

Harmonic Healing Acupuncture

Informed Consent

Acugems Facial Rejuve™ and Facial Rejuvenation Acupuncture

This document is to inform you concerning Acugems Facial Rejuve™, Facial Rejuvenation Acupuncture, and the results and risks of these treatment procedures. It is important that you read this information carefully and completely so that you may decide what is best for your needs and expectations. Please ask the practitioner about any aspect of this consent or procedures that you do not understand before signing.

INTRODUCTION: *In Oriental Medicine, the meridians or pathways of qi flow throughout the entire body from the soles of the feet up to the face and head; consequently, a treatment with Acugems™ and facial acupuncture will address the entire body constitutionally, and is not solely “cosmetic”. Neither of these procedures are analogous to, or a substitute for, a surgical “face lift”. Acugems Facial Rejuve™ involves the use of facial products, radio waves combined with micro-current, sound vibration, gemstone energetics, photon, and color light, while utilizing the wisdom of Chinese Medicine as a means to reduce the visible signs of aging. Facial Rejuvenation Acupuncture is a treatment that involves the insertion of acupuncture needles into fine lines and wrinkles on the face and neck in order to reduce the visible signs of aging. A treatment session may confine itself solely to Acugems Facial Rejuve™ and may be combined with facial acupuncture, depending on your preference, comfort level, and what your acupuncturist deems necessary. This is a gradual process that is customized for each individual, and requires participation and cooperation of the patient regarding regularity of sessions as well as possible lifestyle changes in order to get the best results.*

CONTRAINDICATIONS for Acugems Facial Rejuve™: NOT TO BE USED ON PATIENTS WITH PACEMAKERS OR METAL PLATES OR PINS, DIABETICS OR HEART CONDITIONS, RECENT COLLAGEN OR OTHER FILLER INJECTIONS.

EXPECTATIONS: Acugems Facial Rejuve™ will usually improve but not completely remove the signs of aging such as wrinkles and sagging. The degree of improvement depends on each individual. The results of Acugems Facial Rejuve treatment will occur gradually over time.

DURING AND AFTER TREATMENT: Although the majority of patients do not experience the following, the following are possible experiences with the Acugems Facial Rejuve™ procedures.

- **Discomfort:** Some discomfort may be experienced during the treatment. The treatment works by creating heat in the tissue and is felt by your nerve endings resulting in some sensation. Your practitioner will try to control this by adjusting the intensity. This is temporary and limited to the treatment area.
- **Wound Healing:** The treatment may result in swelling or flaking of the treated area. Once the surface has healed it may be pink and sensitive to the sun for an additional two to ten weeks.
- **Bruising, Swelling, Infection, Blistering:** Bruising of the treated area may occur. There is also a possibility for small areas of blistering, but resolves in a few days.
- **Allergy:** Allergic reactions to materials used during the procedure are a possibility.
- **Scarring:** Scarring is a rare occurrence.

CONTRAINDICATIONS for Facial Rejuvenation Acupuncture: Pregnancy, cold/flu, blood thinners, problems with bleeding (hemophilia), former cosmetic surgery or laser treatment within the last 21 days, pituitary disorders, high blood pressure, migraines (if within the last 3 months), diabetes, cancer, AIDS, Coronary disease, epilepsy/seizures, acute hepatitis, acute herpes outbreak, acute allergic reaction, dizziness, asthma, lymph edema

DURING AND AFTER TREATMENT: I am aware of the possible experiences with Facial Rejuvenation Acupuncture.

- **Bleeding:** It is possible, though very unusual, that you may have problems with bleeding during Facial Rejuvenation Acupuncture. Should post-acupuncture bleeding occur, it would usually only consist of a few drops. Accumulation of blood under the skin may cause a bruise or hematoma, which should resolve itself in a few days.
- **Infection:** Infection is very unusual after facial acupuncture.
- **Damage to deeper structures:** Deeper structures such as blood vessels and muscles are rarely damaged during the course of a facial acupuncture treatment. If this does occur, the injury may be temporary or permanent.
- **Asymmetry:** The human face is normally asymmetrical. Thus, there can be variation from one side to the other in the results attained from a facial acupuncture treatment.
- **Bruising and puffiness:** There is a possibility of bruising (hematoma), puffiness, blood, tingling, itching, warmth, pain or other symptoms at the site of the needle. There are methods taken before and during a session in an effort to prevent such outcomes.
- **Nerve Injury:** Injury to the motor or sensory nerves may cause temporary or permanent loss of facial movements and feelings. These injuries as well as painful nerve scarring are very rare with this procedure, however, should nerve injuries occur, they may resolve over time.
- **Needle shock:** Needle shock is a rare complication after facial acupuncture.
- **Allergic reaction:** Allergic reactions to materials used during the procedure are a possibility. Please advise your acupuncturist of any known allergies.
- **Delayed healing:** Delayed wound healing or wound disruptions are rare complications experienced by patients in the aftermath of facial acupuncture. This risk is greater for smokers, who may have dry, sagging skin, which does not heal as readily as that of non-smokers.

EFFICACY/RESULTS: Because all individuals are different, it is not possible to completely predict who will benefit from treatment with Acugems Facial Rejuve™ and/or Facial Rejuvenation Acupuncture. Some people will have very noticeable improvement, while others may have little or no improvements. It is possible that additional treatments may be needed to achieve the desired end results. It is also important that you understand that the results of this procedure are gradual, and not guaranteed. If you are expecting immediate results, then this procedure is not the best for you. You may be disappointed with results if you cannot complete the complete series of sessions in the time advised, and do not follow advice regarding lifestyle changes.

I have read, acknowledge, and am in consent to the above information

LONG-TERM EFFECTS: Subsequent alterations in facial appearance may occur as the result of the normal process of aging, weight loss or gain, sun exposure, or other circumstances not related to this procedure. Acugems Facial Rejuve™ and/or Facial Rejuvenation acupuncture does not arrest the aging process and does not produce permanent tightening of the face and neck. Future maintenance treatments will be necessary to maintain the results of Acugems and/or facial rejuvenation acupuncture. The suggested frequency of sessions will be discussed with your acupuncturist and will vary with each individual.

PATIENTS RESPONSIBILITY: It is very important that you follow the Acugems care as outlined. This includes, but is not limited to sun protection, drink at least eight or nine 8-ounce glasses of water a day, eat whole foods, limit salt/sugar intake, limit alcohol and follow skin care recommendations. Failure to follow the recommended care after and during your treatment may decrease the desired results or may increase your risk for undesirable results.

HEALTH INSURANCE: Most health insurance companies exclude coverage for facial rejuvenation acupuncture and/or any complications that might occur from this procedure. Please carefully review your health insurance subscriber information pamphlet.

COST AND NUMBER OF TREATMENTS: It has been explained to me that this is a cosmetic procedure and not covered by insurance. Acugems facial Rejuve™ treatments have been explained to me and that more than ten treatments may be necessary to achieve the best results. As mentioned before there is no guarantee of results and no refund of payments for procedures will be made.

I understand the risks, complications, expected results, and expense of the treatments. _____

ADDITIONAL CARE NECESSARY: There may be variable conditions in addition to risk and potential complications that may influence the long term results from Acugems Facial Rejuve and Facial Rejuvenation Acupuncture treatments. Even though risks and complications occur infrequently and are rare, the risks cited are the ones that are particularly associated with the procedures involves in Acugems Facial Rejuve™ and Facial Rejuvenation acupuncture. Other complications and risks can occur but are even more uncommon. Other treatments may be necessary should complications occur. Although good results are expected with Acugems Facial Rejuve™ and Facial Rejuvenation Acupuncture, there is no guarantee or warranty, either expressed or implied, on the results that may be obtained.

DISCLAIMER: Informed consent documents are used to communicate information about the proposed procedure, the potential risks involved. The informed consent process attempts to define principles of risk disclosure that should generally meet the needs of most patients in most circumstances. However, informed consent documents should not be considered all-inclusive in defining other methods of care and risks encountered. Your acupuncturist may provide you with additional or different information which is based upon all the facts in your particular case and the present state of knowledge within the field of acupuncture. Standards of acupuncture are determined on the basis of all the facts involved in an individual case and are subject to change as scientific knowledge and technology advance and as practice patterns evolve.

It is important that you read the above information carefully and have all of your questions answered before signing the consent below.

Consent for Acugems Facial Rejuve™ and Facial Rejuvenation Acupuncture Procedures (Please initial where highlighted)

1. I hereby authorize Michelle Wilson, EAMP to perform the following: Acugems Facial Rejuve™. _____
2. I hereby authorize Michelle Wilson, EAMP to perform the following: Facial Rejuvenation Acupuncture. _____
3. I have received the Informed Consent for Acugems Facial Rejuve™ and Facial Rejuvenation Acupuncture. _____
4. I am aware of the contraindications as listed above. _____
5. I acknowledge that no guarantee has been given by anyone as to the results that may be obtained. _____
6. The following has been explained to me in a way that I understand:
 - a. The above treatment to be undertaken. _____
 - b. There may be alternative procedures or methods of treatment. _____
 - c. There are risks to the procedure or treatment proposed. _____

I CONSENT TO THE TREATMENT OR PROCEDURE AND THE ABOVE-LISTED ITEMS (1-6). I AM SATISFIED WITH THE EXPLANATION.

Name _____ Signature _____

Practitioner _____

Date _____