



Deciding Between Acupuncture and Motor Point Acupuncture

If your Chinese Medicine practitioner is recommending “motor point acupuncture” (motor nerve electrostimulation) treatment, it is because she believes that it is the most effective treatment for your medical issue.

Many people seek treatment at PNCA because of the low cost of community-style sessions. However, not every patient is in a position to get optimal results from a “regular” acupuncture treatment. Obviously, there is no certainty in predicting how an individual patient will respond to a given type of medical treatment. A practitioner relies on their experience in order to recommend the best treatment plan for their patient.

Motor point treatment is so effective that it can drastically reduce the number of visits necessary to ameliorate many issues. It can reduce the frequency of maintenance visits. For patients who have had motor point treatment, there is a higher chance of eliminating the need for maintenance altogether. It is true that “regular” acupuncture can do this, too. Motor point treatment is simply more likely to do so. Motor point treatment is not appropriate for every condition or every patient.

Acupuncture

vs.

Motor Point Acupuncture

*COST: \$40 initial, \$25 follow-up

*COST: \$50 for a small area, \$75 for a large area (such as low back/hip) or >1 area.

*PROCEDURE: Needles are placed (usually not near to the problem area), the patient rests for 30-45 minutes, needles are removed.

*PROCEDURE: the practitioner remains with the patient for the entire treatment, places a needle in the “motor point” of a muscle, applies electricity to the needle in order to cause the muscle to move for 30-90 seconds, removes (or sometimes leaves for reference) the needle, and moves on to the next muscle to be treated.