

Patient Informed Consent

Acupuncture is not a “quick fix”. The effects of acupuncture treatments are cumulative - each treatment builds upon the previous one. Though many patients experience immediate relief of acute symptoms, a series of treatments over a period of time is usually necessary to build this cumulative effect and to correct the underlying imbalances that are creating your symptoms. This is especially true when treating any chronic condition. A chronic condition is one that has lasted for more than 3 months and for which you may have been told that nothing can be done.

Your treatment in this office will usually consist of a combination of two or more of the following:

1. Acupuncture point stimulation using sterilized acupuncture needles, electrical stimulation, or the application of heat.
2. Manual therapies including acupressure, trigger point therapy, massage, cupping, or other forms of tissue manipulation.
3. Exercises, stretches and breathing techniques.
4. Herbal supplements and dietary recommendations.

Although side-effects are rare, a patient may, on occasion, experience minor soreness, tingling, numbness or bruising at the acupuncture or cupping site, light-headedness or dizziness after a treatment, or a temporary worsening of symptoms. These are all usually very short-lived if they occur at all. Please inform your provider immediately if you experience any of these issues.

The following explains our office policies:

Payments: For all self-paying patients, payment is due at the time of treatment. We accept cash, checks and most credit/debit cards. (Initial exam/evaluation with treatment - \$175. Follow-up treatments - \$95 to \$120, depending on time and modalities used.)

Insurance: We are in-network providers for Humana, Cigna, Optum, and United Healthcare. We will file insurance claims on your behalf only after it has been verified that your policy provides acupuncture benefits for the condition(s) being treated. You are responsible for paying any outstanding policy deductible, co-pay or co-insurance specified in your policy. You are also responsible for paying for any services you receive that are not covered by your insurance policy.

Missed Appointments: Unless canceled 24 hours in advance, our policy is to charge the usual fee for an office visit missed. Your treatments will be more effective if you follow your treatment schedule and the provider’s instructions. Problems do arise and we will work with you as much as possible. However, we must have the courtesy of a call from you well in advance if you need to miss or re-schedule an appointment.

I have read and understood the above statements and do hereby give my full and informed consent to receive treatment in this office.

Today’s Date_____

Patient name (print) _____ Patient Signature _____