

# free flow acupuncture

435 Main Street, Stroudsburg, PA 18360  
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*Getting to Free Flow Acupuncture on lower Main Street (or LoMa, as we like to call it) in downtown Stroudsburg:*

## **From Route 80 Eastbound:**

Take Exit 307 , PA-611/Park Ave.

Turn right onto Park Avenue. Take a left at first traffic light onto PA 191/Broad Street. At your second traffic light, bear right onto lower Main Street. Free Flow Acupuncture will be on your right, on the same block as Home Health Care, Sweet Creams and Ready Set Run.

## **From Route 80 Westbound:**

Take Exit 307, PA 191/Broad Street. Turn right onto Broad Street off exit ramp. Go through traffic light and bear right onto lower Main Street. Free Flow will be on your right, on the same block as Home Health Care, Sweet Creams and Ready Set Run.

## **From East Stroudsburg:**

Take Washington Street across the inter-borough bridge, passing ShopRite on your right. The road will bear to the left as you approach the traffic light at Main Street (KFC on left). Stay in the left lane to turn left at the light, but be careful as oncoming traffic will be merging as well. Free Flow Acupuncture is directly in front of the traffic light, so find the first space you can safely navigate to.

## **Parking:**

There is ample street parking on lower Main, and there is a handicapped spot immediately in front of Free Flow. If you cannot find a parking space on the street, you can make your first right past Free Flow Acupuncture onto Kitson Street and find a parking spot behind the Wallace building or behind the apartment building directly next to it.

Please be aware that the street meters must be fed. It is unlikely that you will be out of your appointment in less than an hour, so please plan accordingly. It is 25 cents per half hour and 10 cents for 15 minutes. If you're out of change, I will have a stash of quarters in the waiting area for you to use.