

Below is a list of the adjustments I have made due to Covid 19. My intention is to provide the safest, most comfortable treatment space for you to receive the same quality care you have come to appreciate.

**Appointments:** I am seeing one client at a time. I have built in time between clients in order to sanitize all touch surfaces including the treatment table, face cradle and pillows (which are now covered with a waterproof/easy to clean covers) and run my air purifiers on high

**Arrival and virtual intake procedures:** Please wait in your car when you arrive. I will text you letting you know I am ready for your intake and ask you to call me. We will talk by phone about what we will be working on during your appointment. After our call you will come up for your acupuncture.

**Masks:** Must be worn at all times.

**Rescheduling and Fees:** We will take care of rescheduling during our virtual intake or after the treatment. Check and cash are preferred at this time

**Cancellations:** I am waiving late cancellation fees related to symptoms due to possible Covid at this time. I want you to feel free to reschedule/cancel should any of the following arise before your scheduled appointment:

- Fever
- Shortness of breath
- Cough
- Chills
- Headache
- Loss of smell or taste
- Sore throat
- You have a known exposure to Covid 19
- Traveled internationally to affected area
- Traveled domestically by bus, air or train

**Prescreening:** I ask that prior to every treatment, you let me know if you have experienced any of the above listed symptoms/situations in the prior 14 days. If you have, you will be asked to cancel your appointment and reschedule.

**Hand sanitizing and Air Purifying:** There will be several hand sanitizers around the space for your use. There is also a bathroom at the top of the stairs for washing your hands. I have purchased a HEPA air sanitizer/purifier for the treatment rooms that will be running.

**Your Comfort:** I have heat elements to use during your treatment (table warmer and heat lamp). I will continue to use top and bottom sheets, but will not be using blankets.

**My Officemates:** Right now, my officemates are working virtually. Should they begin working out of the space they will be following all the same safety precautions necessary to keep all of us in the space safe.