



MINDBODYMEDICINE

INFORMED CONSENT: ACUPUNCTURE SERVICES

To All Patients:

Welcome to Mind Body Medicine (MBM) Acupuncture. Please take time to read this page, which provides basic information on acupuncture treatment. While receiving acupuncture treatment, please feel free to communicate with the practitioner whatever you experience during the needling process, as this will enable us to adjust needles and the points selected to maximize your comfort during treatment. If you experience dizziness, nausea, a cold sweat, shortness of breath, or faintness during treatment, please let us know immediately. This is known as needle shock, and while this occurrence is extremely rare, it helps to let the practitioners know if you experience any of these symptoms so that the needles can be removed. These symptoms usually go away immediately after needles are withdrawn, and are generally caused by anxiety when receiving acupuncture for the first time or receiving acupuncture when excessively hungry. Other possible side effects of acupuncture treatment may include slight local bruising or mild pain in the area treated; brief generalized fatigue, tingling or numbness and under extremely rare occasion spontaneous miscarriage or pneumothorax. Moxibustion, the burning of an herb known as mugwort, is a traditional method of acupuncture treatment, which is occasionally used in the clinic and under rare circumstances may put the patient at risk for burns. Moxibustion produces some smoke, which may irritate sensitive or susceptible individuals. Patients who are especially susceptible or sensitive should notify their practitioner. Occasionally, electrical stimulation with mild current may be added to an acupuncture treatment in order to stimulate the needles. Patients with a heart condition or any electrical implants in their body must tell their practitioner prior to treatment.

Other important things to keep in mind regarding acupuncture treatment:

- While the needles are in place, do not change your position or move suddenly.
- Wear comfortable, loose clothing.
- We will provide a paper gown during treatment if you want one.
- Maintain good personal hygiene.
- Avoid treatment when excessively hungry.
- We are unable to treat patients who are intoxicated and/or are abusing substances.

Everyone responds to treatment differently therefore, we cannot guarantee the outcome of treatment. Some individuals experience total or partial relief of their pain or symptoms after the first few treatments. Others notice steady, gradual improvement. In some cases, no relief is felt at all until several days go by. Occasionally, some people notice that their pain actually seems to be worse before it gets better. Let us know how you responded to the previous treatment at the time of your follow-up visits, so that your treatment plan can be adjusted accordingly. Depending on your condition and your goals for treatment, we may require a physician referral in order for you to continue treatment in our clinic.

By signing below, I do hereby voluntarily consent to be treated with acupuncture and / or other modalities of Chinese Medicine by Mind Body Medicine Acupuncture. **Clients at Mind Body Medicine Acupuncture are advised to consult a physician regarding the condition or conditions for which they are seeking acupuncture treatment. In addition, clients are responsible for seeking the advice and treatment of a physician should their symptoms change for the worse, or should any new condition arise.**

Acupuncturists practicing in New York State are not primary care providers. Please note that if you experience any alarming side effects or concerns after treatment, in addition to calling your practitioner, you must call your primary care provider and or visit the emergency room.

Signature of Client, I have read and understand the above statement

Date

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Mind Body Medicine Acupuncture