

## ADD/ADHD

### FRONTAL LOBE TURNED OFF

Sxs: Concentration down, very forgetful, sleepiness up

Tx: Sp 2 Sp3 Du24, St8 , GB 15                      Spleen Qi Deficiency

Formula: Gui Pi Tang    (Stimulates Brain)

### ALL AREAS OF BRAIN LIGHT UP (INCLUDING THE FRONTAL LOBE)

Sxs: Oppositional Behavior

Periods of Increased Impulsivity                      Liver Fire

Racing Thoughts

Irritability

Inflexibility

Rigid Thinking

Sensitivity to Noise

Cyclic Mood Change

More Fidgety with challenges and consequently act out during moments  
in which they are asked to focus. This is due to cerebral OVERSTIMULATION.

Tx: Liv 2 GB 43

Formula: Chai Hu Jia Long Gu Mu Li Tang

### LIMBIC SYSTEM IS OVERACTIVE and Pre Frontal Cortex is underactive during concentration

Limbic controls how happy or sad one is.

Sxs: Sleep disturbances

Hyper emotional – Cries easily

Heart Fire or

Bothered by comments made by others ie teachers

Heart Yin Deficiency

Doesn't do well with stimulants as the stimulants do not address hyperactivity

They need a sense of safety and acceptance

Formula:     Heart Fire – Huang Lian Jie Gu Tang

                 Heart Yin Deficiency – Tian Wang Bu Xin Dong

### RETICULAR ACTIVATING SYSTEM (located in the Brain Stem)

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Relay Station- Sorts relevant information for the consciousness

**Sxs:** Needs environment to be just so in order to concentrate and avoid overwhelm

**ie:** Temperature up or down

Other children's behavior

Ki Yin Deficiency

Noises outside of subject

Outside reactions

Chooses to sit under a table when doing group work (very enclosing and comfortable as it blocks out other distractions). May need loud music to block distractions

**Tx.** Ki 3,6, 10

**Formula:** Zhi Bai Di Huang Wan