how to teach and prescribe qigong exercises, as well as how to use medical qigong therapy as a treatment modality on patients. He has had many hours of both supervised and unsupervised practice, including his regular weekly participation in the AIMC Berkeley Medical Qigong Clinic.

Sean is already an excellent medical qigong therapist. His patients have given uniformly positive feedback, and he gets excellent results in the clinic. His dedication and commitment to learn are impressive, and are responsible for his advanced skills so early in his training.

I highly recommend him without hesitation for any position involving treating patients with medical qigong therapy or qigong exercise instruction. He would be an asset to any organization.

Please contact me if you have any questions.

Sincerely,

A handwritten signature in black ink, appearing to read "Suzanne Friedman", with a long, sweeping horizontal line extending to the right.

Dr. Suzanne Friedman, LAc DMQ (China)  
Chair, Medical Qigong Department