Camp Bandina is a week to get away from the normal, and connect with God and other students from various churches in Texas & Louisiana. Together you’ll spend a week full of worshiping God, life-changing messages about Jesus, fun activities, family time, and caring adult leaders. Camp Bandina is a week to recharge, get closer to God, and learn how to share Christ’s love.
IMPORTANT DATES & TIMES

Camp Bandina is a 7-day event for students entering the 6th grade - the fabulous seniors of 2019.

CAMP BANDINA IS JULY 28 - AUGUST 3, 2019

COST

SUPER EARLY BIRD: BY MAY 1 $200 (WITH PAYMENT)
EARLY BIRD: AFTER MAY 1 - JULY 14 $235
REGISTRATION: AFTER JULY 14 $250

Fee includes camp session, housing and use of camp facilities, three meals per day, camp t-shirt, canteen and emergency medical insurance. Transportation to camp is NOT included. Each camper (or church group) must provide their own transportation.

REGISTER AT
WWW.CAMPROCKS.US
YOU CAN REGISTER ONLY (AND PAY YOUR YOUTH LEADER) OR REGISTER, PAY A DEPOSIT OR TOTAL AMOUNT.
# Typical Day at Camp Bandina

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00am</td>
<td>PT with Bob</td>
</tr>
<tr>
<td>8:30am</td>
<td>Breakfast</td>
</tr>
<tr>
<td>9:30am</td>
<td>Morning Worship</td>
</tr>
<tr>
<td>10:30am</td>
<td>Morning Activity</td>
</tr>
<tr>
<td>11:45am</td>
<td>Bible Class</td>
</tr>
<tr>
<td>12:40pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:30pm</td>
<td>Swim Time/Rest Time</td>
</tr>
<tr>
<td>4:00pm</td>
<td>Free Time</td>
</tr>
<tr>
<td>6:15pm</td>
<td>Dinner</td>
</tr>
<tr>
<td>7:15pm</td>
<td>Special Activity</td>
</tr>
<tr>
<td>8:45pm</td>
<td>Worship</td>
</tr>
<tr>
<td>9:45pm</td>
<td>Family Time</td>
</tr>
<tr>
<td>11:15pm</td>
<td>Lights Out JH</td>
</tr>
<tr>
<td>11:45pm</td>
<td>Lights Out HS</td>
</tr>
</tbody>
</table>

## Dress Code

Please **do not** bring the following:

- **Short Shorts**
- **Low-Cut Tops**
- **Saggy Pants**
- **Mini Skirts**
- **Spaghetti Straps**
- **Two-Piece Swim Suits**

1” straps on tops, and shorts must be no shorter than the tips of your fingers when your arms are at your sides. If it’s questionable, **don’t bring it.**
CAMP RULES

1. BE AT ALL MEETINGS AND MEALS ON TIME.
2. STAY WITHIN THE CAMP BOUNDARY AND STAY IN VIEW OF A COUNSELOR.
3. DO NOT GO OFF BY YOURSELF OR YOU AND OPPOSITE GENDER BY YOURSELVES.
4. NO GUYS IN GIRLS CABINS/NO GIRLS IN GUY CABINS.
5. RESPECT LEADERS, STAFF, AND ALL CAMPERS. INCLUDES USING GOOD LANGUAGE.
6. RESPECT CAMP BANDINA PROPERTY.
7. EVERYONE PARTICIPATES.
8. NO PRANKS. AT ALL. SERIOUSLY.
9. PLEASE BE MODEST.
10. NO ELECTRONIC DEVICES (CELL PHONE, IPODS, ETC)
11. NO DRUGS, ALCOHOL, TOBACCO PRODUCTS, FIREWORKS, WEAPONS, INAPPROPRIATE READING MATERIAL.
12. STAY AWAY FROM THE RIVER DURING THE OTHER GROUP’S SWIM TIME. COVER UP WHEN GOING TO AND FROM.
13. ALWAYS ACT ACCORDING TO COMMON SENSE, AND CONSIDER THE CONSEQUENCES OF YOUR ACTIONS.
WHAT TO BRING
CHECKLIST

☐ BIBLE/PEN
☐ MEDICATION (TO BE CHECKED IN)
☐ TOILETRIES
☐ TOWLES (SWIM & BATH)
☐ SUNSCREEN
☐ FLASHLIGHT
☐ PILLOW
☐ SLEEPING BAG OR SHEETS
☐ SWIMSUIT
☐ CLOTHES FOR A WEEK
☐ REFILLABLE WATER BOTTLE (WRITE YOUR NAME ON IT)

THE BLACK LIST
(Things NOT to Bring)

- Cell phone, iPod, etc.
- *Drugs, Alcohol, Tobacco products
- *Fireworks
- *Weapons
- *Inappropriate Reading Material

* Bringing any of these items could result in being asked to leave camp early.

In previous years we have had a Friday evening theme/banquet when students could dress accordingly to the theme. This year we are not doing the theme/banquet, and will have more time for the evening special activity.
Every student must *bring a filled out Nurse Information form* with them. Students will turn them, along with any medication, in to the camp nurse during registration.

Please be advised that prior to sending students with medical needs to camp, parents must do the following:

1. Send all prescription meds in original containers. We can only administer the medication as the bottle reads, so make necessary adjustments with your pharmacy before camp. Over the counter meds must also come in original container. Do not send meds in pill boxes or baggies as we cannot legally dispense in this manner. **Medication will be collected at registration.**

2. If your child has asthma and uses a nebulizer in addition to an inhaler, please send the nebulizer, medication, and diluent to camp. Asthma is easily triggered by the activities at camp.

3. If your child has food allergies, or severe allergies and uses an epi-pen please indicate this on the **medical release form**.