

## **Upper Clarity School of Stone Medicine Statement of Certification**

The stone medicine and crystal healing certification programs at the Upper Clarity School of Stone Medicine are perhaps the most extensive programs in the world in this category of healing arts.

Knowledge sources for the program include broad wisdom from the most prominent stone and mineral healing traditions in history such as the Egyptian Mystery Schools, Andean Mysticism, North American Indigenous wisdom traditions, and most prominently, the ancient and current Daoist tradition of stone medicine. This knowledge flows blessedly from an oral tradition of stone medicine that extends back over two thousand years from ancient China.

Students embark on a 9-week immersive training that includes four 75-minute informational lectures per week totaling 36 full sessions and 45 total hours of study.

Students not only gain knowledge, they challenge themselves to move through their own personal ceremonial arc of transformation and healing. They focus on one spiritual theme per week. Each week builds on the previous theme, creating a powerful personal journey of self-cultivation and inner reflection. This is perhaps the most honorable and important achievement within this esteemed certification process.

Students engage with the 27 stones and crystals in real time as their own alchemical tools for personal growth. The result is a certified practitioner who has not only studied the knowledge, but has experienced it within. This inner experience makes practitioners much more adept at being able to contribute to family members, clients, and their communities.

Students are trained in 3 mystical practices which include meditation, intuitive exercises, and inner alchemy practices designed to enhance their direct communication with the stones. This is an extension of the shamanic traditions of many ancient cultures and develops the practitioner into a bridge between the ordinary and non-ordinary worlds.

Students experience training and development within 3 applications of stone medicine: making elixirs, creating on-the-body layouts and treatments, working vibrationally with crystal grids and designing land and home placements with stones.

Students study classifications of stone medicine such as chemical composition, hardness, crystal structure, and many more scientific aspects of stones and minerals. They are trained in Chinese cosmology, 5-element phenomena, and a base knowledge in acupuncture points and meridians.

Over the full 9 weeks, practitioners engage in the development of a personal journal of their unique relationships and experiences with the stones. They also engage in interactive quizzes, self-assessment, and ongoing self-guided research in stone medicine and crystal healing.

Special content includes rituals, protocols, treatment plans, self-development practices and tools for embarking upon professional clinical practice. These add 23 hours of study to the 45 hours of main content, totaling 68 hours of study in the program.

Certified practitioners understand how and why stones develop their healing and alchemical properties and gain a common language developed over time, which adds a greater depth and consistency in awareness than most purely channeled or metaphysical sources of crystals information.

Upon completion of a detailed questionnaire designed to assess knowledge, theory and personal progress, and the completion of 2 quizzes, students become graduates of the training and become Certified Stone Medicine Practitioners from the Upper Clarity School of Stone Medicine. (CSMP-UC).

Certified practitioners carry extensive outer knowledge on a broad range of minerals and healing strategies, developed inner senses, unique achievements in self-cultivation and the keys to healing and transformation with stones and crystals.