

Status Updated on September 6, 2012

The following is a chronology of my progress using herbs and acupuncture provided by Dr. Luke Tian.

In December 1997, I was diagnosed with **Chronic Lymphocytic Leukemia (CLL)**. Following diagnosis, my White Blood Count (WBC) was slightly over 11,000. I immediately started a regimen of eating more healthy foods such as vegetables and juices. I attended a lecture put on by the Gerson Institute and added coffee enemas to my regimen. In early 1998, my wife and I traveled to Mexico for vacation. While there, I located a physician who specialized in intravenous (IV) ozone therapy and took several treatments. When I returned to the U.S., my WBC had fallen to 5,500. It remained in the normal range until sometime in 2002. However, during this entire period, the lymph counts were increasing, although not drastically.

By July 2008, the **WBC** zoomed up to around **48,000**. I began searching for an oncologist who was familiar with treating CLL and located one in Washington, DC. At the same time, I started seeing Dr. Luke Tian in Rockville, MD. Dr. Tian recommended I begin a regimen of certain Chinese herbs which he blends especially for the treatment of CLL. When I returned to the oncologist for blood work in September 2008, the WBC had dropped to **12,900**. Continuing with Dr. Tian's herbal regimen, the WBC dropped again in October 2008 to **9,500**. At that time, my wife and I located a naturopathic physician in Arizona who specialized in IV ozone treatments with ultra violet blood irradiation (UBI). By December 2008, I had exhausted my supply of herbs from Dr. Tian and did not continue with the herbal therapy.

The blood work continued to improve through the administration of ozone with UBI. We returned to DC in April 2009. The WBC began a steady rise. I took many herbs such as periwinkle, oleander, venus flytrap, cat's claw and so on, but did not experience a drop in the WBC. In addition, the Red Blood Count (RBC) started to fall. I experienced greater fatigue, skin itching, became wildly reactive to mosquito and no-seeum bites, and generally felt pretty listless.

From October 2008 through December 2011, I was not under the care of an oncologist. At the prodding of my internist, I began seeing another oncologist who practices in the Chevy Chase, MD area. He felt that as long as I was asymptomatic, we could continue to wait to begin any traditional treatments. With that in mind, my wife and I tried piecing together just when my blood work started improving so drastically and we concluded that perhaps it was Dr. Tian's herbs that were responsible.

So, in February 2012, with a WBC registering nearly **90,000**, I resumed Dr. Tian's herbal treatment. By this time, my energy levels were extremely low and I could almost not get out of bed in the morning. Also worth noting was that the lymph nodes in my neck had begun growing, one being very painful. The nodes in the underarms and groin were enlarged as well and the spleen was slightly enlarged. Following the first month of Dr. Tian's herbal treatment, the WBC came down, and quite dramatically, too, because, by early April 2012, when my oncologist opened the latest blood work report, the astonishment was clearly visible on his face. In fact, I'd say he was quite dumbfounded to see that the WBC had dropped to **29,900**. His advice was for me

to keep taking these herbs. I also note that the lymph nodes in the neck have reduced considerably as have those in the underarm area.

I find that the really important take away from my story is that there was a period of over three and a half years between Dr. Tian's treatment regimen. And the only other regimen that provided similar results was the administration of IV ozone with UBI. The numbers seem to bear out that these herbs can drastically affect the progress of CLL.

May 1, 2012. This documents my visit with the oncologist on April 30, 2012. I received the results of the blood work drawn on April 26, 2012. The oncologist and I have this little game where he asks me if I have any feeling about what the White Blood Count will be for the most recent test. This time I indicated that I had hoped it would have dropped to at least 19,000. He read the report, smiled and said "**it's 7,800.**" Even I was astonished at this rapid drop. I asked about the Platelet count since I had been on Dr. Tian's herbs for **platelets**. The count had increased **from 152 to 164**. The doctor expressed concern, however, that my Red Blood Count and Hemoglobin had also dropped and ordered up another blood test. He did say that, although still high, the test showed improved lymph counts. I indicated that I would likely be discussing with Dr. Tian whether he had any herbs that were geared for assisting the body build red blood cells. Dr. Tian indicated that he did have such a formula which I will obtain today and begin taking immediately. I imagine my next blood work will be drawn toward the end of May 2012 or the first of June 2012.

It was very clear that the oncologist was bowled over by the demonstrable improvement in my blood counts.

I began taking a new formula from Dr. Tian for **anemia** which amounts to swallowing three (3) capsules twice a day. Am still taking Dr. Tian's **Platelet** formula (again, three capsules twice a day).

June 6, 2012. I visited the oncologist this morning for a general check-up and to discuss the results of the blood work drawn on May 31, 2012. At this point, I imagined that perhaps the **WBC** could have increased. But, in fact, it now registered at **6.7K**. This was quite thrilling. **The oncologist** looked over the lab report and said, "**this is fantastic.**" I asked him to go over the red blood counts with me. The **RBC** had gone up **from 3.42 to 3.71**. Although still low, the number is rising. The normal range is between 4.10-5.60. It was encouraging as well to see the **Hemoglobin** and Hematocrit readings go up to **11.7** and 31.9 respectively (previous blood work showed this as **11.0** and 29.4 respectively). Also, the **Platelet** count again went up, this time to **215**. This shows a steady and significant increase since April 2 when the Platelet count was **152**.

What was most heartening and encouraging, though, was when the oncologist asked if Dr. Tian would provide him a list of the herbs that go into the formulas. I indicated I would pass this request along to Dr. Tian.

June 2012 and July 2012. I had additional blood work drawn in these months and the results showed continued improvement. Although the platelets were now within normal, the RBC (Hematocrit, Hemoglobin) were still below normal. The herbal regimen continues.

August 28, 2012. Blood work drawn. I'm providing the February 2012 counts as well. Note that, in the period between February and August, the RBC numbers were all steadily dropping below normal tolerances.

8/28/12 02/08/12

WBC	5.0	86.6	High
LYMPH %	37.	90.	
LYMPH #	1.8	78.8	High
Monocyte%	14. High*	2.	Low
Mono. Abs.		1.8	High
RBC	4.77	4.08	Low
HGB	14.5	12.8	
HCT	40.9	36.9	
MCV	86.	90.	
MCH	30.4	31.4	
MCHC	35.5	34.7	
RDW	13.6	14.3	
PLT	224.	188.	
MPV			
Neutrophil%	48	6.	Low
NeutAbs (ANC)	2.4	5.3	
Eosinophil%	1	2.	
EOS Abs	0.1	1.8	High
Basophil %	0.0	0	
Baso Abs	0		
* Monocyte normal upper range is 13.			

Note. When I visited the oncologist to review the results of the August 28 blood work, I was not feeling a hundred percent. So I was prepared for some of the blood results to again have migrated into the above or below normal ranges. I was stunned to hear the doctor report, "your blood work is all normal, with the exception of the monocytes." He was clearly excited reading these result. We agreed that I should return for follow-up testing at two-month rather than one-month intervals.

AH

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